



## DINING SERVICES COMMITTEE AGENDA WEDNESDAY, MARCH 19<sup>TH</sup>, 2014



- Events/Promotions
  - **Now until April 6<sup>th</sup>- Eickhoff Food Hacks Contest- Instagram-sponsored by RHA-** Show us your best Eickhoff food hacks! Snap a pic of your food hack and post it to Instagram by 4/6 using the hashtag #TCNJfoodhacks, plus a hashtag for the category: #healthiest #glutenfree #vegetarianvegan #dessert
    - We'll repost it to our account @TCNJDining. Voting for Fan Favorite will be from 4/7 - 4/13. Encourage your friends to go to our Instagram page and "like" your pic! All winners will be announced on 4/14.
  - **Monday, March 24<sup>th</sup>- Mindful Mile-12pm-1855 Room-** Join TCNJ Dining's Registered Dietitian, Aliz Holzmann, for a mile walk around campus every Monday. While you get in some exercise, you have the opportunity to ask all of your nutrition and diet related questions. Now that's multi-tasking!
  - **Tuesday, March 25<sup>th</sup>- Nutritious Dish, Black Bean Hummus-BSC- 11am-1pm-**Celebrate National Nutrition Month and "enjoy the taste of eating right." So many good-for-you foods are delicious too! Stop by the STUD to get a sample of black bean hummus from TCNJ Dining's Registered Dietitian, Aliz Holzmann.
  - **Monday, March 31<sup>st</sup>- Mindful Mile-12pm-1855 Room-** Join TCNJ Dining's Registered Dietitian, Aliz Holzmann, for a mile walk around campus every Monday. While you get in some exercise, you have the opportunity to ask all of your nutrition and diet related questions. Now that's multi-tasking!
  - **Monday, March 31<sup>st</sup>- Eat Right at Eick-The Atrium at Eickhoff- 4pm-6pm-** The Atrium at Eickhoff is an all-you-care-to-eat facility. But just because you can take three cookies for dessert, doesn't always mean that you should. Stop by and speak with your Registered Dietitian, Aliz Holzmann, about portion control, balanced meals, and filling foods. And don't worry... she won't tell you that you can't have any cookies!
  - **Monday, March 31<sup>st</sup>- Friday, April 4<sup>th</sup>- Unity Week- 1855 Room-11:30 AM - 2 PM-** Enjoy Foods inspired by the Mediterranean, a Taste of Soul, food inspired by Asia, Old World food, and Central and Southern American Food- Sponsored by TCNJ Dining Services and the Division of Human Resources
- Comments from students
  - I think it would be a good idea to start incorporating hot dogs into the rotation at the grill.



*items like chicken fingers and mozzarella sticks. Keep a look out soon!*

- Emily
  - On the Dining Services Survey can you please have a section for not applicable or no answer for the staff members?
    - *Response: We will pass this information along to the creators of our survey.*
  - Feedback for the Lion's Den: Everything is greasy, fried and too salty.
    - *Response: Aliz is looking to create a guide for all units on campus and how to eat healthy. There are healthy options in the Lion's Den. We now have freshly rolled sushi! You can grab a salad, grilled chicken sandwich or a healthy sandwich from the deli.*
  - Can the C-Store open before 10am?
    - *Response: Brian- We cannot because it is something in the contract. There are many locations that staff can visit in the morning to grab coffee (TLC, EDU, Zebi, K-Cart). The C-Store opens early on the weekend since some of these places open later or are closed.*
- RHA
  - Did we find a solution to adding different flavors of Gatorade into the pumps in Eickhoff?
    - *Response: Brian- We are still looking into it. We hope to have an answer from Pepsi by next meeting.*
  - Are we doing the Alice in Wonderland Theme Meal?
    - *Response: No we are not. Instead we will be having a Luau!*