

Menu Calendar Nutrient Analysis Report - March, 2020

Site: Academy Endeavor Elementary School

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
The Clubhouse Lunch Academy 2:1 Cheese Quesadilla :28547 - ServingDate: 03/02/2020								
Cheese Quesadilla - COR2022 (1 each quesa)	40	424.00	23.00	11.00	0.00	1045.99	35.00	18.00
Chicken Caesar Salad - COR1206 (1 ea.)	0	310.10	9.67	3.00	0.00	980.68	30.00	28.02
Sweet and Sour Chicken, popcorn chicken, sauce - COR2001 (12 piece)	40	297.69	14.40	2.77	0.00	591.11	25.68	15.88
Turkey & Cheese Flatbread - COR2126 (1 serving)	19	332.50	16.25	6.75	0.00	1012.50	28.75	19.25
Fried Rice - COR2048 (2/3 c.)	40	83.07	0.34	0.00	0.00	299.70	17.20	3.05
Applesauce - COR1173 (1/2 c.)	50	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Orange Wedges - COR1172 (4 slice or w)	50	45.12	0.12	0.01	0.00	0.00	11.28	0.90
100% Apple Juice - SR1204 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Baby Carrots - COR1259 (1 #8 scoop)	50	25.61	0.10	0.02	0.00	57.06	6.03	0.47
Celery Sticks - COR1258 (6 stick (4")	20	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Mexican Black Beans, salsa and black beans - COR2183 (1/2 c.)	0	99.85	0.00	0.00	0.00	202.96	18.22	6.74
Salad Mix with Romaine - COR1023 (1 c.)	20	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Chocolate Skim Milk - COR1153 (1 Half Pint)	80	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	20	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Sugar Cookie - COR1303 (1 ea.)	0	58.64	2.60	1.14	0.00(M)	76.96	8.39	0.84
Ranch Dressing - COR1403 (1 tbsp.)	80	56.90	5.69	1.03	0.00	129.31	0.52	0.52
Italian Dressing - COR1024 (1 tbsp.)	5	5.00	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup - COR1861 (1 tbsp.)	5	16.00	0.00	0.00	0.00	190.00	4.00	0.00

