

# Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL  
 Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>The Clubhouse Breakfast Academy 2:1 Breakfast Pizza, Mini Pancakes :15626 - ServingDate: 01/09/2019</b>								
Sausage Breakfast Pizza - COR1001 (1 ea.)	0	209.64	6.99	2.00	0.00	479.18	25.95	8.98
Golden Grahams Cereal & Cheese Stick - COR1426 (1 ea.)	20	190.00	7.00	3.50	0.00	370.00	25.00	8.00
Mini Pancakes - COR1011 (1 pkg.)	0	220.00	6.00	0.50	0.00	130.00	39.00	4.00
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Orange Wedges - COR1172 (4 slice or w)	50	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
<b>The Clubhouse Breakfast Academy 2:4 Sausage &amp; Cheese Biscuit or Parfait :15626 - ServingDate: 01/10/2019</b>								
Golden Grahams Cereal & Cheese Stick - COR1426 (1 ea.)	20	190.00	7.00	3.50	0.00	370.00	25.00	8.00
Strawberry & Granola Granola Yogurt Parfait - COR1649 (1 ea.)	0	333.44	3.46	0.82	0.00	206.80	73.38	6.93
Sausage & Cheese Biscuit - COR1156 (1 sandwich)	0	441.00	30.50	15.50	0.00	1075.00	27.00	14.50
Bananas - COR1174 (1 medium (7"))	50	105.02	0.39	0.13	0.00	1.18	26.95	1.29
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00

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<b>The Clubhouse Breakfast Academy 2:5 Cinnamon Rolls or Egg, Bacon, Cheese Sandwich :15626 - ServingDate: 01/11/2019</b>								
Fruity Cheerios Cereal & Cheese Stick - COR1427 (1 ea.)	20	200.00	7.50	3.50	0.00	300.00	27.00	9.00
Cinnamon Roll Dough - COR1007 (2 ea.)	0	283.40	1.00	0.50	0.00	130.17	63.35	5.00
Bacon, Egg & Cheese Sub - COR1370 (1 sandwich)	0	288.63	15.26	4.34	0.00(M)	664.77	29.51	10.95
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Diced Pears - COR1175 (1/2 c.)	50	65.55	0.00	0.00	0.00	10.92	15.29	0.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
<b>The Clubhouse Breakfast Academy 1:1 Breakfast Pizza, Crescent :15626 - ServingDate: 01/14/2019</b>								
Sausage Breakfast Pizza - COR1001 (1 ea.)	0	209.64	6.99	2.00	0.00	479.18	25.95	8.98
Chocolate Filled Crescent - COR1644 (1 ea.)	0	230.00	8.00	1.50	0.00	270.00	37.00	6.00
Fruity Cheerios Cereal & Cheese Stick - COR1427 (1 ea.)	20	200.00	7.50	3.50	0.00	300.00	27.00	9.00
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Orange Wedges - COR1172 (4 slice or w)	50	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00

