

1 CHOOSE YOUR BAP



YELLOW RICE 240 CAL

Basmati, Turmeric, Cumin **GF**



WHITE RICE 220 CAL

Jasmine, Sesame Seed Oil **GF**



BROWN RICE 180 CAL

Whole Grain Brown Rice **GF**

2 CHOOSE YOUR TOPPINGS



LETTUCE 10 CAL

Shredded Iceberg **GF**



TOMATOES 5 CAL

Chopped Tomatoes **GF**



ONIONS 10 CAL

Chopped Onion **GF**



chicknbap



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chicknbap_binghamton

3 CHOOSE YOUR PROTEIN

GF Gluten-Free

NYC
STYLE

ORIGINAL CHICKEN 290 CAL

Cumin, Coriander GF

\$7.29

GYRO MEAT 330 CAL

Beef Based

\$7.29

COMBO 310 CAL

Original Chicken + Gyro Meat

\$7.79

KOREAN
STYLE

KOREAN BBQ CHICKEN 290 CAL

Soy, Ginger, Garlic

\$7.79

SPICY KOREAN CHICKEN 330 CAL

Gochujang, Soy, Garlic

\$7.79

KOREAN COMBO 310 CAL

Korean Chicken + Gyro Meat

\$8.29

MEATLESS

NO MEAT 20 CAL

Lettuce, Onion, Tomatoes, Pita

\$4.49



4 CHOOSE YOUR ADD-ONS



PITA BREAD 70 CAL

Pita Bread - 2 Pieces
+\$0.25

CILANTRO KIMCHI 50 CAL

Cilantro, Gochujang, Vinegar
+\$0.90

DOUBLE MEAT 280 - 330 CAL

Double any choice of meat
+\$2.99

5 CHOOSE YOUR SAUCES



Gluten-Free



Contains Dairy

*calories based on 1 oz pour

SAUCE

INGREDIENTS

FLAVOR PROFILE

NUTRITIONAL INFORMATION



WHITE

House Secret

Crowd Favorite - Creamy & Tangy

110 CAL



GREEN

Cilantro, Jalapeño, Garlic

For that Extra Kick - Fresh & Zesty

60 CAL



HOT

Habanero, Gochujang, Roasted Red Pepper

VERY SPICY - Fiery & Peppery

40 CAL



BBQ

Classic BBQ Sauce

Classic BBQ - Sweet & Tangy

50 CAL



BAP

Gochujang, Roasted Garlic, Mayo

LIMITED DAILY - Korean "Spicy Mayo"

150 CAL

