

| | Calorie Count | Price |
|---------------------------------|----------------------|--------------|
| Paninis | | |
| Buffalo Chicken | 600 | 7.99 |
| Tuscan Chicken | 540 | 5.99 |
| Tangy Turkey & Mozzarella | 520 | 6.99 |
| Chicken Delicato | 490 | 7.49 |
| Grilled Flatbread Pizzas | | |
| Buffalo Chicken | 420 | 6.99 |
| Margherita | 360 | 6.49 |
| Cheese | 370 | 4.99 |
| Brazilian Chicken | 560 | 6.99 |
| Quesadillas | | |
| Chicken Fajita | 510 | 7.49 |
| Burritos | | |
| Steak | 740 | 7.99 |
| Chicken | 660 | 6.99 |
| Wraps | | |
| Buffalo Chicken | 400 | 6.99 |
| Avacado Turkey | 470 | 6.79 |
| Tuna | 400 | 5.99 |
| Greek Salad | 370 | 4.49 |
| Nut & Honey | 800 | 4.79 |
| Extras | | |
| Sour Cream | 90 | 0.89 |
| Cheese Slice | 50-80 | 0.59 |
| Extra Chicken | 60 | 1.99 |
| Guac Side | 63 | 2.09 |