



**Oregon City School  
District  
Middle School  
February 2019**



**EVERYDAY CHOICES**  
Made to Order Sandwiches  
w/ Choice of Deli Meats, Cheese  
and Fresh Toppings

*All sandwiches include a trip through the Thrive Garden Bar. Vegetarian options offered daily.*

<p><b>Student Meal Prices:</b> Breakfast-\$1.70 Breakfast Reduced-\$0.00 Lunch-\$3.05 Lunch Reduced-\$0.00 <b>Adult Meal Prices</b> Adult Breakfast- \$2.10 Adult Lunch- \$4.00</p>				1 <b>No School</b>
4 Chicken Pad Thai w/ Spicy Pineapple Slaw	5 Pulled Pork Tacos w/ Cilantro Lime Rice	6 Totally Twisted Dog w/ Side Caesar Salad	7 Classic Grilled Cheese Sandwich w/ Tomato Soup	8 Beef Lasagna w/ Side Caesar Salad
11 Mini Cheese Raviolis & Breadstick w/ Side Caesar Salad	12 Homestyle Chicken Pot Pie	13 Bean & Cheese Enchilada w/ Verde Sauce	14 Baked Chicken & Cheesy Mashed Potatoes w/ WW Roll	15 <b>No School</b>
18 <b>No School</b> <b>President's Day</b>	19 Chicken & Waffles w/ Fruit Compote	20 Turkey & Gravy over Mashed Potatoes w/ WW Roll	21 Hot BBQ Meatball Sub Sandwich w/ Potato Wedges	22 Zesty Meatsauce over WG Pasta w/ Side Caesar Salad
25 Hand Rolled Burrito w/ Cilantro Lime Rice & Mexican Black Beans	26 Chili Frito Pie w/ Side Garden Salad	27 Tater Tot Casserole w/ Side Caesar Salad	28 Baked Chicken & Cheesy Mashed Potatoes w/ WW Roll	



**SIDES OFFERED DAILY WITH LUNCH CHOICES**  
Fresh Garden Salad Greens plus a variety of Fruits & Vegetables.  
Low Fat or Fat Free Milk included with all meals



**CHOP STICKS**

**Choice of:**  
Teriyaki Chicken -or- Zesty Orange  
Chicken  
Served with Stir-Fry Vegetables and Steamed  
Brown Rice or Whole Wheat Noodles

*All meals include a trip through the Thrive Garden Bar*



**EVERYDAY CHOICES**

Cheese or Pepperoni Pizza  
**Weekly Specials:**  
Mon. - Sausage    Tues. - Hawaiian  
Wed. - Supreme    Thur. - Buffalo Chicken  
Fri. - Personal Garlic Chicken Calzone

*All meals include a trip through the Thrive Garden Bar.*



**EVERYDAY CHOICES**

Broiled Hamburger -or- Cheeseburger  
Traditional -or- Spicy Chicken Burger  
(All Burgers served on Whole Wheat Buns)

*All Burgers are served with Fresh Baked Fries, Deli Roasted  
Potatoes or Tater Tots and a trip through the Thrive Garden Bar.*



**MADE TO ORDER**

Nacho -or- Soft Taco  
**Choice of:**  
Ground Beef, Pork or Chicken & Refried  
Beans  
(Choose from a variety of fresh toppings)

*All meals include a trip through the Thrive Garden Bar.*

***This institution is an equal opportunity provider.***

***-Menu subject to change-***