



**Oregon City School
District
Middle School
November 2018**



EVERYDAY CHOICES
Made to Order Sandwiches
w/ Choice of Deli Meats, Cheese
and Fresh Toppings

All sandwiches include a trip through the Thrive Garden Bar. Vegetarian options offered daily.

Student Meal Prices: Breakfast-\$1.70 Breakfast Reduced-\$0.00 Lunch-\$3.05 Lunch Reduced-\$0.00 Adult Meal Prices Adult Breakfast- \$2.10 Adult Lunch- \$4.00			Baked Chicken & Cheesy Mashed Potatoes w/ WW Roll ¹	Creamy Macaroni & Cheese w/ Steamed Broccoli ²
Bean & Cheese Enchilada ⁵	Chicken & Waffles w/ Fruit Compote ⁶	Turkey & Gravy over Mashed Potatoes w/ WW Roll ⁷	Hot BBQ Meatball Sub Sandwich w/ Potato Wedges ⁸	No School ⁹
No School ¹²	Chili Frito Pie w/ Side Garden Salad ¹³	Tater Tot Casserole w/ Side Caesar Salad ¹⁴	Homestyle Chicken Potato Bowl w/ WW Roll ¹⁵	Chicken Parmesan Pasta w/ Fresh Steamed Broccoli ¹⁶
No School ¹⁹	No School ²⁰	No School ²¹	No School ²²	No School ²³
Chicken Pad Thai w/ Spicy Pineapple Slaw ²⁶	Pulled Pork Tacos w/ Cilantro Lime Rice ²⁷	Totally Twisted Dog w/ Side Caesar Salad ²⁸	Classic Grilled Cheese Sandwich w/ Tomato Soup ²⁹	No School ³⁰



SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus a variety of Fruits & Vegetables.
Low Fat or Fat Free Milk included with all meals



CHOP STICKS

Choice of:
Teriyaki Chicken -or- Zesty Orange
Chicken
Served with Stir-Fry Vegetables and Steamed
Brown Rice or Whole Wheat Noodles

All meals include a trip through the Thrive Garden Bar



EVERYDAY CHOICES

Cheese or Pepperoni Pizza

Weekly Specials:

Mon. - Sausage Tues. - Hawaiian
Wed. - Supreme Thur. - Buffalo Chicken
Fri. - Personal Garlic Chicken Calzone

All meals include a trip through the Thrive Garden Bar.



EVERYDAY CHOICES

Broiled Hamburger -or- Cheeseburger
Traditional -or- Spicy Chicken Burger
(All Burgers served on Whole Wheat Buns)

*All Burgers are served with Fresh Baked Fries, Deli Roasted
Potatoes or Tater Tots and a trip through the Thrive Garden Bar.*



MADE TO ORDER

Nacho -or- Soft Taco

Choice of:

Ground Beef, Pork or Chicken & Refried
Beans

(Choose from a variety of fresh toppings)

All meals include a trip through the Thrive Garden Bar.

This institution is an equal opportunity provider.

-Menu subject to change-