

CRA & HMS Middle School

March 2nd – March 6th

Our menus are aligned with the USDA's
"Healthier US School Challenge.



DAILY SPECIALS

MONDAY	Chicken & Waffles w/Strawberry Topping
TUESDAY	Teriyaki Beef over Rice
WEDNESDAY	Chicken Pot Pie over a warm Biscuit
THURSDAY	Sloppy Joe on a WG Bun
FRIDAY	Loaded Bacon and Cheese Fries



EVERYDAY CHOICES

Chef Salad, Caesar Salad, Sunbutter Sandwich, Ham & Cheese Sub and American Sub offered Daily

THIS WEEK'S DAILY SPECIALS

MONDAY	Hummus Snack Pack – Caesar Wrap
TUESDAY	Italian Sub – South West Wrap
WEDNESDAY	Garden Salad – Buffalo Wrap
THURSDAY	Crispy Chicken Salad or Wrap
FRIDAY	Triple Decker Club – Chicken Bacon Wrap



This Week's Feature:



Built the way you like it – South of the Border Bar

Choose From: Taco Salads, Hard or Soft Shell Tacos, Burritos, or Nachos Supreme



All items can be built with Chicken, Beef, or Vegetarian

EVERYDAY SIDES: Rice & Seasoned Black Beans



A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES
Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety
Locally Grown items are offered whenever seasonally available
Low Fat or Fat Free Milk included with all meals



EVERYDAY CHOICES

Pepperoni & Cheese Made Fresh Daily

THIS WEEK'S DAILY SPECIALS

MONDAY	Sausage
TUESDAY	Hawaiian
WEDNESDAY	Ham & Cheese Stromboli
THURSDAY	Taco
FRIDAY	Garlic Chicken



EVERYDAY CHOICES

Beef Patty, Chicken & Vegetarian Choices

THIS WEEK'S DAILY SPECIALS

MONDAY	Bacon Cheeseburger
TUESDAY	Corn Dog
WEDNESDAY	Chicken Nuggets
THURSDAY	Chicken Cordon Bleu
FRIDAY	Pizza Burger



Vegetarian



Smart Pick

We use menu identifiers in the café to help student recognize Vegetarian & Smart Pick options. Smart Pick selections meet specific criteria for fat, sodium, & calories.

To file a complaint of discrimination, write U.S. Department of Agriculture, Director, Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (800) 795-3272 (voice) or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.

