

Forest Grove High School

CROSSROADS CAFE

October 2019

FAST TAKES

Grab & Go Deli Sub & Wrap Options: Turkey & Cheese, Ham & Cheese, American, Tuna, and PB & Jelly Sandwiches

Daily Salad Options: Chef Salad, Crispy Chicken, And Chicken Caesar
All salads offered w/Roll

Made-to-Order Deli & Vegetarian Sandwiches also offered
All Grab & Gos offered with a variety of Fruits and Vegetables

DELI

CHOPSTICKS

MONDAY	Teriyaki Beef & Broccoli
TUESDAY	Dragon Fire Chicken
WEDNESDAY	Tangy Teriyaki Chicken
THURSDAY	Dragon Fire Beef
FRIDAY	Zesty Orange Chicken
EVERYDAY	Served with Stir-Fry Vegetables and steamed Brown Rice or Wheat Noodles & unlimited garden bar

SALSA

EVERYDAY CHOICES

Build to order Mexican Favorites
Served with choice of Spanish brown rice, beans, or corn and unlimited garden bar

Choice of Chicken, Refried Pinto Beans, Pork Carnitas, Seasoned Ground Beef, and Spicy Jalapeno Cheese Sauce on Whole Grain Corn Tortilla Chips or Whole Grain Soft Tortilla Wrap

GRILL

Monday	Tuesday	Wednesday	Thursday	Friday
Bacon Cheeseburger	Corn Dog	Chicken Nuggets	Hot Dog	Pizza Burger

EVERYDAY CHOICES

Flame Broiled Cheeseburger, Traditional or Spicy Chicken Burger
Served with Baked Tater Tots Also includes milk, and unlimited garden bar

PIZZA

EVERYDAY CHOICES:

Cheese, Pepperoni and Daily Specialty Pizzas

Includes unlimited garden bar



Street Eatz: Beale Street BBQ!

Everyday Choices: The Classic BBQ Sandwich, The Carolinian BBQ Sandwich, Asian Sweet Chili BBQ Sandwich

Offered with choice of Baked Beans, Coleslaw, Ginger Carrot Salad, Pineapple Cucumber Salad

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FAVORITES 2	1 Chili & Chips	2 Cheesy Breadsticks & Marinara w/ Spinach Side Salad	3 Thai Coconut Curry w/ Steamed Rice	4 Thai Chicken Noodle Bowl w/ Cucumbers
7 Bean & Cheese Enchiladas w/ Aztec Corn	8 Korean Meatballs over Steamed Rice w/ Jicama & Cucumber Salad	9 Chili Cheese Dog w/ French Fries	10 BBQ Meatball Sub w/ Carolina Slaw	11 No School!
14 Breakfast Bowl w/ Toast	15 Chili Frito Pie w/ Garden Side Salad	16 Tater Tot Casserole w/ Caesar Side Salad	17 Chicken Potato Bowl w/ Roll	18 No School!
21 Beef & Cheese Tot'chos w/ Roll	22 Baja Fish Tacos w/ Spicy Slaw	23 Homemade Chicken Taquitos w/ Aztec Corn	24 Chicken & Waffles w/ Fruit Compote	25 Pulled Pork Nacho Bowl w/ Carolina Slaw
28 Pork Street Tacos w/ Cilantro Lime Rice & Black Beans	29 Loaded Bacon & Cheese Fries w/ Roll	30 Pork Pasole w/ Tortilla Chips and Chipotle Slaw	31 Chicken Ramen w/ Cucumbers	Meal Prices: Reduced: No Charge Paid: \$3.25