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The Clubhouse Lunch Academy 2:1 Cheese Quesadilla :28547 - ServingDate: 03/02/2020								
Potato Chips - COR1022 (1 pkg.)	19	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	5	0.00	0.00	0.00	0.00	165.00	0.00	0.00
The Clubhouse Lunch Academy 2:2 Grilled Cheese w/Tomato Soup :28547 - ServingDate: 03/03/2020								
Cheeseburger - COR1194 (1 burger)	0	312.80	11.30	4.60	0.00	648.30	31.90	16.20
Grilled Cheese Sandwich - COR1224 (1 sandwich)	70	290.00	15.50	7.50	0.00	1025.00	28.00	11.50
Cheese and Yogurt Plate w/Blueberry Muffin - COR1438 (1 ea.)	10	417.20	11.09	2.56	0.00(M)	643.12	64.62	16.64
Ham & Cheese Sandwich - COR2093 (1 ea.)	10	231.01	7.53	2.50	0.00	720.03	30.05	12.65
Apples - COR1263 (1 small (2-3))	50	81.28	0.25	0.04	0.00	1.45	20.05	0.38
Mixed Fruit - COR1262 (1/2 c.)	50	59.05	0.00	0.00	0.00	5.13	15.22	0.59
100% Apple Juice - SR1204 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Baked Fries - COR1038 (1/2 c.)	0	130.06	4.50	0.50	0.00	160.07	21.01	2.00
Broccoli Florets - COR1260 (1/2 c.)	5	12.96	0.12	0.01	0.00	10.69	2.15	0.91
Tomato Soup - COR1223 (3/4 c.)	70	36.58	0.46	0.23	0.00	189.25	7.32	0.46
Cauliflower - COR1031 (1/2 c.)	5	15.12	0.00	0.00	0.00	15.12	2.52	1.01
Salad Mix with Romaine - COR1023 (1 c.)	20	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Chocolate Skim Milk - COR1153 (1 Half Pint)	80	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	20	110.00	2.50	1.50	0.00	130.00	13.00	8.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
The Clubhouse Lunch Academy 2:2 Grilled Cheese w/Tomato Soup :28547 - ServingDate: 03/03/2020								
Ranch Dressing - COR1403 (1 tbsp.)	80	56.90	5.69	1.03	0.00	129.31	0.52	0.52
Italian Dressing - COR1024 (1 tbsp.)	5	5.00	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup - COR1861 (1 tbsp.)	5	16.00	0.00	0.00	0.00	190.00	4.00	0.00
Potato Chips - COR1022 (1 pkg.)	10	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	5	0.00	0.00	0.00	0.00	165.00	0.00	0.00
The Clubhouse Lunch Academy 2:3 Spaghetti :28547 - ServingDate: 03/04/2020								
Corn Dog - SR1023 (1 corn dog)	40	240.00	8.00	2.50	0.00	390.00	30.00	9.00
Italian Sub - COR1357 (1 ea.)	30	352.43	17.48	6.68	0.00(M)	1116.00	33.56	18.07
Salad Entree, Garden, Romaine, RECIPE - COR2014 (1 ea.)	1	139.17	7.83	2.92	0.00	152.22	7.20	9.37
Spaghetti w/Beef Meatballs & Spaghetti Sauce - COR1982 (1 serving)	29	418.46	15.80	6.31	0.01	686.12	50.07	22.17
Garlic Ripstick Breadstick - COR1384 (1 breadstick)	29	134.42	6.87	2.67	0.00	153.86	14.24	3.05
Dinner Roll - COR1232 (1 roll.)	1	163.90	3.90	0.32	0.00(M)	289.94	29.57	4.49
Orange Wedges - COR1172 (4 slice or w)	50	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Pears - COR1175 (1/2 c.)	50	65.00	0.00	0.00	0.00	10.83	15.17	0.00
100% Apple Juice - SR1204 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Baby Carrots - COR1259 (1 #8 scoop)	50	25.61	0.10	0.02	0.00	57.06	6.03	0.47
Celery Sticks - COR1258 (6 stick (4")	20	10.34	0.11	0.03	0.00	51.71	1.92	0.45

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The Clubhouse Lunch Academy 2:3 Spaghetti :28547 - ServingDate: 03/04/2020								
Potato Smile Fries - COR1436 (4 ea.)	0	133.41	4.62	0.51	0.00	184.72	20.52	2.05
Salad Mix with Romaine - COR1023 (1 c.)	20	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Chocolate Skim Milk - COR1153 (1 Half Pint)	80	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	20	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Ranch Dressing - COR1403 (1 tbsp.)	80	56.90	5.69	1.03	0.00	129.31	0.52	0.52
Italian Dressing - COR1024 (1 tbsp.)	5	5.00	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup - COR1861 (1 tbsp.)	40	16.00	0.00	0.00	0.00	190.00	4.00	0.00
Potato Chips - COR1022 (1 pkg.)	30	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	5	0.00	0.00	0.00	0.00	165.00	0.00	0.00
The Clubhouse Lunch Academy 2:4 Popcorn Chicken Bowl :28547 - ServingDate: 03/05/2020								
Cheese Pizza - COR1209 (1 slice)	60	274.59	9.40	4.87	0.00	680.04	35.34	14.68
Munchable: Cinnamon Roll - COR2124 (1 ea.)	20	342.56	4.56	2.01	0.00	400.00	59.64	15.45
Popcorn Chicken Bowl w/canned potatoes - COR1217 (1 ea.)	10	392.23	18.07	5.40	0.00	928.77	37.77	17.54
Turkey & Cheese Sandwich - COR1200 (1 ea.)	10	242.50	8.75	3.25	0.00	687.50	28.75	14.75
Breadstick - SR1044 (1 breadstick)	0	80.00	1.00	0.00	0.00	95.00	14.00	3.00
Bananas - COR1174 (1 medium (7"))	50	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Diced Peaches - COR1265 (1/2 c.)	50	65.00	0.00	0.00	0.00	5.42	15.17	0.00
100% Apple Juice - SR1204 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00

