



the
Chenango Room

Daily Chenango Buffet

❖ *Includes all buffet items, salad bar, soup, and action station*

Full Buffet \$9.99

Buffet to Go \$7.99/lb.

•To go boxes are not provided for leftover food taken from the buffet

Soup

• *Roasted Garden Vegetable Soup* 

Cup: \$2.99 | 50 cal

Bowl: \$3.99 | 100 cal

• *Soup du Jour*

Cup: \$2.99 | 50-390 cal

Bowl: \$3.99 | 100-780 cal

• *Soup and Salad Lunch Combo*

Your choice of a cup of soup and a side Caesar salad or garden salad.

\$5.79 | 000 cal

Add Chicken \$3.09 | 210 cal

Add Salmon \$3.99 | 210 cal

2,000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional nutrition information available upon request.

Appetizers

• **Fried Green Beans** ^{new}

Crunch fried green beans served with Caesar dressing.

\$6.95 | 430 cal

• **Jalapeno Pepper Poppers** ^{new}

Lightly fried jalapeno peppers stuffed with extra sharp cheddar and served with a sweet Thai dipping sauce.

\$6.95 | 320 cal

• **Spinach and Artichoke Dip** ^{new} 

A creamy spinach and artichoke dip with shaved parmesan cheese, topped with diced tomatoes and scallions, and served with warm tri-colored tortilla chips.

\$7.95 | 960 cal

• **Chips and Salsa** ^{new} 

Warm tri-colored tortilla chips served with a side of salsa.

\$3.95 | 410 cal

• **Mediterranean Cold Plate** 

Roasted garlic hummus, marinated artichoke hearts, roasted red peppers, Greek country olive blend, feta cheese, and warm pita.

\$7.95 | 900 cal

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Salads

Add Chicken \$3.09 | 210 cal

Add Salmon \$3.99 | 210 cal

• *Chicken Spiedie Salad*

Grilled marinated chicken breast on romaine and spring mix tossed with spiedie dressing and topped with bacon, fried leeks, and tomato.
\$8.99 | 860 cal

• *Jail Island Salmon Salad*

The finest salmon from The Bay of Fundy, grilled and served on baby greens with diced mango and citrus vinaigrette.
\$8.99 | 710 cal

• *Citrus Spiced Lentil Salad* **VG** *new*

Fresh cooked lentils tossed with red peppers, onions, tomatoes, fresh herbs, and citrus vinaigrette.
\$7.99 | 340 cal

• *Caprese Salad* **V** *new*

Fresh sliced tomatoes, fresh mozzarella, and fresh basil drizzled with olive oil and balsamic glaze, served with a side of ciabatta.
\$7.99 | 600 cal

• *California Berry Salad* **V**

Spring mix with fresh blueberries and raspberries, diced avocado, candied walnuts, crumbled goat cheese, and orange turmeric vinaigrette.
\$7.99 | 600 cal

• *Caesar Salad*

Chopped romaine, parmesan cheese, and garlic croutons, tossed in a creamy Caesar dressing.
\$7.99 | 510 cal

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Burgers

All served with French fries (270 cal), homemade potato chips (300 cal), fresh fruit cup (100 cal), garden salad (70-280 cal), or Caesar salad (240 cal)

• **Chenango Fandango Burger**

Certified Angus beef topped with NY cheddar, peppered slab bacon, and crispy ranch shallots, piled high on a toasted brioche roll with lettuce, tomato, and a side of our chef's secret sauce.

\$9.99 | 970 cal

• **Grilled ½ Pound Angus Cheeseburger**

Certified Angus beef served on a toasted pretzel roll topped with American cheese, lettuce, tomato, and onion.

\$8.99 | 660 cal

• **Smoked Gouda Bouda Burger**

Certified ½ pound Angus beef with smoked gouda cheese, peppered slab bacon, a touch of our secret spice mix with Hungarian smoked paprika. Served on a toasted brioche roll with lettuce, tomato, and homemade onion rings.

