



Columns	Serving	Calories	Cal from Fat	Total fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Fiber (g)	Sugar (g)	Protein (g)	V/Vg?	Allergens	Column2
Lunch															
Fandango Burger	1 sandwich + 2oz chips	1270	720	80	26	2	130	2330	93	5	14	44		eggs, wheat, milk, soy	
Chicken Avocado Club Sandwich	1 sandwich	1030	540	60	17	0	170	1250	62	5	5	56		wheat, milk, soy, egg	
Grilled Chicken Caprese Sandwich	1 sandwich	610	180	20	8	0	100	1010	57	6	9	51		milk, wheat, soy	
Jail Island Salmon Salad	1 salad	710	390	43	8	0	80	210	50	7	40	33		fish	
Cesar Salad	1 salad	510	320	36	9	0	45	1270	35	4	5	15		eggs, milk, fish, soy, wheat	
add chicken	4oz	add 210	90	10	3	0	75	60	1	0	Contains less than 1g	27		soy	
French Fries	3oz	270	120	13	2	0	0	470	35	3	0	3	Vg	wheat	
Homemade Chips	2oz	300	170	19	2	0	0	600	31	2	0	4	Vg	wheat	
Breakfast															
Blueberry Yogurt Parfait		260	25	2.5	1	0	less than 5mg	140	56	5	31	7		milk, wheat, tree nuts	
Strawberry Yogurt Parfait		250	25	2.5	1	0	less than 5mg	140	54	5	28	7		milk, wheat, tree nuts	
Fruit Cup		60	0	0	0	0	0	5	16	1	14	less than 1g	Vg		
Red Apple		120	0	0	0	0	0	0	30	5	22	less than 1g	Vg		
Green Apple		120	0	0	0	0	0	0	30	5	22	less than 1g	Vg		
Banana		100	0	0	0	0	0	0	27	3	14	1	Vg		
Orange		60	0	0	0	0	0	0	15	3	12	1	Vg		
Chobani Yogurts		110-140	See labels for full nutrition and allergen information.												
SERRANO															
Menu Items															
Burrito		750-1,680 cal													
Burrito Bowl		440-1370cal													
Taco Salad		810-1740cal													
Tortillas															
12" white tortilla		310	80	9	3	0	0	820	51	2	1	7	Vg	wheat	
12" wheat tortilla		310	70	8	2	0	0	810	52	3	4	7	V	wheat	*contains sugar
Fried Taco Shell-white		370	140	16	4	0	0	820	51	2	1	7	Vg	wheat	
Fried Taco Shell-wheat		370	140	15	3	0	0	810	52	3	4	7	V	wheat	*contains sugar
Choose Rice															
150-400cal															
Brown Rice	4oz	200	20	2	0	0	0	10	44	2	less than 1g	5	Vg, NGI		
Cilantro Lime Rice	4oz	150	10	1	0	0	0	760	31	1	1	3	Vg, NGI		
Cilantro Lime Brown Rice	4oz	140	10	1	0	0	0	590	29	2	0	3	Vg, NGI		
Mexican Red Rice	4oz	400	140	15	1	0	0	490	64	3	4	7	Vg, NGI		
Choose Beans															
130-280															
Refried Beans	4oz	130	10	1.5	0	0	0	520	22	0	0	9	Vg, NGI		
Black Beans	4oz	280	60	7	0.5	0	0	790	26	6	2	9	Vg, NGI		
Choose Protein															
150-250															
Chicken Fajita Meat	3oz	190	50	5	1	0	80	560	12	4	1	25	NGI		
Charred Vegetables	3oz	150	130	14	2	0	0	470	6	2	4	2	Vg, NGI		
Carne Asada	3oz	240	120	13	3	0	40	690	8	5	less than 1g	21	NGI		
Pork Carnitas	3oz	250	170	19	7	0	70	520	1	0	0	17	NGI		
Tofu Koji	3oz	180	70	8	1	0	0	250	11	4	2	16	Vg, NGI	soy	
Choose Greens															
5															
Shredded Iceberg	1oz	5	0	0	0	0	0	0	less than 1g	0	0	0	Vg, NGI		
Mixed Field Greens	1oz	5	0	0	0	0	0	0	less than 1g	0	0	0	Vg, NGI		
Toppings															
0-430															
Shredded Cheese	1 tbsp	110	80	9	5	0	25	170	0	0	0	7	V, NGI	milk	
Sour Cream	1oz	60	50	5	3	0	15	10	1	0	less than 1g	less than 1g	V, NGI	milk	
Pico De Gallo	1oz	60	50	6	0	0	0	470	2	0.5	1	0	Vg, NGI		
Fire Roasted Tomato Sals	2oz	10	0	0	0	0	0	230	2	0	0	0	Vg, NGI		
Roasted Corn Salsa	1oz	30	20	2	0	0	0	710	4	1	1	less than 1g	Vg, NGI		
Mango Black Bean Salsa	1oz	20	0	0	0	0	0	450	5	less than 1g	3	less than 1g	Vg, NGI		
Salsa Verde	1oz	10	0	0	0	0	0	120	2	less than 1g	1	0	V, NGI	*could be Vg if sugar omitted or replaced	
Picante Sauce	1oz	10	0	0	0	0	0	250	2	1	1	0	Vg, NGI		
Chipotle Salsa	2oz	70	30	3.5	0	0	0	480	9	1	6	6	V, NGI	*could be Vg if sugar omitted or replaced	
Guacamole	1oz	50	50	5	1	0	0	170	2	1	1	less than 1g	V, NGI	*guac contains sugar	
Jalapeno	1 tbsp	0	0	0	0	0	0	0	less than 1g	0	0	0	Vg, NGI		
Cilantro	1 tbsp	0	0	0	0	0	0	0	0	0	0	0	Vg, NGI		
Side Orders															
Chips and Guac	4oz chips + 3oz guacamole	480	330	37	6	0	0	1460	38	3	4	5	V, NGI	*guac contains sugar	
Chips and Salsa	4oz chips + 3oz salsa	430	140	15	1.5	0	0	660	72	1	9	5	V, NGI		
Chips and Queso	4oz chips + 3oz queso	430	150	17	2	0	0	660	69	0	0	5	V, NGI	milk	
Elote	4oz	260	170	19	4	0	0	170	22	3	9	4	V, NGI	milk, eggs	
Tacos															
Chipotle Chicken	2 tacos	600	270	30	6	0	100	2010	53	8	6	34		wheat, soy, milk, eggs	
Chimichurri Carne Asada	2 tacos	660	360	40	8	0	50	2130	52	9	5	29		wheat, milk, may contain soy	
Pork Carnitas	2 tacos	610	340	38	12	0	90	1750	43	4	6	26		wheat, milk, soy, eggs	
Koji Tofu	2 tacos	460	170	19	3	0	0	1280	54	8	7	22	V	wheat, soy	
Churros															
Churros	3 churros	500	190	21	3	0	45	450	88	0	13	6	V	eggs, milk, soy, wheat	
w/ caramel sauce	3 churros + 3oz sauce	920	210	23	3	0	45	680	190	0	79	6	V	eggs, milk, soy, wheat	
w/ chocolate sauce	3 churros + 3oz sauce	860	320	35	17	0	45	700	148	3	67	9	V	eggs, milk, soy, wheat	