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Site: ALL  
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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>The Clubhouse Breakfast Academy 1:2 Yogurt Parfait or Chicken Biscuit :15626 - ServingDate: 01/15/2019</b>								
Chicken Biscuit - COR1663 (1 ea.)	0	354.75	15.93	5.99	0.00	868.08	38.52	14.52
Cinnamon Toast Crunch Cereal & Cheese Stick - COR1425 (1 ea.)	20	190.00	9.00	4.00	0.00	310.00	23.00	8.00
Strawberry & Granola Granola Yogurt Parfait - COR1649 (1 ea.)	0	333.44	3.46	0.82	0.00	206.80	73.38	6.93
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Strawberry Craisins - COR1009 (1 pkg.)	50	110.00	0.00	0.00	0.00	0.00	28.00	0.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
<b>The Clubhouse Breakfast Academy 1:3 French Toast, Egg &amp; Cheese Sandwich :15626 - ServingDate: 01/16/2019</b>								
Egg & Cheese Sub - COR1159 (1 sandwich)	0	287.38	15.15	4.29	0.00(M)	659.49	29.51	10.88
Golden Grahams Cereal & Cheese Stick - COR1426 (1 ea.)	20	190.00	7.00	3.50	0.00	370.00	25.00	8.00
French Toast Sticks - SR1910 (3 stick.)	0	190.92	7.34	1.47	0.00	220.29	27.90	4.41
Applesauce - COR1173 (1/2 c.)	50	55.51	0.13	0.01	0.00	2.64	14.89	0.23
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Pancake & Waffle Syrup - SR1158 (2 tbsp.)	0	117.75	0.00	0.00	0.00	39.25	29.16	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>The Clubhouse Breakfast Academy 1:4 Crescent, Sausage Pancake Wrap :15626 - ServingDate: 01/17/2019</b>								
Breakfast on a Stick - COR1167 (1 serving)	0	160.00	6.00	1.50	0.00	310.00	17.00	8.00
Chocolate Filled Crescent - COR1644 (1 ea.)	0	230.00	8.00	1.50	0.00	270.00	37.00	6.00
Fruity Cheerios Cereal & Cheese Stick - COR1427 (1 ea.)	20	200.00	7.50	3.50	0.00	300.00	27.00	9.00
Bananas - COR1174 (1 medium (7"))	50	105.02	0.39	0.13	0.00	1.18	26.95	1.29
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
<b>The Clubhouse Breakfast Academy 1:5 Cinnamon Rolls or Egg, Bacon, Cheese Sandwich :15626 - ServingDate: 01/18/2019</b>								
Cinnamon Toast Crunch Cereal & Cheese Stick - COR1425 (1 ea.)	20	190.00	9.00	4.00	0.00	310.00	23.00	8.00
Cinnamon Roll Dough - COR1007 (2 ea.)	40	283.40	1.00	0.50	0.00	130.17	63.35	5.00
Bacon, Egg & Cheese Sub - COR1370 (1 sandwich)	40	288.63	15.26	4.34	0.00(M)	664.77	29.51	10.95
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Diced Pears - COR1175 (1/2 c.)	50	65.55	0.00	0.00	0.00	10.92	15.29	0.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>The Clubhouse Breakfast Academy 2:1 Breakfast Pizza, Mini Pancakes :15626 - ServingDate: 01/22/2019</b>								
Sausage Breakfast Pizza - COR1001 (1 ea.)	0	209.64	6.99	2.00	0.00	479.18	25.95	8.98
Golden Grahams Cereal & Cheese Stick - COR1426 (1 ea.)	20	190.00	7.00	3.50	0.00	370.00	25.00	8.00
Mini Pancakes - COR1011 (1 pkg.)	0	220.00	6.00	0.50	0.00	130.00	39.00	4.00
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Orange Wedges - COR1172 (4 slice or w)	50	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
<b>The Clubhouse Breakfast Academy 2:3 French Toast Sticks, Sausage Pancake Wrap :15626 - ServingDate: 01/23/2019</b>								
Breakfast on a Stick - COR1167 (1 serving)	0	160.00	6.00	1.50	0.00	310.00	17.00	8.00
Cinnamon Toast Crunch Cereal & Cheese Stick - COR1425 (1 ea.)	20	190.00	9.00	4.00	0.00	310.00	23.00	8.00
French Toast Sticks & Syrup - COR1163 (4 ea.)	40	377.75	10.00	2.00	0.00	339.25	67.16	6.00
Applesauce - COR1173 (1/2 c.)	50	55.51	0.13	0.01	0.00	2.64	14.89	0.23
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>The Clubhouse Breakfast Academy 2:4 Sausage &amp; Cheese Biscuit or Parfait :15626 - ServingDate: 01/24/2019</b>								
Golden Grahams Cereal & Cheese Stick - COR1426 (1 ea.)	20	190.00	7.00	3.50	0.00	370.00	25.00	8.00
Strawberry & Granola Granola Yogurt Parfait - COR1649 (1 ea.)	0	333.44	3.46	0.82	0.00	206.80	73.38	6.93
Sausage & Cheese Biscuit - COR1156 (1 sandwich)	0	441.00	30.50	15.50	0.00	1075.00	27.00	14.50
Bananas - COR1174 (1 medium (7"))	50	105.02	0.39	0.13	0.00	1.18	26.95	1.29
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
<b>The Clubhouse Breakfast Academy 2:5 Cinnamon Rolls or Egg, Bacon, Cheese Sandwich :15626 - ServingDate: 01/25/2019</b>								
Fruity Cheerios Cereal & Cheese Stick - COR1427 (1 ea.)	20	200.00	7.50	3.50	0.00	300.00	27.00	9.00
Cinnamon Roll Dough - COR1007 (2 ea.)	0	283.40	1.00	0.50	0.00	130.17	63.35	5.00
Bacon, Egg & Cheese Sub - COR1370 (1 sandwich)	0	288.63	15.26	4.34	0.00(M)	664.77	29.51	10.95
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Diced Pears - COR1175 (1/2 c.)	50	65.55	0.00	0.00	0.00	10.92	15.29	0.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>The Clubhouse Breakfast Academy 1:1 Breakfast Pizza, Crescent :15626 - ServingDate: 01/28/2019</b>								
Sausage Breakfast Pizza - COR1001 (1 ea.)	0	209.64	6.99	2.00	0.00	479.18	25.95	8.98
Chocolate Filled Crescent - COR1644 (1 ea.)	0	230.00	8.00	1.50	0.00	270.00	37.00	6.00
Fruity Cheerios Cereal & Cheese Stick - COR1427 (1 ea.)	20	200.00	7.50	3.50	0.00	300.00	27.00	9.00
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Orange Wedges - COR1172 (4 slice or w)	50	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
<b>The Clubhouse Breakfast Academy 1:2 Yogurt Parfait or Chicken Biscuit :15626 - ServingDate: 01/29/2019</b>								
Chicken Biscuit - COR1663 (1 ea.)	0	354.75	15.93	5.99	0.00	868.08	38.52	14.52
Cinnamon Toast Crunch Cereal & Cheese Stick - COR1425 (1 ea.)	20	190.00	9.00	4.00	0.00	310.00	23.00	8.00
Strawberry & Granola Granola Yogurt Parfait - COR1649 (1 ea.)	0	333.44	3.46	0.82	0.00	206.80	73.38	6.93
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Strawberry Craisins - COR1009 (1 pkg.)	50	110.00	0.00	0.00	0.00	0.00	28.00	0.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00

