

Menu Calendar Report - March, 2020

Generated on: 2/10/2020 2:02:29 PM by Emily de Graaf

Site: Academy Endeavor Elementary School

Meal Type: Lunch

Site Group: The Clubhouse

Menu Line: CH-Main Event (II-Play)

Monday		Tuesday		Wednesday		Thursday		Friday	
	2 Mar		3 Mar		4 Mar		5 Mar		6 Mar
Cheese Quesadilla (35.00 g)		Cheeseburger (31.90 g)		Corn Dog (30.00 g)		Cheese Pizza (35.34 g)		Chicken Nachos (21.43 g)	
Chicken Caesar Salad (30.00 g)		Grilled Cheese Sandwich (28.00 g)		Italian Sub (33.56 g)		Munchable: Cinnamon Roll (59.64 g)		Meatball Sub on Sub roll (45.56 g)	
Sweet and Sour Chicken, popcorn chicken, sauce (25.68 g)		Cheese and Yogurt Plate w/Blueberry Muffin (64.62 g)		Salad Entree, Garden, Romaine, RECIPE (7.20 g)		Popcorn Chicken Bowl w/canned potatoes (37.77 g)		Strawberry & Granola Granola Yogurt Parfait (60.41 g)	
Turkey & Cheese Flatbread (28.75 g)		Ham & Cheese Sandwich (30.05 g)		Spaghetti w/Beef Meatballs & Spaghetti Sauce (50.07 g)		Turkey & Cheese Sandwich (28.75 g)		Sunbutter & Jelly Sandwich (61.07 g)	
Fried Rice (17.20 g)		Apples (20.05 g)		Garlic Ripstick Breadstick (14.24 g)		Breadstick (14.00 g)		Apples (20.05 g)	
Applesauce (14.38 g)		Mixed Fruit (15.22 g)		Dinner Roll (29.57 g)		Bananas (26.95 g)		Pineapple Tidbits (15.63 g)	
Orange Wedges (11.28 g)		100% Apple Juice (14.00 g)		Orange Wedges (11.28 g)		Diced Peaches (15.17 g)		100% Apple Juice (14.00 g)	
100% Apple Juice (14.00 g)		Baked Fries (21.01 g)		Diced Pears (15.17 g)		100% Apple Juice (14.00 g)		Broccoli Florets (2.15 g)	
Baby Carrots (6.03 g)		Broccoli Florets (2.15 g)		100% Apple Juice (14.00 g)		Cucumber Slices (2.08 g)		Cauliflower (2.52 g)	
Celery Sticks (1.92 g)		Tomato Soup (7.32 g)		Baby Carrots (6.03 g)		Garbanzo Beans (19.81 g)		Salad Mix with Romaine (2.91 g)	
Mexican Black Beans, salsa and black beans (18.22 g)		Cauliflower (2.52 g)		Celery Sticks (1.92 g)		Salad Mix with Romaine (2.91 g)		Chocolate Skim Milk (20.00 g)	
Salad Mix with Romaine (2.91 g)		Salad Mix with Romaine (2.91 g)		Potato Smile Fries (20.52 g)		Chocolate Skim Milk (20.00 g)		1% White Milk (13.00 g)	
Chocolate Skim Milk (20.00 g)		Chocolate Skim Milk (20.00 g)		Salad Mix with Romaine (2.91 g)		1% White Milk (13.00 g)		BBQ Sauce (2.25 g)	
1% White Milk (13.00 g)		1% White Milk (13.00 g)		Chocolate Skim Milk (20.00 g)		Ranch Dressing (0.52 g)		Ranch Dressing (0.52 g)	
Sugar Cookie (8.39 g)		Ranch Dressing (0.52 g)		1% White Milk (13.00 g)		Italian Dressing (1.50 g)		Italian Dressing (1.50 g)	
Ranch Dressing (0.52 g)		Italian Dressing (1.50 g)		Ranch Dressing (0.52 g)		Ketchup (4.00 g)		Potato Chips (8.00 g)	
Italian Dressing (1.50 g)		Ketchup (4.00 g)		Italian Dressing (1.50 g)		Potato Chips (8.00 g)		Salsa (3.00 g)	
Ketchup (4.00 g)		Potato Chips (8.00 g)		Ketchup (4.00 g)		Yellow Mustard			
Potato Chips (8.00 g)		Yellow Mustard		Potato Chips (8.00 g)					
Yellow Mustard				Yellow Mustard					
	9 Mar		10 Mar		11 Mar		12 Mar		13 Mar
Cheeseburger (31.90 g)		Crispy Chicken Sandwich (42.00 g)		Chicken in Gravy & Mashed Potatoes (21.27 g)		Macaroni & Cheese w/Chicken Nuggets (53.41 g)			
Cheesy Breadsticks w/Italian Sauce (35.74 g)		French Toast & Baked Ham (42.10 g)		Pepperoni Pizza (35.34 g)		Cheese Pizza Munchable (34.87 g)			
Ham & Cheese Flatbread (30.05 g)		Strawberry & Granola Granola Yogurt Parfait (60.41 g)		Salad Entree, Garden, Romaine, RECIPE (7.20 g)		Cheddar BBQ Chicken Sandwich (46.50 g)			
Chicken Caesar Salad (30.00 g)		Turkey & Cheese Sandwich (28.75 g)		American Combo Sub (34.74 g)		Ham & Cheese Sandwich (30.05 g)			
Applesauce (14.38 g)		Baked Cinnamon Raisin Apples (26.35 g)		Dinner Roll (29.57 g)		Apple Slices, canned, unsweetened (11.34 g)			
Orange Wedges (11.28 g)		Plums (13.57 g)		Apples (20.05 g)		Bananas (26.95 g)			
100% Apple Juice (14.00 g)		Mixed Fruit (15.22 g)		Diced Pears (15.17 g)		100% Apple Juice (14.00 g)			
Baked Fries (21.01 g)		100% Apple Juice (14.00 g)		100% Apple Juice (14.00 g)		Green Beans (4.33 g)			
Baby Carrots (6.03 g)		Broccoli Florets (2.15 g)		Baby Carrots (6.03 g)		Kidney Beans (25.97 g)			
Celery Sticks (1.92 g)		Cauliflower (2.52 g)		Celery Sticks (1.92 g)		Cucumber Slices (2.08 g)			
Salad Mix with Romaine (2.91 g)		Potato Smile Fries (20.52 g)		Corn (13.00 g)		Potato Smile Fries (20.52 g)			
Chocolate Skim Milk (20.00 g)				Salad Mix with Romaine (2.91 g)					

