

MEAL EXCHANGE

BY DINING LOCATION



Farmhouse Breakfast

1. Eggs to Order or Omelette
2. Pancakes, French Toast or Hash Browns
3. Bacon or Sausage
4. Coffee, Fountain Beverage or 2 ½ Pint Milks

Soup – Pick 4

1. 16 oz. Soup of the Day w/ Bread
2. Bagged Chips
3. Fresh Baked Cookie or Hand fruit
4. Fountain Beverage or 2 ½ Pint Milks

Featured Bowl (Fire and Ice/M&C) – Pick 3

1. Featured Bowl
2. Fresh Baked Cookie or Hand fruit
3. Fountain Beverage or 2 ½ Pint Milks

Grilled – Pick 4

1. Choice of Sandwich or Tenders Basket
2. Fries
3. Fresh Baked Cookie or Hand fruit
4. Fountain Beverage or 2 ½ Pint Milks

Simply to Go – Pick 4

1. Choice of Simply to Go Black Label Sandwich, Wrap, or Salad
2. Bagged Chips
3. Fresh Baked Cookie or Hand fruit
4. Fountain Beverage or 2 ½ Pint Milks

Taqueria – Pick 4

1. 2 Tacos
2. Rice & Beans
3. Fresh Baked Cookie or Hand fruit
4. Fountain Beverage or 2 ½ Pint Milks

Farmer's Field – Pick 3

1. Featured Pre-packaged Salad of the Day
2. Fresh Baked Cookie or Hand fruit
3. Fountain Beverage or 2 ½ Pint Milks



Golden Knights Grill – Pick 4

1. Choice of Sandwich or Tenders Basket
2. Fries
3. Fresh Baked Cookie or Hand fruit
4. Fountain Beverage or 2 ½ Pint Milks



BBQ Nation – Pick 3

1. Smoked Pork Shoulder, Pulled Chicken Thighs, or Italian Sausage w/ Cornbread or Burger Bun
2. Choice of Side
3. Fountain Beverage or 2 ½ Pint Milks



Foothills Pizza – Pick 3

1. 1 Giant Slice of Pizza or 6" Toasted Sub
2. Fresh Baked Cookie or Hand Fruit
3. Fountain Beverage or 2 ½ Pint Milks



Subway – Pick 3

1. Ham, Turkey, Chicken Breast, Tuna, veggie patty or Meatball served in a 6" Sub Roll or on a Salad
2. Bagged Chips
3. Medium Fountain Beverage



Handcrafted – Pick 4

1. Handcrafted Sandwich or Wrap w/ Pickle or Black Label Simply to Go Wrap/Sandwich
2. Kettle Chips
3. Fresh Baked Cookie or Hand Fruit
4. Canned Beverage or Small Bottled Juice



Concrete Café—Pick 3

Breakfast

1. Bagel, Muffin, Oatmeal or Cereal w/ Milk
2. Yogurt Parfait, Fruit cup or Hand Fruit
3. Small Coffee, Small Bottled Juice or 2 ½ Pint Milks

Concrete Café—Pick 3

Lunch

1. Simply to Go Black Label Salad/Sandwich or Chili/Soup
2. Fresh Baked Cookie or Hand Fruit
3. Canned Beverage or Small Juice



Healthy Pantry—Pick 3

1. Simply to Go Black Label Salad/Sandwich or Chili/Soup
2. Fresh Baked Cookie or Hand Fruit
3. Canned Beverage or Small Juice



**One Meal Swipe in RoBro
= All You Care to Eat**