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The Clubhouse Lunch Academy 2:4 Popcorn Chicken Bowl :28547 - ServingDate: 03/05/2020								
Cucumber Slices - COR1267 (1/2 cup, slice)	50	8.58	0.00	0.00	0.00	1.04	2.08	0.26
Garbanzo Beans - COR1233 (1 #8 scoop)	5	111.43	0.62	0.00	0.00	173.33	19.81	6.19
Salad Mix with Romaine - COR1023 (1 c.)	20	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Chocolate Skim Milk - COR1153 (1 Half Pint)	80	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	20	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Ranch Dressing - COR1403 (1 tbsp.)	80	56.90	5.69	1.03	0.00	129.31	0.52	0.52
Italian Dressing - COR1024 (1 tbsp.)	5	5.00	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup - COR1861 (1 tbsp.)	10	16.00	0.00	0.00	0.00	190.00	4.00	0.00
Potato Chips - COR1022 (1 pkg.)	10	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	5	0.00	0.00	0.00	0.00	165.00	0.00	0.00
The Clubhouse Lunch Academy 2:5 Chicken Nachos :28547 - ServingDate: 03/06/2020								
Chicken Nachos - COR1535 (1 ea.)	30	313.34	15.85	5.56	0.00	879.49	21.43	20.73
Meatball Sub on Sub roll - COR1397 (1 sandwich)	0	419.41	18.53	6.88	0.01(M)	940.22	45.56	20.88
Strawberry & Granola Granola Yogurt Parfait - COR1649 (1 ea.)	19	285.30	3.50	0.71	0.00(M)	211.69	60.41	6.60
Sunbutter & Jelly Sandwich - COR1204 (1 sandwich)	1	441.89	19.16	2.02	0.00	401.23	61.07	11.07
Apples - COR1263 (1 small (2-3)	50	81.28	0.25	0.04	0.00	1.45	20.05	0.38
Pineapple Tidbits - COR1266 (1/2 c.)	50	60.10	0.00	0.00	0.00	0.00	15.63	0.00
100% Apple Juice - SR1204 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00

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The Clubhouse Lunch Academy 2:5 Chicken Nachos :28547 - ServingDate: 03/06/2020								
Broccoli Florets - COR1260 (1/2 c.)	5	12.96	0.12	0.01	0.00	10.69	2.15	0.91
Cauliflower - COR1031 (1/2 c.)	5	15.12	0.00	0.00	0.00	15.12	2.52	1.01
Salad Mix with Romaine - COR1023 (1 c.)	20	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Chocolate Skim Milk - COR1153 (1 Half Pint)	80	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	20	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (1 tbsp.)	5	9.00	0.00	0.00	0.00	92.50	2.25	0.00
Ranch Dressing - COR1403 (1 tbsp.)	80	56.90	5.69	1.03	0.00	129.31	0.52	0.52
Italian Dressing - COR1024 (1 tbsp.)	5	5.00	0.00	0.00	0.00	140.00	1.50	0.00
Potato Chips - COR1022 (1 pkg.)	1	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Salsa - COR1506 (2 tbsp.)	30	12.00	0.00	0.00	0.00	230.00	3.00	0.00
The Clubhouse Lunch Academy 3:1 Cheesy Breadsticks :28547 - ServingDate: 03/09/2020								
Cheeseburger - COR1194 (1 burger)	25	312.80	11.30	4.60	0.00	648.30	31.90	16.20
Cheesy Breadsticks w/Italian Sauce - COR1021 (2 ea.)	60	328.77	11.24	6.05	0.01	710.50	35.74	19.96
Ham & Cheese Flatbread - COR2153 (1 serving)	14	321.01	15.03	6.00	0.00	1045.03	30.05	17.15
Chicken Caesar Salad - COR1206 (1 ea.)	0	310.10	9.67	3.00	0.00	980.68	30.00	28.02
Applesauce - COR1173 (1/2 c.)	50	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Orange Wedges - COR1172 (4 slice or w)	50	45.12	0.12	0.01	0.00	0.00	11.28	0.90
100% Apple Juice - SR1204 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Baked Fries - COR1038 (1/2 c.)	25	130.06	4.50	0.50	0.00	160.07	21.01	2.00

