

Simple-to-Go Catering Menu

at the University of Vermont

UVMdining.com | (802) 656-CATR

Breakfast

PROTEIN BOX 6.99 EACH

Choice of Blueberry, Strawberry, Vanilla or Orange Cream Yogurt & Choice of Cheese & Grapes, Cheese & Pepperoni, or Hard Boiled Eggs 300-610 cal

HEALTHY START 6.99 EACH

Granola Bar and Choice of Strawberry or Blueberry Parfait, or Chobani Vanilla, Blueberry, or Strawberry Yogurt 180-430 cal

FAIR TRADE COFFEE 18.50 GALLON

Regular Coffee, Decaf Coffee or Hot Water with Tea Bags. Come with Vermont Cream and milk. 10-12 servings per gallon 0-40 cal

WAKE UP BOXES

Pastry Choice 5.99 EACH

Banana Nut, Blueberry, or Chocolate Chocolate Chip Muffin, Croissant, Cinnamon 340-460 cal

Bagel Box 5.99 EACH

Plain Bagel with Choice of Spread (Grape or Strawberry Jam, Smart Balance Buttery Spread, or Light Cream Cheese) 315-350 cal

Lunch

All boxes come with one side, one cookie and a choice of one bottled beverage.

ARTISAN SANDWICH BOXES 11.99 each

Spicy Italian, Roast Beef & Cheddar, Lemon Tarragon Chicken, or Mediterranean Veggie on Baguette. Choice of Side: Baked Potato Chips, Granola Bar, or Whole Fruit. Choice of Dessert: Cookie, Blondie Bar, or Rice Krispies Treat 630-1250 cal

SALAD BOXES 12.99 each

Classic Garden Salad, Classic Caesar, Chicken Caesar or Strawberry Fields. Choice of Side: Baked Potato Chips, Granola Bar, or Whole Fruit. Choice of Dessert: Blondie Bar, Cookie, or Rice Krispie Treat 360-1220 cal

SANDWICH BOXES 10.99 each

Turkey & Cheddar, Turkey Club, Chicken Caesar, Egg Salad, Or Veggies & Hummus on Choice of White, Wheat, or Kaiser. Choice of Side: Baked Potato Chips, Granola Bar, or Whole Fruit. Choice of Dessert: Blondie Bar, Cookie, or Rice Krispies Treat 570-1240 cal

A LA CARTE BEVERAGES

Bottled Soda	2.49 0-260 cal
Bottled Juice	2.49 0-240 cal

2,000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional nutrition information available upon request.

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