SAVOR THE FLAVOR ALL YEAR LONG

VIRTUAL DINING TOUR

by sodexo
Your dining experience is more than great food. It is a community experience centered on culinary expertise, fresh ingredients, healthy options, and a shared sense of environmental and social responsibility.

Join us to experience the comfort, convenience, outstanding food, and inviting atmosphere designed especially for you.

Your UM Crookston Dining Team
Meet the Team

Nedrick Price
General Manager

“Great relationships form around the table.”
Ned Price, GM Crookston Dining
Services Include:

• Food allergy management and support for new and/or current students
• Special diet accommodation requests
• Nutrition education and guidance
• Dining hall tours
• Healthy dorm cooking demonstrations
• Nutrition and wellness programming
• Sports nutrition
• Counseling
• And more!

QUESTIONS?
Contact Lexi at Alexa.Cournoyer@Sodexo.com
Let’s Have Some Fun

At Crookston Dining, food is the foundation for fun. Join us for weekly and monthly special events and promotions, like build-your-own dessert bars, restaurant style dining nights, and classic holiday feasts. We believe that relationships are strengthened around the table.
Limited Time Offers

• Meal time is about much more than just great food. It’s a chance to recharge, catch up with friends, and have fun! Exciting limited-time offers enhance the dining experience. Join us each month for events, giveaways, and special menus.

Pop Up Restaurants

• Dining halls are great, but every now and then we like to do something special. Pop-up restaurants transform dining locations into high-end restaurants serving a variety of cuisines. From steak to seafood to a create-your-own dessert bar, you’ll love all of our options.

Promotions

• Every week will bring new promotions and celebrations, including chances to win prizes, such as trips, gaming systems, or Amazon gift cards. Be on the lookout for event calendars and a chance to win!
What is Mindful?
Sodexo’s health & wellness approach that helps you make healthy choices second nature.

- **FILL UP** with less calories, fat and sodium
- **EDUCATION MATERIALS** to live healthier
- **WELLNESS TOOLS** that track your foods and activity

Learn more about everything Mindful offers you at Mindful.Sodexo.com

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**Bite**

Quickly filter menus by attributes and calorie level
Get full nutritional details

**FIND YOUR PERFECT BITE.**

- **fitbit**
- **quickly log items to your Fitbit® diary**

Highlight allergens of concern to you
Bite gives you the power to find just what suits your taste.

Download our Bite App today and make it yours.
RESIDENT DINING

BROWN DINING HALL
Homemade cookies, cakes, bars and pastries, plus ice cream and festive seasonal treats.

Selection of leafy greens, freshly prepared vegetables, toppings and house made dressings, sourced from local farms whenever possible. Our made-from-scratch soups rotate daily.

Hand-tossed pizza favorites and homemade Marinara and Alfredo Sauces top your choice of pastas.

My Zone is a gluten-free, peanut and tree-nut free pantry area reserved for people with allergies and other special dietary needs.

Excite your palette with authentic ethnic cuisines and comfort foods with a modern twist.

Homemade cookies, cakes, bars and pastries, plus ice cream and festive seasonal treats.
Local, Sustainable.

We purchase locally whenever possible for the freshest ingredients in our recipes. We source 100% sustainable seafood, eggs from cage-free chickens, ethically and responsibly sourced coffee, and fresh milk from local dairy farms.
CAMPUS DINING LOCATIONS

PAYMENTS ACCEPTED
  Eagle Bucks
  Cash
  Credit Card

Evergreen Grill
Regal’s
Eagle’s Landing
Eat Smart. Get a plan.

### RESIDENT PLANS

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<th>MEAL PLAN</th>
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### COMMUTER PLANS

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*All prices are per semester

Eagle Bucks/Flex Dollars

Eagle Bucks (dollar value placed onto your UMC Student ID Card) and additional Flex Dollars (meal plan points) may be purchased ($20 minimum) at any time. There is no sales tax (6.875%) charged to students when Eagle Bucks are used in any of the UMC food venues. Flex Dollars and Eagle Bucks balances will carry over from the fall to the spring semester. Flex dollars do not carry over to the next school year.

Sign up today.

To purchase a meal plan simply contact Ned Price at (218) 281-8538 or nedrick.price@Sodexo.com

For additional meal plan questions visit our FAQ’s page on our website: crookston.sodexomyway.com
WE'RE HIRING!

Looking for a great part-time gig with flexible hours and free meals? Want to have fun while you work? Then this job is what you’ve been looking for!

Contact Us Today

Tel. 218.281.8538
Email Nedrick.Price@Sodexo.com
The Campus Intern program helps drive student participation and engagement in University promotional events and is a fun and exciting way to connect with peers across campus.