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The Clubhouse Lunch Academy 3:1 Cheesy Breadsticks :28547 - ServingDate: 03/09/2020								
Baby Carrots - COR1259 (1 #8 scoop)	50	25.61	0.10	0.02	0.00	57.06	6.03	0.47
Celery Sticks - COR1258 (6 stick (4")	20	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Salad Mix with Romaine - COR1023 (1 c.)	20	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Chocolate Skim Milk - COR1153 (1 Half Pint)	80	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	20	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (1 tbsp.)	5	9.00	0.00	0.00	0.00	92.50	2.25	0.00
Ranch Dressing - COR1403 (1 tbsp.)	80	56.90	5.69	1.03	0.00	129.31	0.52	0.52
Italian Dressing - COR1024 (1 tbsp.)	5	5.00	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup - COR1861 (1 tbsp.)	25	16.00	0.00	0.00	0.00	190.00	4.00	0.00
Potato Chips - COR1022 (1 pkg.)	14	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	5	0.00	0.00	0.00	0.00	165.00	0.00	0.00
The Clubhouse Lunch Academy 3:2 French Toast & Ham :28547 - ServingDate: 03/10/2020								
Crispy Chicken Sandwich - COR1045 (1 ea.)	10	430.00	17.50	4.00	0.00	770.00	42.00	23.00
French Toast & Baked Ham - COR2128 (1 serving)	60	342.01	12.05	2.00	0.00	710.06	42.10	18.30
Strawberry & Granola Granola Yogurt Parfait - COR1649 (1 ea.)	15	285.30	3.50	0.71	0.00(M)	211.69	60.41	6.60
Turkey & Cheese Sandwich - COR1200 (1 ea.)	15	242.50	8.75	3.25	0.00	687.50	28.75	14.75
Baked Cinnamon Raisin Apples - COR1778 (1 #10 scoop)	0	119.26	1.88	0.84	0.00	26.28	26.35	0.32

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The Clubhouse Lunch Academy 3:2 French Toast & Ham :28547 - ServingDate: 03/10/2020								
Plums - COR1511 (2 small (1-1))	50	54.00	0.00	0.00	0.00	0.00	13.57	0.83
Mixed Fruit - COR1262 (1/2 c.)	50	59.05	0.00	0.00	0.00	5.13	15.22	0.59
100% Apple Juice - SR1204 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Broccoli Florets - COR1260 (1/2 c.)	5	12.96	0.12	0.01	0.00	10.69	2.15	0.91
Cauliflower - COR1031 (1/2 c.)	5	15.12	0.00	0.00	0.00	15.12	2.52	1.01
Potato Smile Fries - COR1436 (4 ea.)	0	133.41	4.62	0.51	0.00	184.72	20.52	2.05
Salad Mix with Romaine - COR1023 (1 c.)	20	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Chocolate Skim Milk - COR1153 (1 Half Pint)	80	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	20	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (1 tbsp.)	5	9.00	0.00	0.00	0.00	92.50	2.25	0.00
Ranch Dressing - COR1403 (1 tbsp.)	80	56.90	5.69	1.03	0.00	129.31	0.52	0.52
Italian Dressing - COR1024 (1 tbsp.)	5	5.00	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup - COR1861 (1 tbsp.)	5	16.00	0.00	0.00	0.00	190.00	4.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	5	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Pancake & Waffle Syrup - SR1158 (2 tbsp.)	60	105.00	0.00	0.00	0.00	47.50	26.00	0.00
The Clubhouse Lunch Academy 3:3 Chicken and Gravy :28547 - ServingDate: 03/11/2020								
Chicken in Gravy & Mashed Potatoes - COR2184 (1 serving)	0	282.46	6.08	1.90	0.00	585.57	21.27	33.09
Pepperoni Pizza - COR1205 (1 slice)	50	300.91	11.83	5.79	0.00	767.11	35.34	15.90

