Looking for Vegan or Plant-Based options?

Here’s what we offer!

*All Items Are Available Daily*

**Breakfast at the D.U.C.:**
- Fruit & Yogurt Bar, Grab & Go Parfaits, and a selection of other Vegetarian & Vegan Grab & Go options
- French Toast, Pancakes, Bagels, Oatmeal, Toast, and Pastries
- Eggs to order for Vegetarians
- Tofu Scramble with your choice of vegetables for Vegans
- All of the Breakfast Potatoes are Vegan
- Variety of Cold Cereals
- Soy Milk Chugs - *Chocolate & Vanilla*

**Lunch at the D.U.C.:**
- There is often 1 Vegetarian / Vegan option at Le Bistro
- Made to order salads can be made Vegetarian or Vegan
- There are always Vegetarian & Vegan options at the Deli:
  - Guacamole, Roasted Red Peppers, Cucumber Slices, Hummus, Beans, Tofu & bring any options from the Salad Bar. Often times L.T.O’s have Vegetarian & Vegan components.
- There are always Vegan Beyond Burgers & PlantFare Veggie Crumbles available at the Grille
- There is Soy Cheese available upon request at the Grille & the Deli
  - Shredded or Sliced
- There are Vegan Crumbles available at the Grille that can be prepared in a variety of ways:
  - Vegetarian Cheese Steak, Vegetarian Quesadilla, or Hot Vegetarian Wrap
- Some of the sides at the Grille are also Vegetarian & Vegan
- The Pizza Station always has a Vegetarian Pizza on the line, sometimes Vegan, along with Homemade Vegan Marinara, Vegetarian Alfredo, Vegan Pasta, Vegetarian Garlic Knots, and special sauces at night which are often Vegetarian
- The Salad Bar always has Beans and Tofu available along with Homemade Hummus and Pita Chips and Homemade Salsa and Corn Tortilla Chips made in house.
  - Also, look for Vegetarian & Vegan Grain Salads at the Salad Bar.
- One of our Homemade Soups are always Vegetarian or Vegan
- There is always Vegetarian & Vegan selections in Grab & Go all around campus
  - Fresh Sushi from a local company & Almond Based Yogurt
- Vegetarian & Vegan Desserts are available daily

*dining@desales.edu*  
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*All Items Are Available Daily*

**Dinner at the D.U.C.:**

- There is often 1 Vegetarian or Vegan option at Le Bistro
- The made to order Sauté Station can be made Vegetarian or Vegan
- There are always Vegetarian & Vegan options at the Deli:
  - Guacamole, Roasted Red Peppers, Cucumber Slices, Hummus, Beans, Tofu & bring any options from the Salad Bar. Often times L.T.O’s have Vegetarian & Vegan components.
- There are always Vegan Beyond Burgers & PlantFare Veggie Crumbles available at the Grille
- There is Soy Cheese available upon request at the Grille and Deli
  - Shredded or Sliced
- There are Vegan Crumbles available at the Grille that can be prepared in a variety of ways:
  - Vegetarian Cheese Steak, Vegetarian Quesadilla, or Hot Vegetarian Wrap
- Some of the sides at the Grille are also Vegetarian & Vegan
- The Pizza Station always has a Vegetarian Pizza, sometimes Vegan, along with Homemade Vegan Marinara, Vegetarian Alfredo, Vegan Pasta, Vegetarian Garlic Knots, and special sauces at night which are often Vegetarian
- The Salad Bar always has Beans and Tofu available along with Homemade Hummus and Pita Chips and Homemade Salsa and Corn Tortilla Chips made in house.
  - Also, look for our rotating Vegetarian & Vegan Grain Salads at the Salad Bar.
- One of our Homemade Soups are always Vegetarian or Vegan
- There is always Vegetarian & Vegan selections in Grab & Go all around campus
  - Fresh Sushi from a local company & Almond Based Yogurt
- Vegetarian & Vegan Desserts

**Pulse Cafe:**

- There are Vegetarian Hot and Cold Sandwiches, Soup, and Vegetarian Salads

**Sandella’s Flatbread Cafe:**

- There are Vegetarian Hot and Cold Sandwiches, Soup, and Vegetarian Salads