

NAMS Café Breakfast Menu



December 2018

A Variety of Fresh and Canned Fruit, Low-Fat and Fat-Free Milk, Served Daily with Breakfast in Addition to Selections Below

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>Pancake on a Stick Daily Breakfast Sandwich Banana & Cocoa Bread Slice Yogurt Parfait Maple & Brown Sugar Oatmeal Bagel & Cream Cheese Assorted Cereal</p>	<p>4</p> <p>Warm Biscuit w/ Gravy Daily Breakfast Sandwich Banana & Cocoa Bread Slice Yogurt Parfait Maple & Brown Sugar Oatmeal Bagel & Cream Cheese Assorted Cereal</p>	<p>5</p> <p>WG Cinnamon Roll Daily Breakfast Sandwich Banana & Cocoa Bread Slice Yogurt Parfait Maple & Brown Sugar Oatmeal Bagel & Cream Cheese Assorted Cereal</p>	<p>6</p> <p>Mini Maple Waffles Daily Breakfast Sandwich Banana & Cocoa Bread Slice Yogurt Parfait Maple & Brown Sugar Oatmeal Bagel & Cream Cheese Assorted Cereal</p>	<p>7</p> <p>Homemade Blueberry Muffin Square Daily Breakfast Sandwich Banana & Cocoa Bread Slice Yogurt Parfait Maple & Brown Sugar Oatmeal Bagel & Cream Cheese Assorted Cereal</p>
<p>10</p> <p>French Toast Sticks Daily Breakfast Sandwich Banana & Cocoa Bread Slice Yogurt Parfait Maple & Brown Sugar Oatmeal Bagel & Cream Cheese Assorted Cereal</p>	<p>11</p> <p>Warm Apple Pocket Daily Breakfast Sandwich Banana & Cocoa Bread Slice Yogurt Parfait Maple & Brown Sugar Oatmeal Bagel & Cream Cheese Assorted Cereal</p>	<p>12</p> <p>WG Cinnamon Roll Daily Breakfast Sandwich Banana & Cocoa Bread Slice Yogurt Parfait Maple & Brown Sugar Oatmeal Bagel & Cream Cheese Assorted Cereal</p>	<p>13</p> <p>Blueberry Bagel w/ Cream Cheese Daily Breakfast Sandwich Banana & Cocoa Bread Slice Yogurt Parfait Maple & Brown Sugar Oatmeal Bagel & Cream Cheese Assorted Cereal</p>	<p>14</p> <p>Scrambled Eggs w/ Toast Daily Breakfast Sandwich Banana & Cocoa Bread Slice Yogurt Parfait Maple & Brown Sugar Oatmeal Bagel & Cream Cheese Assorted Cereal</p>
<p>17</p> <p>Pancake on a Stick Daily Breakfast Sandwich Banana & Cocoa Bread Slice Yogurt Parfait Maple & Brown Sugar Oatmeal Bagel & Cream Cheese Assorted Cereal</p>	<p>18</p> <p>SW Breakfast Slider Daily Breakfast Sandwich Banana & Cocoa Bread Slice Yogurt Parfait Maple & Brown Sugar Oatmeal Bagel & Cream Cheese Assorted Cereal</p>	<p>19</p> <p>WG Cinnamon Roll Daily Breakfast Sandwich Banana & Cocoa Bread Slice Yogurt Parfait Maple & Brown Sugar Oatmeal Bagel & Cream Cheese Assorted Cereal</p>	<p>20</p> <p>WG Pancakes w/ Syrup Daily Breakfast Sandwich Banana & Cocoa Bread Slice Yogurt Parfait Maple & Brown Sugar Oatmeal Bagel & Cream Cheese Assorted Cereal</p>	<p>21</p> <p>Yogurt w/ Graham Crackers Daily Breakfast Sandwich Banana & Cocoa Bread Slice Yogurt Parfait Maple & Brown Sugar Oatmeal Bagel & Cream Cheese Assorted Cereal</p>
<p>24</p> <p>No School! Winter Break</p>	<p>25</p> <p>No School! Winter Break</p>	<p>26</p> <p>No School! Winter Break</p>	<p>27</p> <p>No School! Winter Break</p>	<p>28</p> <p>No School! Winter Break</p>
<p>31</p> <p>No School! Winter Break</p>		<p>Don't forget to complete your Free/Reduced Meal Application online or in person!</p>	<p>BREAKFAST INCLUDES: CHOICE OF DAILY ENTRÉE LISTED OR CEREAL W/ TOAST A VARIETY OF FRUITS AND MILK</p>	<p>BREAKFAST IS NOW FREE FOR ALL STUDENTS!</p>