

THIS WEEK'S WORLD OF FLAVOR CELEBRATES THE CULTURE AND CUISINE OF MEXICO.



EXTRAS

A hearty garden bar, fresh fruits and a variety of vegetables and sides are offered daily. We hope to inspire and encourage all students to make healthy choices regularly.

FAST TAKES

IN A HURRY,
NO WORRY!

OFFERED DAILY

Chef Salad, Chicken Caesar Wrap, Turkey and Cheese, Ham and Cheese, Italian or Hummus



Fresh Baked Bread Offered Daily with Salad



CHECK THIS OUT!

Chicken fajita salad or sub on a fresh jalapeño cheddar roll with fajita-style chicken, slow roasted peppers and onions and cheddar cheese.

DELI

EVERYDAY SELECTIONS

Custom Subs with a Variety of Cheeses, Fresh Baked Breads and Premium Sauces

OTHER DAILY OPTIONS

Hummus



TRY THIS ONE!

Chicken fajita salad or sub on a fresh jalapeño cheddar roll with fajita-style chicken, slow roasted peppers and onions and cheddar cheese.

Toppings

Shredded Lettuce
Sliced Tomatoes
Sliced Red Onion
Jalapeños
Pickles



GRILL

EVERYDAY SELECTIONS

Classic Hamburger
Crispy Chicken Sandwich

Monday Corn Dog

Tuesday Rib-B-Que

Wednesday Toasted Cheese Sandwich

Thursday Hot Dog

Friday Chicken Tender Sandwich

Toppings

Sliced Cheddar Cheese
Sliced Pepper Jack Cheese
Shredded Lettuce
Sliced Tomatoes
Sliced Red Onion
Jalapeños
Pickles

Offered with Veggie Sticks or French Fries

PIZZA

EVERYDAY SELECTIONS

Cheese Pizza

M/W/F: Pepperoni, Tu: Sausage, Th: Hawaiian

Offered with Toasted Garlic Caesar Salad

DAILY PASTA OPTIONS

Alfredo Mac and Cheese



Fresh Baked Bread Offered Daily with Pasta



SHAKE IT UP!

Chicken fajita pizza topped with roasted peppers and onions, shredded mozzarella cheese, fajita-style chicken and fresh cilantro.

TASTE

by **sodexo**

KICK IT UP A NOTCH

By adding one of our World of Flavor specialty sauces.

Cilantro Lime Creama

A blend of mayonnaise and creamy Greek yogurt infused with lime juice and freshly chopped cilantro.

Pico Sauce

Fresh house made salsa combined with diced tomatoes, lime juice, freshly chopped cilantro and Mexican seasonings.

Creamy Sriracha

Mayonnaise infused with spicy sriracha chili sauce.

Garlic Parmesan

Mayonnaise blended with grated Parmesan cheese, mustard, garlic and creamy Greek yogurt.

This week in

ADVENTURE



EVERYDAY

Chicken Tenders

Monday Homestyle Mac & Cheese served with an Herbed Breadstick and your choice of Citrus Glazed Carrots or Roasted Zucchini

Tuesday Shepherds Pie served with a Dinner Roll and your choice of Roasted Broccoli and Cauliflower or a Side Caesar Salad

Wednesday Sliced Turkey and Gravy served with a Dinner Roll and your choice of Mashed Potatoes or Green Beans

Thursday Spaghetti and Meatballs served with an Herbed Breadstick and your choice of Roasted Broccoli and Cauliflower or a Side Caesar Salad

Friday Frito Chili Pie served with Black Beans or Aztec Corn

WEEK OF MARCH 16 TO MARCH 20

EAST HAVEN HIGH SCHOOL

Additional nutrition information available upon request.
This institution is an equal opportunity provider.