

Product	Rice		Side			Main							Sauces						Toppings					
	Yellow Rice	White Rice	Tortilla	Pita Bread	Waffle Fries	Original Chicken	Korean BBQ	Swine Meat	Spikey Korean Pork	Impossible Meat	Tofu	Korean Fried Chicken	White Sauce	Green Sauce	Hot Sauce	BBQ Sauce	BBQ Sauce	BBQ Sauce	Soy Cilantro & Onions	Salsa	Letting Lettuce	Roasted Lettuce	Cucumber Kimchi	Corn
Quantity/ servings	8	8	1	2	4	1	1	1	1	1	1	1	1	1	0.5	1	1	1	1	1	2	2	1	1
Calories	220	200	180	70	150	60	70	170	70	60	50	360	35	25.0	5	60	90	70	35	5	10	10	30	45
Calories from Fat	20	0	40	15	150	40	40	110	40	30	5	100	20	15.0	0	50	35	0	0	0	0	0	30	20
Carbs (g)	47	47	51	11	47	0	5	6	2	2.5	4.5	176	4	3.5	2	5	8	18	7	1.5	2	2	2.5	6
Protein (g)	4	4	8	2	4	8	9	7	5	5	2	43	1	0.0	0	0	0	0	1	0	0	0.5	0.5	0.5
Fats (g)	1.5	0	7	2	16	5	3.5	13	4.5	5	2	22	2	3.0	0	6	2	0	0	0	0	0	1	2.5
Saturated Fat (g)	0	0	less than 5mg	0	less than 5mg	0	0	5	0	less than 5mg	0	5	0	0.0	0	0	0	0	0	0	0	0	0	0
Trans Fat (g)	0	0	0	0	0	0	0	0	0	0	0	0	0	0.0	0	0	0	0	0	0	0	0	0	0
Sugar (g)	0	0	0	less than 1g	0	0	0	less than 1g	1	0	1	36	2	0.0	less than 1g	less than 1g	5	18	6	less than 1g	1	less than 1g	1	less than 1g
Dietary Fiber (g)	0	0	2	less than 1g	4	0	0	less than 1g	0	less than 1g	less than 1g	6	0	0.0	0	0	0	0	less than 1g	0	0	1	less than 1g	less than 1g
Sodium (mg)	26	0	630	130	187	32	127	110	113	127	415	1225	551	150.0	33	118	148	290	507	13	9	4	40	117
Cholesterol (mg)	0	0	0	0	0	27	20	28	18	0	0	101	0	0.0	0	0	0	0	0	0	0	0	0	0
	-	-	Gluten	Dairy, Gluten	Gluten	-	Sesame	Gluten	Gluten, Sesame	Soy, Sesame, Potato Protein/Albumin	Soy, Soy, Sesame	Gluten & Sesame (if getting mayonnaise and/or hot sauce)	Dairy, Egg	Dairy, Egg	Gluten	Gluten, Egg, Sesame	Gluten, Sesame, Apple	-	Soy	-	-	-	Sesame	Egg, Sesame