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The Clubhouse Lunch Academy 3:3 Chicken and Gravy :28547 - ServingDate: 03/11/2020								
Salad Entree, Garden, Romaine, RECIPE - COR2014 (1 ea.)	1	139.17	7.83	2.92	0.00	152.22	7.20	9.37
American Combo Sub - COR2092 (1 ea.)	20	319.50	11.91	3.58	0.00(M)	939.86	34.74	21.66
Dinner Roll - COR1232 (1 roll.)	30	163.90	3.90	0.32	0.00(M)	289.94	29.57	4.49
Apples - COR1263 (1 small (2-3))	50	81.28	0.25	0.04	0.00	1.45	20.05	0.38
Diced Pears - COR1175 (1/2 c.)	50	65.00	0.00	0.00	0.00	10.83	15.17	0.00
100% Apple Juice - SR1204 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Baby Carrots - COR1259 (1 #8 scoop)	50	25.61	0.10	0.02	0.00	57.06	6.03	0.47
Celery Sticks - COR1258 (6 stick (4")	20	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Corn - COR1050 (1/2 c.)	29	70.00	1.00	0.00	0.00	300.00	13.00	2.00
Salad Mix with Romaine - COR1023 (1 c.)	20	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Chocolate Skim Milk - COR1153 (1 Half Pint)	80	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	20	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Ranch Dressing - COR1403 (1 tbsp.)	80	56.90	5.69	1.03	0.00	129.31	0.52	0.52
Ice Cream Cup - COR1749 (1 ea.)	0	70.00	1.50	1.00	0.00	35.00	14.00	2.00
Italian Dressing - COR1024 (1 tbsp.)	5	5.00	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup - COR1861 (1 tbsp.)	10	16.00	0.00	0.00	0.00	190.00	4.00	0.00
Potato Chips - COR1022 (1 pkg.)	20	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	5	0.00	0.00	0.00	0.00	165.00	0.00	0.00

Menu Calendar Nutrient Analysis Report - March, 2020

Site: Academy Endeavor Elementary School
 Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
The Clubhouse Lunch Academy 3:4 Mac & Cheese w/Chicken Nuggets :28547 - ServingDate: 03/12/2020								
Macaroni & Cheese w/Chicken Nuggets - COR1246 (1 ea.)	50	658.69	33.92	12.29	0.00	1609.55	53.41	36.63
Cheese Pizza Munchable - COR2177 (1 ea.)	30	356.56	15.46	7.12	0.00	947.65	34.87	18.66
Cheddar BBQ Chicken Sandwich - COR2196 (1 ea.)	0	475.50	19.75	5.25	0.00	1000.00	46.50	24.50
Ham & Cheese Sandwich - COR2093 (1 ea.)	10	231.01	7.53	2.50	0.00	720.03	30.05	12.65
Apple Slices, canned, unsweetened - COR1264 (1/2 c.)	50	47.25	0.00	0.00	0.00	9.45	11.34	0.00
Bananas - COR1174 (1 medium (7"))	50	105.02	0.39	0.13	0.00	1.18	26.95	1.29
100% Apple Juice - SR1204 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Green Beans - COR1316 (1/2 c.)	50	21.67	0.00	0.00	0.00	151.67	4.33	1.08
Kidney Beans - SR1036 (1/2 c.)	1	140.65	0.00	0.00	0.00	151.47	25.97	7.57
Cucumber Slices - COR1267 (1/2 cup, slice)	50	8.58	0.00	0.00	0.00	1.04	2.08	0.26
Potato Smile Fries - COR1436 (4 ea.)	0	133.41	4.62	0.51	0.00	184.72	20.52	2.05
Salad Mix with Romaine - COR1023 (1 c.)	20	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Chocolate Skim Milk - COR1153 (1 Half Pint)	80	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	20	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (1 tbsp.)	10	9.00	0.00	0.00	0.00	92.50	2.25	0.00
Ranch Dressing - COR1403 (1 tbsp.)	80	56.90	5.69	1.03	0.00	129.31	0.52	0.52
Italian Dressing - COR1024 (1 tbsp.)	5	5.00	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup - COR1861 (1 tbsp.)	10	16.00	0.00	0.00	0.00	190.00	4.00	0.00

