

Oregon City School District Middle School Breakfast Menu



January 2019

A Variety of Fresh and Canned Fruit, Low-Fat and Fat-Free Milk, Served Daily with Breakfast in Addition to Selections Below

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meal Prices: Reduced: No Charge Paid: \$1.70 Adult: \$2.10	1 Winter Break No School Happy New Year	2 Winter Break No School	3 Winter Break No School	4 Winter Break No School
7 Winter Break No School	8 Pappeti Omelet w/ Toast Assorted Breakfast Sandwiches Maple & Brown Sugar Oatmeal Assorted Cereal	9 Pancake Bar Assorted Breakfast Sandwiches Maple & Brown Sugar Oatmeal Assorted Cereal	10 Mini Maple Waffles Assorted Breakfast Sandwiches Maple & Brown Sugar Oatmeal Assorted Cereal	11 Muffin Square Assorted Breakfast Sandwiches Maple & Brown Sugar Oatmeal Assorted Cereal
14 French Toast Sticks Assorted Breakfast Sandwiches Maple & Brown Sugar Oatmeal Assorted Cereal	15 Warm Apple Pocket Assorted Breakfast Sandwiches Maple & Brown Sugar Oatmeal Assorted Cereal	16 Cinnamon Roll Assorted Breakfast Sandwiches Maple & Brown Sugar Oatmeal Assorted Cereal	17 Original Oatmeal w/ Toppings Bar Assorted Breakfast Sandwiches Maple & Brown Sugar Oatmeal Assorted Cereal	18 Cheesy Scrambled Eggs w/ Toast Assorted Breakfast Sandwiches Maple & Brown Sugar Oatmeal Assorted Cereal
21 No School Martin Luther King Day	22 SW Egg & Cheese Breakfast Sliders Assorted Breakfast Sandwiches Maple & Brown Sugar Oatmeal Assorted Cereal	23 Ultimate Breakfast Round Assorted Breakfast Sandwiches Maple & Brown Sugar Oatmeal Assorted Cereal	24 Pancakes w/ Maple Syrup Assorted Breakfast Sandwiches Maple & Brown Sugar Oatmeal Assorted Cereal	25 Banana Muffin Top Assorted Breakfast Sandwiches Maple & Brown Sugar Oatmeal Assorted Cereal
28 Breakfast Pizza Assorted Breakfast Sandwiches Maple & Brown Sugar Oatmeal Assorted Cereal	29 Pancake Bites Assorted Breakfast Sandwiches Maple & Brown Sugar Oatmeal Assorted Cereal	30 Biscuit w/ Sausage Gravy Assorted Breakfast Sandwiches Maple & Brown Sugar Oatmeal Assorted Cereal	31 Ham & Cheese or Veggie & Cheese Frittata w/ toast Assorted Breakfast Sandwiches Maple & Brown Sugar Oatmeal Assorted Cereal	