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9 Mar	10 Mar	11 Mar	12 Mar	
1% White Milk (13.00 g) BBQ Sauce (2.25 g) Ranch Dressing (0.52 g) Italian Dressing (1.50 g) Ketchup (4.00 g) Potato Chips (8.00 g) Yellow Mustard	Salad Mix with Romaine (2.91 g) Chocolate Skim Milk (20.00 g) 1% White Milk (13.00 g) BBQ Sauce (2.25 g) Ranch Dressing (0.52 g) Italian Dressing (1.50 g) Ketchup (4.00 g) Potato Chips (8.00 g) Yellow Mustard Pancake & Waffle Syrup (26.00 g)	Chocolate Skim Milk (20.00 g) 1% White Milk (13.00 g) Ranch Dressing (0.52 g) Ice Cream Cup (14.00 g) Italian Dressing (1.50 g) Ketchup (4.00 g) Potato Chips (8.00 g) Yellow Mustard	Salad Mix with Romaine (2.91 g) Chocolate Skim Milk (20.00 g) 1% White Milk (13.00 g) BBQ Sauce (2.25 g) Ranch Dressing (0.52 g) Italian Dressing (1.50 g) Ketchup (4.00 g) Potato Chips (8.00 g) Yellow Mustard	
16 Mar	17 Mar	18 Mar	19 Mar	20 Mar
Cheese Quesadilla (35.00 g) Chicken Caesar Salad (30.00 g) Sweet and Sour Chicken, popcorn chicken, sauce (25.68 g) Turkey & Cheese Flatbread (28.75 g) Fried Rice (17.20 g) Applesauce (14.38 g) Orange Wedges (11.28 g) 100% Apple Juice (14.00 g) Baby Carrots (6.03 g) Celery Sticks (1.92 g) Mexican Black Beans, salsa and black beans (18.22 g) Salad Mix with Romaine (2.91 g) Chocolate Skim Milk (20.00 g) 1% White Milk (13.00 g) Ranch Dressing (0.52 g) Italian Dressing (1.50 g) Ketchup (4.00 g) Potato Chips (8.00 g) Yellow Mustard	Cheese Pizza (35.34 g) Cheese and Yogurt Plate w/Blueberry Muffin (64.62 g) Popcorn Chicken Bowl w/canned potatoes (37.77 g) Ham & Cheese Sandwich (30.05 g) Breadstick (14.00 g) Diced Pears in Lime Jello (15.17 g) Mixed Fruit (15.22 g) Nectarines (15.82 g) 100% Apple Juice (14.00 g) Baked Fries (21.01 g) Broccoli Florets (2.15 g) Cauliflower (2.52 g) Salad Mix with Romaine (2.91 g) Chocolate Skim Milk (20.00 g) 1% White Milk (13.00 g) Ranch Dressing (0.52 g) BBQ Sauce (2.25 g) Ranch Dressing (0.52 g) Italian Dressing (1.50 g) Ketchup (4.00 g) Potato Chips (8.00 g) Yellow Mustard	Corn Dog (30.00 g) Grilled Cheese Sandwich (28.00 g) Italian Sub (33.56 g) Salad Entree, Garden, Romaine, RECIPE (7.20 g) Dinner Roll (29.57 g) Orange Wedges (11.28 g) Diced Pears (15.17 g) 100% Apple Juice (14.00 g) Tomato Soup (7.32 g) Baby Carrots (6.03 g) Celery Sticks (1.92 g) Potato Smile Fries (20.52 g) Salad Mix with Romaine (2.91 g) Chocolate Skim Milk (20.00 g) 1% White Milk (13.00 g) Ranch Dressing (0.52 g) Italian Dressing (1.50 g) Ketchup (4.00 g) Potato Chips (8.00 g) Yellow Mustard		
23 Mar	24 Mar	25 Mar	26 Mar	27 Mar

