

# The Chenango Room



## APPETIZERS

**SPINACH AND ARTICHOKE DIP**  
Shaved parmesan cheese, creamy spinach, chunks of artichokes, topped with tomatoes and scallions, served with warm tri-colored tortilla chips **7.99 | 960 cal**

**CHIPS AND SALSA**  
Served with tri-colored tortilla chips **3.99 | 410 cal**


**MEDITERRANEAN COLD PLATE**  
Roasted garlic hummus, marinated artichoke hearts, roasted red peppers, Greek country olive blend, feta cheese, and warm pita **7.99 | 900 cal**

**VEGETARIAN WINGS**   
Flavors: BBQ, Teriyaki, Medium, Chenango Fire. Ask about the wing sauce of the week! **8.99 | 770-920 cal**


**CHICKEN WINGS**  
Flavors: BBQ, Teriyaki, Medium, Chenango Fire. Ask about the wing sauce of the week! **8.99/lb | 1260-1490 cal**


**MOZZARELLA STICKS**   
Served with hot marinara sauce **6.99 | 550 cal**

## SALADS

**SOUTHWEST SALAD**   
Southwestern grilled chicken, romaine & spring mix, roasted corn, black beans, plum tomatoes, tortilla strips, served with cilantro-lime ranch dressing **8.99 | 310 cal**

**GRILLED SALMON**  
Wild caught salmon served on a bed of baby greens with diced mango, tossed in a citrus vinaigrette **9.99 | 710 cal**

**CHICKEN SPIEDIE ("SPEE•DEE") SALAD**   
Spiedie's Originated in Binghamton, NY!  
"Lupo's" marinated grilled chicken breast, romaine & spring mix tossed with Spiedie dressing, topped with bacon, fried leeks & tomato **8.99 | 860 cal**

**FRESH BERRY SALAD**   
Baby spinach, strawberries, blueberries, mandarin oranges, red onions, almonds, served with poppy seed vinaigrette **8.99 | 390 cal**

**CAESAR SALAD**  
Chopped romaine, parmesan cheese, garlic croutons, tossed in a creamy Caesar dressing **7.99 | 510 cal**

**FIESTA TACO SALAD**  
Iceberg lettuce, tomatoes, avocados, grilled peppers and onions, pepperjack cheese, olives, sour cream and salsa served in a fried tortilla bowl. Topped with your choice of Fajita beef, Fajita chicken, or tri-color beans **9.99 | 760-820 cal**

**ADD ON'S**  
Chicken **3.09 | 210 cal**  
Avocado **2.59 | 50 cal**  
Salmon **3.99 | 210 cal**

**DRESSINGS**  
Blush Wine Vinaigrette | **180 cal**  
Lite Balsamic Vinaigrette | **90 cal**  
Reduced Calorie Italian | **40 cal**  
Ranch | **135 cal**

Creamy Caesar | **135 cal**  
Honey Mustard | **195 cal**  
Bleu Cheese | **210 cal**  
French | **210 cal**

Thousand Island | **210 cal**  
Lemon Juice | **10 cal**  
Balsamic Vinegar | **30 cal**  
Balsamic Glaze | **40 cal**

## SANDWICHES AND WRAPS


Served with your choice of side.


**FALL SAGE CHICKEN SALAD**  
Grilled Chicken, mayonnaise, celery, scallions, fresh sage, served on an Ancient Grain Bun **8.99 | 720 cal**

**DIJON EGG SALAD**  
Hard boiled eggs, mayonnaise, Dijon, chives, served on an Ancient Grain Bun **7.99 | 400 cal**

**CHICKEN CAPRESE**  
Grilled chicken, plum tomatoes, fresh mozzarella, arugula, balsamic glaze, served on your choice of a multigrain roll or wrapped in a flour tortilla **7.99 | 610/680 cal**

**CHICKEN CAESAR WRAP**  
Grilled chicken breast, romaine, croutons, parmesan, tossed in a Caesar dressing, wrapped in a flour tortilla **9.99 | 520 cal**


**ASIAN CHICKEN WRAP**   
Grilled chicken breast, cabbage, carrots, scallions tossed in a sweet sesame soy dressing, wrapped in a flour tortilla **7.99 | 480 cal**

