

NAMS Café Breakfast Menu



November 2018

A Variety of Fresh and Canned Fruit, Low-Fat and Fat-Free Milk, Served Daily with Breakfast in Addition to Selections Below

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Don't forget to complete your Free/Reduced Meal Application online or in person!</p>	<p>BREAKFAST INCLUDES: CHOICE OF DAILY ENTRÉE LISTED OR CEREAL W/ TOAST A VARIETY OF FRUITS AND MILK</p>	<p>BREAKFAST IS NOW FREE FOR ALL STUDENTS!</p>	<p>1 Mini Maple Waffles Daily Breakfast Sandwich Banana & Cocoa Bread Slice Yogurt Parfait Bagel & Cream Cheese Maple & Brown Sugar Oatmeal Assorted Cereal</p>	<p>2 Blueberry Muffin Square Daily Breakfast Sandwich Banana & Cocoa Bread Slice Yogurt Parfait Bagel & Cream Cheese Maple & Brown Sugar Oatmeal Assorted Cereal</p>
<p>5 French Toast Sticks Daily Breakfast Sandwich Banana & Cocoa Bread Slice Yogurt Parfait Bagel & Cream Cheese Maple & Brown Sugar Oatmeal Assorted Cereal</p>	<p>6 Apple Pocket Daily Breakfast Sandwich Banana & Cocoa Bread Slice Yogurt Parfait Bagel & Cream Cheese Maple & Brown Sugar Oatmeal Assorted Cereal</p>	<p>7 Cinnamon Roll Daily Breakfast Sandwich Banana & Cocoa Bread Slice Yogurt Parfait Bagel & Cream Cheese Maple & Brown Sugar Oatmeal Assorted Cereal</p>	<p>8 Blueberry Bagel w/ Cream Cheese Daily Breakfast Sandwich Banana & Cocoa Bread Slice Yogurt Parfait Bagel & Cream Cheese Maple & Brown Sugar Oatmeal Assorted Cereal</p>	<p>9 Scrambled Eggs w/ Toast Daily Breakfast Sandwich Banana & Cocoa Bread Slice Yogurt Parfait Bagel & Cream Cheese Maple & Brown Sugar Oatmeal Assorted Cereal</p>
<p>12 No School! Veterans Day Observance</p>	<p>13 SW Egg & Cheese Slider Daily Breakfast Sandwich Banana & Cocoa Bread Slice Yogurt Parfait Bagel & Cream Cheese Maple & Brown Sugar Oatmeal Assorted Cereal</p>	<p>14 Cinnamon Roll Daily Breakfast Sandwich Banana & Cocoa Bread Slice Yogurt Parfait Bagel & Cream Cheese Maple & Brown Sugar Oatmeal Assorted Cereal</p>	<p>15 Pancakes w/ Syrup Daily Breakfast Sandwich Banana & Cocoa Bread Slice Yogurt Parfait Bagel & Cream Cheese Maple & Brown Sugar Oatmeal Assorted Cereal</p>	<p>16 Yogurt w/ Graham Crackers Daily Breakfast Sandwich Banana & Cocoa Bread Slice Yogurt Parfait Bagel & Cream Cheese Maple & Brown Sugar Oatmeal Assorted Cereal</p>
<p>19 No School!</p>	<p>20 No School!</p>	<p>21 No School!</p>	<p>22 No School! Thanksgiving Day</p>	<p>23 No School!</p>
<p>26 Pancake Bites w/ Sausage Daily Breakfast Sandwich Banana & Cocoa Bread Slice Yogurt Parfait Bagel & Cream Cheese Maple & Brown Sugar Oatmeal Assorted Cereal</p>	<p>27 Oatmeal Chocolate Chip UBR Daily Breakfast Sandwich Banana & Cocoa Bread Slice Yogurt Parfait Bagel & Cream Cheese Maple & Brown Sugar Oatmeal Assorted Cereal</p>	<p>28 Cinnamon Roll Daily Breakfast Sandwich Banana & Cocoa Bread Slice Yogurt Parfait Bagel & Cream Cheese Maple & Brown Sugar Oatmeal Assorted Cereal</p>	<p>29 Breakfast Crunch Wrap Daily Breakfast Sandwich Banana & Cocoa Bread Slice Yogurt Parfait Bagel & Cream Cheese Maple & Brown Sugar Oatmeal Assorted Cereal</p>	<p>30 No School!</p>