



**SANDWICHES (W/ 1 SIDE) 6.59      ENTREES, SUBS & WRAPS (W/ 1 SIDE) 7.49**

ALL SANDWICHES, SUBS AND WRAPS COME WITH CHOICE OF ONE SIDE; FRENCH FRIES, ONION RINGS, APPLE, SIDE SALAD OF THE DAY, OR CHIPS

**GRILLED CHICKEN PANINI | 650 CAL**

Grilled Chicken, Applewood Bacon, Smoked Mozzarella, Tomatoes & Chipotle Mayo on Panini Bread

**BUFFALO FINGER WRAP | 657 CAL**

Crispy Chicken Fingers laced with Buffalo Sauce and wrapped in a Flour Tortilla with Lettuce & Tomato

**CHIPOTLE BBQ CHICKEN MELT | 485 CAL**

Pulled BBQ Chicken with Applewood smoked Bacon, Cheddar Cheese & Chipotle Mayo on a Bulkie Roll

**CLASSIC BLT | 336 CAL**

Crispy Bacon, Lettuce and Tomato on your choice of White or Wheat

**GREEK CHICKEN GRAIN BOWL | 450 CAL** 

Grilled Chicken, Quinoa, Tomatoes, Cucumbers, Red Onions, Kalamata Olives, Feta Cheese, Romaine & Spinach with Dijon Vinaigrette

**CALIFORNIA PANINI | 391 CAL** 

Turkey, Guacamole, Tomato & Spinach on your choice of Panini Bread

**SMOKED TURKEY WALDORF MELT | 604 CAL**

Smoked Turkey, Crispy Bacon, Craisins, Apples & Mayo served warm on Toasted Sourdough with Melted Cheddar

**CHICKEN BACON RANCH | 494 CAL**

Fried Chicken Cutlet topped with Bacon, Swiss, Lettuce, Tomato & Ranch Dressing on a Hamburger Bun

**GRILLED VEGETABLE WRAP | 520 CAL**  

Grilled Balsamic Vegetables, Lettuce, Tomato, Feta & Hummus in a Tortilla Wrap





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**THAI CHICKEN LETTUCE WRAP | 517 CAL**

Tender pieces of mildly spiced Chicken wrapped in Fresh Lettuce Leaves topped with Shredded Carrots

**WHITE MOUNTAIN TURKEY SANDWICH | 758 CAL **

Sliced Turkey, Arugula, Red Onion, Asiago Cheese & Chipotle Mayo on Honey Wheat Bread

**SALADS**

**6.99**

**ARTISAN SALAD | 417 CAL  **

Mixed Greens, Roasted Sweet Potatoes, Chickpeas, Quinoa, Sweet Peppers, Raisins & Broccoli in a Roasted Tomato Cumin Vinaigrette

**ASIAN SESAME SALAD | 468 CAL (CONTAINS NUTS) **

Crisp Romaine topped with Carrots, Cucumbers, Peppers, Almonds, Sesame Seeds, Wonton Crisps & Asian Sesame Dressing

**CRISPY CHICKEN FINGER SALAD | 584 CAL**

Crispy Chicken Fingers served on a bed of Mixed Greens & Garden Vegetables, Olives, Egg, Parmesan, Croutons & Honey Poppy Seed Dressing

- **ADD GRILLED CHICKEN TO ANY ENTREE FOR \$2.00**

2,000 calories a day is used for general nutrition advice, but calorie needs vary, Additional nutrition information available upon request

\*Most items may be adjusted to accommodate dietary restrictions ; please ask your server should you require an item that is gluten or dairy free

*\*Please be advised that consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions*