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Monday		Tuesday		Wednesday		Thursday		Friday	
	30 Mar		31 Mar		1 Apr		2 Apr		3 Apr
	Cheese Quesadilla (35.00 g)		Cheeseburger (31.90 g)						
	Chicken Caesar Salad (30.00 g)		Grilled Cheese Sandwich (28.00 g)						
	Sweet and Sour Chicken, popcorn chicken, sauce (25.68 g)		Cheese and Yogurt Plate w/Blueberry Muffin (64.62 g)						
	Turkey & Cheese Flatbread (28.75 g)		Ham & Cheese Sandwich (30.05 g)						
	Fried Rice (17.20 g)		Apples (20.05 g)						
	Applesauce (14.38 g)		Mixed Fruit (15.22 g)						
	Orange Wedges (11.28 g)		100% Apple Juice (14.00 g)						
	100% Apple Juice (14.00 g)		Baked Fries (21.01 g)						
	Baby Carrots (6.03 g)		Broccoli Florets (2.15 g)						
	Celery Sticks (1.92 g)		Tomato Soup (7.32 g)						
	Mexican Black Beans, salsa and black beans (18.22 g)		Cauliflower (2.52 g)						
	Salad Mix with Romaine (2.91 g)		Salad Mix with Romaine (2.91 g)						
	Chocolate Skim Milk (20.00 g)		Chocolate Skim Milk (20.00 g)						
	1% White Milk (13.00 g)		1% White Milk (13.00 g)						
	Ranch Dressing (0.52 g)		Ranch Dressing (0.52 g)						
	Italian Dressing (1.50 g)		Italian Dressing (1.50 g)						
	Ketchup (4.00 g)		Ketchup (4.00 g)						
	Potato Chips (8.00 g)		Potato Chips (8.00 g)						
	Yellow Mustard		Yellow Mustard						

Carbohydrate values in grams follow the Menu Item name