Menu Calendar Nutrient Analysis Report - March, 2020

Site: Academy Endeavor Elementary School
 Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
The Clubhouse Lunch Academy 3:4 Mac & Cheese w/Chicken Nuggets :28547 - ServingDate: 03/12/2020								
Potato Chips - COR1022 (1 pkg.)	10	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	5	0.00	0.00	0.00	0.00	165.00	0.00	0.00
The Clubhouse Lunch Academy 4:1 Cheese Quesadilla :28547 - ServingDate: 03/16/2020								
Cheese Quesadilla - COR2022 (1 each quesadilla)	50	424.00	23.00	11.00	0.00	1045.99	35.00	18.00
Chicken Caesar Salad - COR1206 (1 ea.)	0	310.10	9.67	3.00	0.00	980.68	30.00	28.02
Sweet and Sour Chicken, popcorn chicken, sauce - COR2001 (12 piece)	40	297.69	14.40	2.77	0.00	591.11	25.68	15.88
Turkey & Cheese Flatbread - COR2126 (1 serving)	9	332.50	16.25	6.75	0.00	1012.50	28.75	19.25
Fried Rice - COR2048 (2/3 c.)	40	83.07	0.34	0.00	0.00	299.70	17.20	3.05
Applesauce - COR1173 (1/2 c.)	50	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Orange Wedges - COR1172 (4 slice or w)	50	45.12	0.12	0.01	0.00	0.00	11.28	0.90
100% Apple Juice - SR1204 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Baby Carrots - COR1259 (1 #8 scoop)	50	25.61	0.10	0.02	0.00	57.06	6.03	0.47
Celery Sticks - COR1258 (6 stick (4")	20	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Mexican Black Beans, salsa and black beans - COR2183 (1/2 c.)	0	99.85	0.00	0.00	0.00	202.96	18.22	6.74
Salad Mix with Romaine - COR1023 (1 c.)	20	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Chocolate Skim Milk - COR1153 (1 Half Pint)	80	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	20	110.00	2.50	1.50	0.00	130.00	13.00	8.00

Menu Calendar Nutrient Analysis Report - March, 2020

Site: Academy Endeavor Elementary School

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
The Clubhouse Lunch Academy 4:1 Cheese Quesadilla :28547 - ServingDate: 03/16/2020								
Ranch Dressing - COR1403 (1 tbsp.)	80	56.90	5.69	1.03	0.00	129.31	0.52	0.52
Italian Dressing - COR1024 (1 tbsp.)	5	5.00	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup - COR1861 (1 tbsp.)	10	16.00	0.00	0.00	0.00	190.00	4.00	0.00
Potato Chips - COR1022 (1 pkg.)	9	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	5	0.00	0.00	0.00	0.00	165.00	0.00	0.00
The Clubhouse Lunch Academy 4:2 Cheese Pizza, Popcorn Chicken Bowl :28547 - ServingDate: 03/17/2020								
Cheese Pizza - COR1209 (1 slice)	0	274.59	9.40	4.87	0.00	680.04	35.34	14.68
Cheese and Yogurt Plate w/Blueberry Muffin - COR1438 (1 ea.)	40	417.20	11.09	2.56	0.00(M)	643.12	64.62	16.64
Popcorn Chicken Bowl w/canned potatoes - COR1217 (1 ea.)	0	392.23	18.07	5.40	0.00	928.77	37.77	17.54
Ham & Cheese Sandwich - COR2093 (1 ea.)	10	231.01	7.53	2.50	0.00	720.03	30.05	12.65
Breadstick - SR1044 (1 breadstick)	0	80.00	1.00	0.00	0.00	95.00	14.00	3.00
Diced Pears in Lime Jello - COR2053 (1/2 c.)	0	93.33	0.00	0.00	0.00	182.02	15.17	2.83
Mixed Fruit - COR1262 (1/2 c.)	50	59.05	0.00	0.00	0.00	5.13	15.22	0.59
Nectarines - COR1269 (2 small (1-1)	50	72.00	0.48	0.00	0.00	0.00	15.82	1.50
100% Apple Juice - SR1204 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Baked Fries - COR1038 (1/2 c.)	10	130.06	4.50	0.50	0.00	160.07	21.01	2.00
Broccoli Florets - COR1260 (1/2 c.)	5	12.96	0.12	0.01	0.00	10.69	2.15	0.91

