



**Oregon City School
District
Middle School
December 2018**



EVERYDAY CHOICES
Made to Order Sandwiches
w/ Choice of Deli Meats, Cheese
and Fresh Toppings

All sandwiches include a trip through the Thrive Garden Bar. Vegetarian options offered daily.

Mini Cheese Raviolis & Breadstick w/ Side Caesar Salad ³	Homestyle Chicken Pot Pie ⁴	Chili & Cheese Baked Potato w/ WW Roll ⁵	Baked Chicken & Cheesy Mashed Potatoes w/ WW Roll ⁶	Creamy Macaroni & Cheese w/ Steamed Broccoli ⁷
Bean & Cheese Enchilada w/ Roasted Corn ¹⁰	Chicken & Waffles w/ Fruit Compote ¹¹	Turkey & Gravy over Mashed Potatoes w/ WW Roll ¹²	Hot BBQ Meatball Sub Sandwich w/ Potato Wedges ¹³	Zesty Meatsauce over WG Pasta w/ Side Caesar Salad ¹⁴
Hand Rolled Burrito w/ Cilantro Lime Rice & Mexican Black Beans ¹⁷	Chili Frito Pie w/ Side Garden Salad ¹⁸	Tater Tot Casserole w/ Side Caesar Salad ¹⁹	Winter Break ²⁰	Winter Break ²¹
Winter Break ²⁴	Winter Break ²⁵	Winter Break ²⁶	Winter Break ²⁷	Winter Break ²⁸
Winter Break ³¹				Student Meal Prices: Breakfast-\$1.70 Breakfast Reduced-\$0.00 Lunch-\$3.05 Lunch Reduced-\$0.00 Adult Meal Prices Adult Breakfast- \$2.10 Adult Lunch- \$4.00



SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus a variety of Fruits & Vegetables.
Low Fat or Fat Free Milk included with all meals



CHOP STICKS

Choice of:
Teriyaki Chicken -or- Zesty Orange Chicken
Served with Stir-Fry Vegetables and Steamed Brown Rice or Whole Wheat Noodles

All meals include a trip through the Thrive Garden Bar



EVERYDAY CHOICES

Cheese or Pepperoni Pizza

Weekly Specials:

Mon. - Sausage Tues.- Hawaiian
Wed.- Supreme Thur.- Buffalo Chicken
Fri.- Personal Garlic Chicken Calzone

All meals include a trip through the Thrive Garden Bar.



EVERYDAY CHOICES

Broiled Hamburger -or- Cheeseburger
Traditional -or- Spicy Chicken Burger
(All Burgers served on Whole Wheat Buns)

All Burgers are served with Fresh Baked Fries, Deli Roasted Potatoes or Tater Tots and a trip through the Thrive Garden Bar.



MADE TO ORDER

Nacho -or- Soft Taco

Choice of:

Ground Beef, Pork or Chicken & Refried Beans

(Choose from a variety of fresh toppings)

All meals include a trip through the Thrive Garden Bar.

This institution is an equal opportunity provider.

-Menu subject to change-