



VAIL SCHOOL DISTRICT
 ESMOND STATION
 MIDDLE SCHOOL LUNCH MENU
 FEBRUARY 18 - 22, 2019



sodexo
 QUALITY OF LIFE SERVICES

REVOLVE	HONOR ROLL	FIESTA	UPPER CRUST	FAST TAKES
Monday	Strawberry Monday	Milk Monday	Day! Monday	Monday
Grilled Cheese & Tomato Soup	Spicy Chicken Patty		Pepperoni Pizza OR Cheese Pizza	Sun Butter & Jelly Sandwich w/String Cheese OR Chef Salad w/Dinner Roll
Veggie / Fruit / Milk Whipped Potatoes/Gravy Fruit 1% or Fat Free Milk	Veggie / Fruit / Milk Whipped Potatoes/Gravy Fruit 1% or Fat Free Milk		Veggie / Fruit / Milk Whipped Potatoes/Gravy Fruit 1% or Fat Free Milk	Veggie / Fruit / Milk Whipped Potatoes/Gravy Fruit 1% or Fat Free Milk
Tuesday	Tuesday	Tuesday	Tuesday	Tuesday
Spaghetti & Meatballs	Chicken Nuggets w/Dinner Roll	<p>Our menu is Trans Fat Free!</p>	Sausage Pizza OR Cheese Pizza	Crispy Chicken Ranch Wrap OR Buffalo Chicken Salad w/Dinner Roll
Veggie / Fruit / Milk Baked Squash Fruit 1% or Fat Free Milk	Veggie / Fruit / Milk Baked Squash Fruit 1% or Fat Free Milk		Veggie / Fruit / Milk Baked Squash Fruit 1% or Fat Free Milk	Veggie / Fruit / Milk Baked Squash Fruit 1% or Fat Free Milk
Wednesday	Wednesday	Wednesday	Wednesday	Wednesday
Cheese Enchiladas	Chicken Patty Sandwich	Beefy Nachos		Turkey & Cheese Sub OR Chicken Caesar Salad w/Dinner Roll
Veggie / Fruit / Milk Refried Beans Fruit 1% or Fat Free Milk	Veggie / Fruit / Milk Refried Beans Fruit 1% or Fat Free Milk	Veggie / Fruit / Milk Refried Beans Fruit 1% or Fat Free Milk		Veggie / Fruit / Milk Refried Beans Fruit 1% or Fat Free Milk
<p>School Closed For Rodeo Break February 21-22</p>				<p>Fresh Pick for February is Leafy Greens</p>

Students MUST select 3 out of the 5 meal components.
 One of the 3 components selected MUST be a fruit or vegetable.



All lunch meals also include our self-service fresh veggie bar and condiment table.

All grains offered are Whole Grain Rich. Items included are: pasta, breads, buns, tortillas, dinner rolls and all breading used on food items.

Menu subject to change without notice.

Nutritional information is available at the Food Service office.

“This institution is an equal opportunity provider.”