\$9.99 | 850 cal

• **Saigon Turkey Burger**

Grilled seasoned turkey burger topped with Vietnamese slaw, spicy peanut-coconut sauce, garnished with tomato, green onion, and chopped peanuts served on a toasted wheat bun.

\$8.29 | 620 cal

• **Mediterranean Vegetable Burger**

Grilled Beyond Burger™ topped with a lemon-yogurt sauce, tomato-cucumber relish, and crisp romaine lettuce on a toasted whole wheat bun.

\$8.29 | 480 cal

***Gluten Free Rolls available upon request (230 cal)**

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Sandwiches and Wraps

All served with French fries (270 cal), homemade potato chips (300 cal), fresh fruit cup (100 cal), garden salad (70-280 cal), or Caesar salad (240 cal)

• **Chicken Caprese Sandwich**

Grilled chicken with plum tomatoes, fresh mozzarella cheese, arugula, and balsamic glaze on a multigrain roll or hearty grain tortilla.

\$7.99 | 610/550 cal

• **Fall Sage Chicken Sandwich**

Grilled chicken dressed with mayo, celery, scallions, and fresh sage on wheat berry bread or hearty grain tortilla with lettuce and tomato.

\$7.99 | 610/670 cal

• **Chicken Caesar Wrap** new

Grilled diced chicken breast, chopped romaine lettuce, croutons, and parmesan cheese wrapped in a hearty grain tortilla.

\$9.99 | 000 cal

• **Asian Chicken Wrap** new

Grilled diced chicken breast, chopped cabbage, carrots, and scallions tossed in an Asian dressing wrapped in a hearty grain tortilla.

\$7.99 | 380 cal

• **Tuna Salad Wrap**

Tuna salad, spring mix, fresh plum tomatoes, and diced red onions wrapped in a hearty grain tortilla.

\$7.99 | 330 cal

• **Grilled Vegetable Wrap**

Balsamic roasted vegetable and crisp romaine, wrapped in a hearty grain tortilla.

\$7.39 | 310 cal

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Sides

- **French Fries** 
\$2.59 | 440 cal
- **Homemade Potato Chips** 
\$2.59 | 600 cal
- **Fandango Sauce** 
\$0.49 | 90 cal
- **Seasonal Fresh Fruit Cup** 
\$2.99 | 100 cal
- **Garden Salad with Dressing** 
\$2.99 | 70-280 cal
- **Caesar Salad with Dressing**
\$2.99 | 240 cal

Beverages

- **Fountain Soda** 
\$2.00 | 0-140 cal
- **Fresh Brewed Iced Tea** 
\$2.00 | 0 cal
- **Naked Green Machine Boosted Smoothie** 
\$3.99 | 270 cal
- **Freshly Brewed Coffee** 
\$1.75 | 0 cal
- **Hot Tea** 
\$1.75 | 0 cal
- **Naked Blue Machine Boosted Smoothie** 
\$3.99 | 320 cal

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Desserts

• **Carrot Cake**  *new*

Carrot cake.

\$5.99 | 540 cal

• **Molten Chocolate Cake**  *new*

Molten chocolate cake.

\$5.99 | 520 cal

• **Cheesecake with Berry Glaze** 

Grandma Ramona's famous cheesecake is made with a delicious graham cracker crust and served with a side of fresh berry glaze.

\$4.99 | 550 cal

• **Peanut Butter Truffles** 

Peanut butter and chocolate cake combine flavors for a match made in heaven in this yummy treat.

\$4.99 | 470 cal

• **Trail Mix Parfait** 

Greek yogurt layered with crunchy trail mix and house made cherry compote.

\$4.99 | 310 cal

• **Old Fashioned Root Beer Float** 

Classic root beer float made with fountain root beer poured over French vanilla ice cream.

\$4.99 | 490 cal

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