Menu Calendar Nutrient Analysis Report - March, 2020

Site: Academy Endeavor Elementary School

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
The Clubhouse Lunch Academy 4:2 Cheese Pizza, Popcorn Chicken Bowl :28547 - ServingDate: 03/17/2020								
Cauliflower - COR1031 (1/2 c.)	5	15.12	0.00	0.00	0.00	15.12	2.52	1.01
Salad Mix with Romaine - COR1023 (1 c.)	20	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Chocolate Skim Milk - COR1153 (1 Half Pint)	80	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	20	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (1 tbsp.)	5	9.00	0.00	0.00	0.00	92.50	2.25	0.00
Ranch Dressing - COR1403 (1 tbsp.)	80	56.90	5.69	1.03	0.00	129.31	0.52	0.52
Italian Dressing - COR1024 (1 tbsp.)	5	5.00	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup - COR1861 (1 tbsp.)	10	16.00	0.00	0.00	0.00	190.00	4.00	0.00
Potato Chips - COR1022 (1 pkg.)	10	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	5	0.00	0.00	0.00	0.00	165.00	0.00	0.00
The Clubhouse Lunch Academy 4:3 Corn Dog, Grilled Cheese :28547 - ServingDate: 03/18/2020								
Corn Dog - SR1023 (1 corn dog)	50	240.00	8.00	2.50	0.00	390.00	30.00	9.00
Grilled Cheese Sandwich - COR1224 (1 sandwich)	0	290.00	15.50	7.50	0.00	1025.00	28.00	11.50
Italian Sub - COR1357 (1 ea.)	20	352.43	17.48	6.68	0.00(M)	1116.00	33.56	18.07
Salad Entree, Garden, Romaine, RECIPE - COR2014 (1 ea.)	1	139.17	7.83	2.92	0.00	152.22	7.20	9.37
Dinner Roll - COR1232 (1 roll.)	30	163.90	3.90	0.32	0.00(M)	289.94	29.57	4.49
Orange Wedges - COR1172 (4 slice or w)	50	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Pears - COR1175 (1/2 c.)	50	65.00	0.00	0.00	0.00	10.83	15.17	0.00

Menu Calendar Nutrient Analysis Report - March, 2020

Site: Academy Endeavor Elementary School

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
The Clubhouse Lunch Academy 4:3 Corn Dog, Grilled Cheese :28547 - ServingDate: 03/18/2020								
100% Apple Juice - SR1204 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Tomato Soup - COR1223 (3/4 c.)	0	36.58	0.46	0.23	0.00	189.25	7.32	0.46
Baby Carrots - COR1259 (1 #8 scoop)	50	25.61	0.10	0.02	0.00	57.06	6.03	0.47
Celery Sticks - COR1258 (6 stick (4")	20	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Potato Smile Fries - COR1436 (4 ea.)	0	133.41	4.62	0.51	0.00	184.72	20.52	2.05
Salad Mix with Romaine - COR1023 (1 c.)	20	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Ranch Dressing - COR1403 (1 tbsp.)	80	56.90	5.69	1.03	0.00	129.31	0.52	0.52
Italian Dressing - COR1024 (1 tbsp.)	5	5.00	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup - COR1861 (1 tbsp.)	10	16.00	0.00	0.00	0.00	190.00	4.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	5	0.00	0.00	0.00	0.00	165.00	0.00	0.00
The Clubhouse Lunch Academy Mar 30 Cheese Quesadilla :28547 - ServingDate: 03/30/2020								
Cheese Quesadilla - COR2022 (1 each quesadilla)	40	424.00	23.00	11.00	0.00	1045.99	35.00	18.00
Chicken Caesar Salad - COR1206 (1 ea.)	0	310.10	9.67	3.00	0.00	980.68	30.00	28.02
Sweet and Sour Chicken, popcorn chicken, sauce - COR2001 (12 piece)	40	297.69	14.40	2.77	0.00	591.11	25.68	15.88

