

NAMS Café Breakfast Menu



February 2020

A Variety of Fresh and Canned Fruit, Low-Fat and Fat-Free Milk, Served Daily with Breakfast in Addition to Selections Below

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>Breakfast on a Stick Daily Breakfast Sandwich Blueberry or Apple Muffin Yogurt Parfait Maple & Brown Sugar Oatmeal Bagel & Cream Cheese Assorted Cereal</p>	<p>4</p> <p>Cheese Omelet Daily Breakfast Sandwich Blueberry or Apple Muffin Yogurt Parfait Maple & Brown Sugar Oatmeal Bagel & Cream Cheese Assorted Cereal</p>	<p>5</p> <p>BYO Pancake Bar Daily Breakfast Sandwich Blueberry or Apple Muffin Yogurt Parfait Maple & Brown Sugar Oatmeal Bagel & Cream Cheese Assorted Cereal</p>	<p>6</p> <p>Mini Maple Waffles Daily Breakfast Sandwich Blueberry or Apple Muffin Yogurt Parfait Maple & Brown Sugar Oatmeal Bagel & Cream Cheese Assorted Cereal</p>	<p>7</p> <p>Cranberry Peach Muffin Square Daily Breakfast Sandwich Blueberry or Apple Muffin Yogurt Parfait Maple & Brown Sugar Oatmeal Bagel & Cream Cheese Assorted Cereal</p>
<p>10</p> <p>French Toast Sticks Daily Breakfast Sandwich Blueberry or Apple Muffin Yogurt Parfait Maple & Brown Sugar Oatmeal Bagel & Cream Cheese Assorted Cereal</p>	<p>11</p> <p>Blueberry Overnight Oats Daily Breakfast Sandwich Blueberry or Apple Muffin Yogurt Parfait Maple & Brown Sugar Oatmeal Bagel & Cream Cheese Assorted Cereal</p>	<p>12</p> <p>Breakfast Bowl Daily Breakfast Sandwich Blueberry or Apple Muffin Yogurt Parfait Maple & Brown Sugar Oatmeal Bagel & Cream Cheese Assorted Cereal</p>	<p>13</p> <p>Sausage & Egg Breakfast Burrito Daily Breakfast Sandwich Blueberry or Apple Muffin Yogurt Parfait Maple & Brown Sugar Oatmeal Bagel & Cream Cheese Assorted Cereal</p>	<p>14</p> <p>WG Cinnamon Roll Daily Breakfast Sandwich Blueberry or Apple Muffin Yogurt Parfait Maple & Brown Sugar Oatmeal Bagel & Cream Cheese Assorted Cereal</p>
<p>17</p> <p>President's Day No School</p>	<p>18</p> <p>Apple Frudel Stick Daily Breakfast Sandwich Blueberry or Apple Muffin Yogurt Parfait Maple & Brown Sugar Oatmeal Bagel & Cream Cheese Assorted Cereal</p>	<p>19</p> <p>Cinnamon Breakfast Round Daily Breakfast Sandwich Blueberry or Apple Muffin Yogurt Parfait Maple & Brown Sugar Oatmeal Bagel & Cream Cheese Assorted Cereal</p>	<p>20</p> <p>Buttermilk Pancakes Daily Breakfast Sandwich Blueberry or Apple Muffin Yogurt Parfait Maple & Brown Sugar Oatmeal Bagel & Cream Cheese Assorted Cereal</p>	<p>21</p> <p>Banana Muffin Top Daily Breakfast Sandwich Blueberry or Apple Muffin Yogurt Parfait Maple & Brown Sugar Oatmeal Bagel & Cream Cheese Assorted Cereal</p>
<p>24</p> <p>Sausage Breakfast Pizza Daily Breakfast Sandwich Blueberry or Apple Muffin Yogurt Parfait Maple & Brown Sugar Oatmeal Bagel & Cream Cheese Assorted Cereal</p>	<p>25</p> <p>Cinnamon Sugar Pancake Bites Daily Breakfast Sandwich Blueberry or Apple Muffin Yogurt Parfait Maple & Brown Sugar Oatmeal Bagel & Cream Cheese Assorted Cereal</p>	<p>26</p> <p>Biscuits & Gravy Daily Breakfast Sandwich Blueberry or Apple Muffin Yogurt Parfait Maple & Brown Sugar Oatmeal Bagel & Cream Cheese Assorted Cereal</p>	<p>27</p> <p>Veggie Frittata Daily Breakfast Sandwich Blueberry or Apple Muffin Yogurt Parfait Maple & Brown Sugar Oatmeal Bagel & Cream Cheese Assorted Cereal</p>	<p>28</p> <p>Homemade French Toast Daily Breakfast Sandwich Blueberry or Apple Muffin Yogurt Parfait Maple & Brown Sugar Oatmeal Bagel & Cream Cheese Assorted Cereal</p>
			<p>Breakfast is now Free for All Students!</p>	<p>BREAKFAST INCLUDES: CHOICE OF DAILY ENTRÉE LISTED OR CEREAL W/ TOAST A VARIETY OF FRUITS AND MILK</p>