



**Oregon City School
District
Middle School
January 2019**



EVERYDAY CHOICES
Made to Order Sandwiches
w/ Choice of Deli Meats, Cheese
and Fresh Toppings

All sandwiches include a trip through the Thrive Garden Bar. Vegetarian options offered daily.

Student Meal Prices: Breakfast-\$1.70 Breakfast Reduced-\$0.00 Lunch-\$3.05 Lunch Reduced-\$0.00 Adult Meal Prices Adult Breakfast- \$2.10 Adult Lunch- \$4.00	Winter Break ¹ Happy New Year	Winter Break ²	Winter Break ³	Winter Break ⁴
Winter Break ⁷	Homestyle Chicken Pot Pie ⁸	Chili & Cheese Baked Potato w/ WW Roll ⁹	Baked Chicken & Cheesy Mashed Potatoes w/ WW Roll ¹⁰	Creamy Macaroni & Cheese w/ Steamed Broccoli ¹¹
Bean & Cheese Enchilada w/ Roasted Corn ¹⁴	Chicken & Waffles w/ Fruit Compote ¹⁵	Turkey & Gravy over Mashed Potatoes w/ WW Roll ¹⁶	Hot BBQ Meatball Sub Sandwich w/ Potato Wedges ¹⁷	Zesty Meatsauce over WG Pasta w/ Side Caesar Salad ¹⁸
No School Martin Luther King Day ²¹	Chili Frito Pie w/ Side Garden Salad ²²	Tater Tot Casserole w/ Side Caesar Salad ²³	Homestyle Chicken Potato Bowl w/ WW Roll ²⁴	Chicken Parmesan Pasta w/ Fresh Steamed Broccoli ²⁵
Chicken Pho & Pineapple Cucumber Salad w/ Breadstick ²⁸	Cheesy Breadsticks w/ Marinara & Side Spinach Salad ²⁹	Hamburger Patty, Mashed Potatoes & Gravy w/ WW Roll ³⁰	Fish Po Boy Sandwich w/ Sriracha Slaw ³¹	



SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus a variety of Fruits & Vegetables.
Low Fat or Fat Free Milk included with all meals



CHOP STICKS

Choice of:
Teriyaki Chicken -or- Zesty Orange Chicken
Served with Stir-Fry Vegetables and Steamed Brown Rice or Whole Wheat Noodles

All meals include a trip through the Thrive Garden Bar



EVERYDAY CHOICES

Cheese or Pepperoni Pizza

Weekly Specials:

Mon. - Sausage Tues. - Hawaiian
Wed. - Supreme Thur. - Buffalo Chicken
Fri. - Personal Garlic Chicken Calzone

All meals include a trip through the Thrive Garden Bar.



EVERYDAY CHOICES

Broiled Hamburger -or- Cheeseburger
Traditional -or- Spicy Chicken Burger
(All Burgers served on Whole Wheat Buns)

All Burgers are served with Fresh Baked Fries, Deli Roasted Potatoes or Tater Tots and a trip through the Thrive Garden Bar.



MADE TO ORDER

Nacho -or- Soft Taco

Choice of:

Ground Beef, Pork or Chicken & Refried Beans

(Choose from a variety of fresh toppings)

All meals include a trip through the Thrive Garden Bar.

This institution is an equal opportunity provider.

-Menu subject to change-