Menu Calendar Nutrient Analysis Report - March, 2020

Site: Academy Endeavor Elementary School

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
The Clubhouse Lunch Academy Mar 30 Cheese Quesadilla :28547 - ServingDate: 03/30/2020								
Turkey & Cheese Flatbread - COR2126 (1 serving)	19	332.50	16.25	6.75	0.00	1012.50	28.75	19.25
Fried Rice - COR2048 (2/3 c.)	40	83.07	0.34	0.00	0.00	299.70	17.20	3.05
Applesauce - COR1173 (1/2 c.)	50	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Orange Wedges - COR1172 (4 slice or w)	50	45.12	0.12	0.01	0.00	0.00	11.28	0.90
100% Apple Juice - SR1204 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Baby Carrots - COR1259 (1 #8 scoop)	50	25.61	0.10	0.02	0.00	57.06	6.03	0.47
Celery Sticks - COR1258 (6 stick (4")	20	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Mexican Black Beans, salsa and black beans - COR2183 (1/2 c.)	0	99.85	0.00	0.00	0.00	202.96	18.22	6.74
Salad Mix with Romaine - COR1023 (1 c.)	20	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Chocolate Skim Milk - COR1153 (1 Half Pint)	80	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	20	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Ranch Dressing - COR1403 (1 tbsp.)	80	56.90	5.69	1.03	0.00	129.31	0.52	0.52
Italian Dressing - COR1024 (1 tbsp.)	5	5.00	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup - COR1861 (1 tbsp.)	5	16.00	0.00	0.00	0.00	190.00	4.00	0.00
Potato Chips - COR1022 (1 pkg.)	19	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	5	0.00	0.00	0.00	0.00	165.00	0.00	0.00
The Clubhouse Lunch Academy 2:2 Grilled Cheese w/Tomato Soup :28547 - ServingDate: 03/31/2020								
Cheeseburger - COR1194 (1 burger)	0	312.80	11.30	4.60	0.00	648.30	31.90	16.20

Menu Calendar Nutrient Analysis Report - March, 2020

Site: Academy Endeavor Elementary School
 Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
The Clubhouse Lunch Academy 2:2 Grilled Cheese w/Tomato Soup :28547 - ServingDate: 03/31/2020								
Grilled Cheese Sandwich - COR1224 (1 sandwich)	70	290.00	15.50	7.50	0.00	1025.00	28.00	11.50
Cheese and Yogurt Plate w/Blueberry Muffin - COR1438 (1 ea.)	10	417.20	11.09	2.56	0.00(M)	643.12	64.62	16.64
Ham & Cheese Sandwich - COR2093 (1 ea.)	10	231.01	7.53	2.50	0.00	720.03	30.05	12.65
Apples - COR1263 (1 small (2-3))	50	81.28	0.25	0.04	0.00	1.45	20.05	0.38
Mixed Fruit - COR1262 (1/2 c.)	50	59.05	0.00	0.00	0.00	5.13	15.22	0.59
100% Apple Juice - SR1204 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Baked Fries - COR1038 (1/2 c.)	0	130.06	4.50	0.50	0.00	160.07	21.01	2.00
Broccoli Florets - COR1260 (1/2 c.)	5	12.96	0.12	0.01	0.00	10.69	2.15	0.91
Tomato Soup - COR1223 (3/4 c.)	70	36.58	0.46	0.23	0.00	189.25	7.32	0.46
Cauliflower - COR1031 (1/2 c.)	5	15.12	0.00	0.00	0.00	15.12	2.52	1.01
Salad Mix with Romaine - COR1023 (1 c.)	20	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Chocolate Skim Milk - COR1153 (1 Half Pint)	80	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	20	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Ranch Dressing - COR1403 (1 tbsp.)	80	56.90	5.69	1.03	0.00	129.31	0.52	0.52
Italian Dressing - COR1024 (1 tbsp.)	5	5.00	0.00	0.00	0.00	140.00	1.50	0.00
Ketchup - COR1861 (1 tbsp.)	5	16.00	0.00	0.00	0.00	190.00	4.00	0.00
Potato Chips - COR1022 (1 pkg.)	10	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	5	0.00	0.00	0.00	0.00	165.00	0.00	0.00

Legend

Menu Calendar Nutrient Analysis Report - March, 2020

Site: Academy Endeavor Elementary School
Date: 03/01/2020 - 03/31/2020

(M) - Missing Nutrient Values

Report Selections

Meal Type: Lunch
Site Group: The Clubhouse
Menu Line: CH-Main Event (II-Play)
Serving Group: K-5
Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.