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 Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>The Clubhouse Breakfast Academy 1:3 French Toast, Egg &amp; Cheese Sandwich :15626 - ServingDate: 01/30/2019</b>								
Egg & Cheese Sub - COR1159 (1 sandwich)	0	287.38	15.15	4.29	0.00(M)	659.49	29.51	10.88
Golden Grahams Cereal & Cheese Stick - COR1426 (1 ea.)	20	190.00	7.00	3.50	0.00	370.00	25.00	8.00
French Toast Sticks - SR1910 (3 stick.)	0	190.92	7.34	1.47	0.00	220.29	27.90	4.41
Applesauce - COR1173 (1/2 c.)	50	55.51	0.13	0.01	0.00	2.64	14.89	0.23
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Pancake & Waffle Syrup - SR1158 (2 tbsp.)	0	117.75	0.00	0.00	0.00	39.25	29.16	0.00
<b>The Clubhouse Breakfast Academy 1:4 Crescent, Sausage Pancake Wrap :15626 - ServingDate: 01/31/2019</b>								
Breakfast on a Stick - COR1167 (1 serving)	0	160.00	6.00	1.50	0.00	310.00	17.00	8.00
Chocolate Filled Crescent - COR1644 (1 ea.)	0	230.00	8.00	1.50	0.00	270.00	37.00	6.00
Fruity Cheerios Cereal & Cheese Stick - COR1427 (1 ea.)	20	200.00	7.50	3.50	0.00	300.00	27.00	9.00
Bananas - COR1174 (1 medium (7"))	50	105.02	0.39	0.13	0.00	1.18	26.95	1.29
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00

**Legend**



# Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL  
Date: 01/01/2019 - 01/31/2019

(M) - Missing Nutrient Values

**Report Selections**

Meal Type: Breakfast  
Site Group: The Clubhouse  
Menu Line: BRKFST-Café Classics  
Serving Group: K-5  
Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.