

THIS WEEK'S WORLD OF FLAVOR CELEBRATES THE CULTURE AND CUISINE OF ITALY.



EXTRAS

A hearty garden bar, fresh fruits and a variety of vegetables and sides are offered daily. We hope to inspire and encourage all students to make healthy choices regularly.

FAST TAKES

**IN A HURRY,
NO WORRY!**

OFFERED DAILY

Chef Salad, Chicken Caesar Wrap, Turkey and Cheese, Ham and Cheese, Italian or Hummus



Fresh Baked Bread Offered Daily with Salad



CHECK THIS OUT!

Pesto chicken salad or sub on an Italian herb roll with diced tomatoes, black olives, mozzarella cheese and pesto chicken.

DELI

EVERYDAY SELECTIONS

Custom Subs with a Variety of Cheeses, Fresh Baked Breads and Premium Sauces

OTHER DAILY OPTIONS

Hummus



TRY THIS ONE!

Pesto chicken salad or sub on an Italian herb roll with diced tomatoes, black olives, mozzarella cheese and pesto chicken.

Toppings

Shredded Lettuce
Sliced Tomatoes
Sliced Red Onion
Jalapeños
Pickles



GRILL

EVERYDAY SELECTIONS

Classic Hamburger
Crispy Chicken Sandwich

Monday Corn Dog

Tuesday Rib-B-Que

Wednesday Toasted Cheese Sandwich

Thursday Hot Dog

Friday Chicken Tender Sandwich

Toppings

Sliced Cheddar Cheese
Sliced Pepper Jack Cheese
Shredded Lettuce
Sliced Tomatoes
Sliced Red Onion
Jalapeños
Pickles

Offered with Veggie Sticks or French Fries

PIZZA

EVERYDAY SELECTIONS

Cheese Pizza

M/W/F: Pepperoni, Tu: Sausage, Th: Hawaiian

Offered with Toasted Garlic Caesar Salad

DAILY PASTA OPTIONS

Alfredo Mac and Cheese



Fresh Baked Bread Offered Daily with Pasta



SHAKE IT UP!

Pesto chicken pizza layered with mozzarella cheese, pesto chicken, sliced tomatoes, diced black olives and a garlic Parmesan sauce.

TASTE

by **sodexo**

KICK IT UP A NOTCH

By adding one of our World of Flavor specialty sauces.

Pesto Ranch Sauce

Basil Pesto sauce and ranch dressing, blended until smooth.

Spicy Italian Sauce

A blend of Italian salad dressing and grated Parmesan cheese with spicy crushed red pepper and Greek Yogurt.

Creamy Sriracha

Mayonnaise infused with spicy sriracha chili sauce.

Garlic Parmesan

Mayonnaise blended with grated Parmesan cheese, mustard, garlic and creamy Greek yogurt.

This week in

ADVENTURE **Sprinters**

PICK ONE!

Crispy Chicken Tenders
or
Herb Roasted Chicken

ADD ONE!

Freshly Baked Biscuit
or
Toasted Waffle

CHOOSE ONE!

Mashed Potatoes and Gravy
Tater Tot Hash
or
Roasted Green Beans

WEEK OF MARCH 2 TO MARCH 6

EAST HAVEN HIGH SCHOOL

Additional nutrition information available upon request.
This institution is an equal opportunity provider.