

Neil Armstrong Middle School

December 2018 Lunch Menu

				_
3 Mini Cheese Ravioli w/ WW Roll & Caesar Side Salad	4 Homemade Chicken Pot Pie w/ WW Roll	5 Cheese Baked Potato w/ WW Roll w/ Toppings	6 Chicken Drumstick w/ Cheesy Mashed Potatoes & WW Roll	Queso Blanco Macaroni & Cheese w/ Broccoli
10 Smothered Bean & Cheese Burrito w/ Roasted Corn	11 Chicken & Waffles w/ Blueberry Compote	12 Turkey Gravy w/ Mashed Potatoes & WW Roll	13 BBQ Meatball Sub w/ Side Salad	14 Homemade Spaghetti w/ Meat Sauce & Side Salad
17 Hand Rolled Salsa Verde Burrito w/ Cilantro Lime Rice & Roasted Corn	18 Home Made Chili Frito Pie w/ Side Salad & WG Fritos	19 Tater Tot Casserole w/ Caesar Side Salad	20 Country Style Chicken Bowl w/ WW Roll	21 Chicken Parmesan Sandwich w/ Steamed Broccoli
24 No School! Winter Break	25 No School! Winter Break	26 No School! Winter Break	27 No School! Winter Break	28 No School! Winter Break
31 No School! Winter Break		Meal Prices: Reduced: No Charge Paid: \$2.90	All daily Revolve specials come with choice of Milk and unlimited Garden Bar	REVOLVE



Everyday Choices

Choice of Chicken, Refried Beans, Ground Beef, and Jalapeño Cheese sauce on Whole Grain Corn Tortilla Chips or as a Taco on a Whole Grain Tortilla!

Bean and Cheese Enchiladas Served Monday's Wednesday's Fridays Great Variety & Healthy Choices - All meals include choice of milk and unlimited garden bar



Offered: Tuesdays & Thursdays! Cheese & Pepperoni & An Additional Specialty Pizza offered

Great Variety & Healthy Choices -All meals include choice of milk and unlimited garden bar



Monday Chef Salad Turkey & Cheese Sub

Chicken Caesar Wrap

Tuesday Spinach Salad Ham & Cheese Sub Crispy Chicken Wrap

Wednesday Chicken Caesar Salad Italian Sub Southwest Chicken Wrap Buffalo Chicken Wrap

Thursday Taco Salad American Sub

Friday Garden Salad Sunbutter &Jelly Sandwich Italian Wrap



EVERYDAY CHOICES

Broiled Hamburger, Cheeseburger, **Traditional & Spicy Chicken Burger**

All sandwiches served on whole grain buns, with Oven Potatoes choice of milk, and unlimited garden bar



SIDES OFFERED DAILY WITH LUNCH CHOICES:

Fresh Garden Salad Greens plus additional fruits & vegetables, in an inviting variety Low Fat or Fat Free Milk included with all meals