**TUNA SALAD WRAP**   
Tuna salad, spring mix, plum tomatoes, red onions, wrapped in a flour tortilla **7.99 | 430 cal**

**AEGEAN SANDWICH**   
Grilled eggplant, peppers, kalamata olives, spinach, tomato-cucumber relish, hummus, served on ciabatta **7.99 | 290 cal**

++ Gluten Free Rolls available upon request (230 cal)

## SOUP

**TOMATO AND GARDEN VEGETABLE SOUP**   
Cup: **2.99 | 100 cal** Bowl: **3.99 | 200 cal**

**SOUP OF THE DAY**  
Cup: **2.99 | 80 - 400 cal** Bowl: **3.99 | 160 - 800 cal**

## THURSDAY COMFORT PLATE SPECIAL!


Meatloaf, Mashed Potato, Vegetable, Dinner Roll **9.99**  
Chicken & Biscuits, Vegetable & Roll **9.99**

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## BURGERS

++ All burgers are certified Premium Angus Beef  
Served with your choice of side.

Now offering Impossible Burgers!  **IMPOSSIBLE™**  
Substitute any burger for an Impossible Burger +1.99 | 580 cal

SIGNATURE

### THE CHENANGO FANDANGO

Our signature burger, served on a toasted brioche roll with NY cheddar, peppered slab bacon, crispy ranch shallots, lettuce, tomato, and a side of our chef's secret sauce 9.99 | 970 cal

### ALL AMERICAN

American cheese, lettuce, tomato, onions, served on a toasted pretzel roll 8.99 | 660 cal

### SMOKED GOUDA BOUDA

Smoked gouda, peppered bacon, Hungarian smoked paprika, lettuce, tomato, topped with house made onion rings, served on a toasted brioche roll 9.99 | 850 cal

### MEDITERRANEAN BLT

Mozzarella, peppered bacon, plum tomatoes, leaf lettuce, basil pesto sauce, served on a brioche roll 9.99 | 840 cal

### CRISPY ONION & CHEDDAR

Cheddar, crispy onions, leaf lettuce, sliced tomatoes, steak sauce, served on a brioche roll 9.99 | 770 cal

### SOUTHWEST TURKEY BURGER

Lettuce, carrots, Pineapple Pico de Gallo, served on a multigrain bun 8.99 | 420 cal


### BLACK BEAN BURGER

Lettuce, tomato, vegan mozzarella, Sriracha fabanaise sauce, served on ciabatta 8.99 | 530 cal



++ Gluten Free Rolls available upon request (230 cal)

## SIDES

French Fries  2.59 | 440 cal

Homemade Potato Chips  2.59 | 600 cal

Seasonal Fresh Fruit Cup   2.99 | 100 cal

Garden Salad with Dressing   2.99 | 70 - 280 cal

Caesar Salad 2.99 | 240 cal

## BEVERAGES

Fountain Soda 1.99 | 0 - 140 cal

Fresh Brewed Iced Tea 1.99 | 0 cal

Fresh Brewed Coffee 1.79 | 0 cal

Hot Tea 1.79 | 0 cal


++ Ask your server about our bottled beverage selection

## CHECK OUT FISH FRY FRIDAY

Dive in and join us for battered fried fish & chips. Includes side of coleslaw and dessert! 9.99

## CHECK OUT OUR MINDFUL ITEMS!



B-Healthy and Mindful have partnered to help you identify healthier dining options. When selecting a Mindful option, you can be assured that your choice will be filled with satisfying flavors that meet a healthy nutritional profile. 

**TO GO MENU** We offer to go services! Ask us for a menu. To order, call ahead to 607.777.2779.

## DAILY CHENANGO ROOM BUFFET (ALL YOU CAN EAT)

Full Buffet 10.99 | Buffet To Go 8.99/lb.  
Includes Salad Bar, Soup, and Action Station

### MEATLESS MONDAYS

All Vegetarian Buffet

### MAMA MIA TUESDAYS

Italian Themed Buffet

### FRESH FISH WEDNESDAYS

And Omelets Made Your Own Way

### CURRY THURSDAYS

Indian Themed Buffet

### SOUTHERN AND SMOKED FRIDAYS

Southern comfort food featuring a smoked meat carving station

All or None...Unfortunately, to go boxes are not provided for leftover food from the buffet when dining in.