

Baker Prairie Middle School

December 2018 Lunch Menu



Tortilla Chips with choice of Taco Beef (26.7g) M, W, F or Fajita Chicken (37.8g) T, TH with Refried Beans and Cheddar Cheese Sauce All meals include a trip through the Thrive Garden Bar



EVERYDAY CHOICES

Wrapped Hamburger (35g),
Cheeseburger (37.1g), Traditional
(38g) & Spicy Chicken Burger (40g)
All sandwiches served on whole grain
buns, with oven potatoes and a trip
through the Thrive Garden Bar



Monday

Hot Baja Chicken (31g) Turkey (31.6g) Ham (31g) American Combo (32g)

Tuesday

Hot Meatball (36.1g) Turkey (31.6g) Ham (31g) American Combo (32g)

Wednesday

Buffalo Chicken (44g) Turkey (31.6g) Ham (31g) American Combo (32g)

Thursday

Hot Meatball (36.1g) Turkey (31.6g) Ham (31g) American Combo (32g)

Friday

Tuna Salad (32.2g) Turkey (31.6g) Ham (31g) American Combo (32g)



Pizzas fresh baked on hand tossed pizza dough All pizzas include a trip through the Thrive Garden Bar Monday, Wednesday and Friday Cheese (22g), Pepperoni (24.8g)

or Hawaiian Pizza (30.6g)

Tuesday & Thursday

Cheese (22g), Pepperoni (24.8g) or 3 Meat Pizza (29.2g)

3 Italian Cheese Ravioli w/WW Roll (28.5g)	4 Chili Dog w/French Fries (65g)	5 Baked Potato w/Toppings & WW Roll (26.9g)	6 Corn Dog w/French Fries (37.5g)	7 Queso Macaroni & Cheese (28.2g)
10 Bean & Cheese Enchiladas (44.7g)	11 Pepperoni Calzone (36.4g)	12 Turkey Gravy & Mashed Potatoes w/WW Roll (22.9g)	13 Chicken Nuggets w/French Fries & WW Roll (53.8g)	14 Spaghetti w/Meat Sauce (55.1g)
17 Cheesy Breadsticks w/Marinara (36g)	18 Twisted Dog w/French Fries (48.2g)	19 No School Winter Break	20 No School Winter Break	21 No School Winter Break
24 No School Winter Break	25 No School Winter Break	26 No School Winter Break	No School Winter Break	28 No School Winter Break
31 No School Winter Break		TRADITIONS		Lunch Price: \$2.90 Reduced Price: \$0.00 Adult: \$3.80



SIDES OFFERED DAILY WITH LUNCH CHOICES:

Fresh Garden Salad Greens plus additional fruits & vegetables in an inviting variety, and Low Fat or Fat Free Milk.