**BREAKFAST**

**BUTTERMILK PANCAKES** 6.49 810Cal.
with local Butter & Vermont Maple Syrup (from UVM)
Add: Blueberries (25Cal.) or Chocolate Chips (280Cal.) 1.00

**FARMERS BREAKFAST** 6.49 670Cal.
Two Cage-Free Eggs (Scrambled or Over-Easy/Med/Hard) & organic Toast with local Butter & local Homefries

**BRENNAN’S VEGGIE HASH** 6.59 630Cal.
Organic Kale, Parsnips, Carrots, Onions & local Potatoes topped with Cage-Free Eggs & Hollandaise Sauce served with local Homefries & local Toast

**THE BREAKFAST SANDWICH** 7.99 740-760Cal.
Cage-Free Eggs, local Cheddar with choice of local Bacon or Veggie Sausage on a toasted local Roll served with local Homefries

**HUEVOS RANCHEROS** 7.99 640Cal.
Two Eggs, local Cheddar, local Black Beans, Frank’s Hot Sauce & Salsa Verde over a local Tortilla with Homefries
Add: local Bacon (90Cal.) 1.50 Veggie Sausage (140Cal.) 1.50 or local Homefries (190Cal.) 1.50

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**SALADS**

**SHERRY-HERB VINAIGRETTE** (290Cal.), Maple Balsamic (220Cal.) or Caesar Dressing (70Cal.)

**HOUSE SALAD** 6.59 45Cal.
Mesclun Greens with organic Vegetables (Carrots, Cucumbers & Cherry Tomatoes)

**ROASTED SQUASH SALAD** 8.29 670Cal.
Shredded Spinach & Kale with local Apples, Quinoa, local Feta, toasted Pumpkin Seeds & Dried Cranberries drizzled with Sherry-Herb Vinaigrette

**CAESAR SALAD** 7.29 160Cal.
Organic Kale, Pecorino Romano, Tomato & Onion with Housemade Croutons

**THE FARMER** 7.29 260Cal.
Shredded organic Kale & Spinach with House-Roasted Corn & Feta Salad
Add: Murray’s Marinated Grilled Chicken 3.99 (300Cal.) local Cheddar 1.00 (100Cal.) | Quinoa Patty 3.99 (140Cal.)

**SIDES**

**LOCAL FRIES** 1.99 450Cal.
**SWEET POTATO FRIES** 2.99 420Cal.
**ROAST CORN & FETA SALAD** 2.99 220Cal.
**PETITE HOUSE SALAD** 2.99 25Cal.

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

**BUILD A BURGER**

Served on an local Roll (140Cal) with House Salad (25Cal.), local Hand-Cut Fries (450Cal) or Potato Chips (310Cal)

**CHOOSE YOUR PATTY...8.99**

<table>
<thead>
<tr>
<th>LOCAL BEEF</th>
<th>MURRAY’S MARINATED CHICKEN</th>
<th>HOUSEMADE QUINOA</th>
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<td>430Cal.</td>
<td>300Cal.</td>
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**WITH CHEESE...9.99 110Cal.**

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<th>LOCAL CHEDDAR</th>
<th>BOGGY MEADOW SWISS</th>
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**TOPPINGS 0-85Cal.**

- Lettuce organic • Tomato • Red Onion organic • Pickles
- Jalapenos • Pickled Red Onion organic

**SPREADS**

- BBQ 30Cal. • Frank’s Hot Sauce 0Cal. • Sriracha Aoli 180Cal.

**SIDES**

- local Bacon 1.50 (90Cal.)
- Fried Egg 1.50 (80Cal.)
- Guacamole 1.50 (80Cal.)

**SUBSTITUTE any side for 1.59**

- local Bacon 1.50 (90Cal.)
- local Hand-Cut Fries (450Cal.)

**SANDWICHES**

**GREAT GRAINS WRAP** 7.99 420Cal.
Marinated Roasted Mediterranean Vegetables, Tabbouleh, Red Onion & Tomato in a Wheat Wrap
Add: Feta 1.00 (150Cal.)

**VERMONT MELT** 8.99 720Cal.
Local Cheddar and local Swiss Cheese with Tomato and local Bacon between two slices of local Bread pressed into a Panini

**GREAT GRAINS WRAP** 7.99 420Cal.
Marinated Roasted Mediterranean Vegetables, Tabbouleh, Red Onion & Tomato in a Wheat Wrap
Add: Feta 1.00 (150Cal.)

**VERMONT MELT** 8.99 720Cal.
Local Cheddar and local Swiss Cheese with Tomato and local Bacon between two slices of local Bread pressed into a Panini

**GLuten-free bread available upon request**
LEMONADE 1.89 180Cal.
HOT & ICED TEA 1.89 0Cal.
GREEN MOUNTAIN COFFEE 1.89 0Cal.
MILK (LOCAL) 1.99 220-350Cal.
FOUNTAIN SODA 1.99 0-220Cal.
MAINE ROOT SODA (BOTTLED) 2.49 165Cal.
SAP! MAPLE SELTZER & SODA (LOCAL) 1.99 25-80Cal.
APPLE CIDER (LOCAL) 2.39 240Cal.
ALL TIMES SPARKLING CIDER (LOCAL) 1.99 140Cal.
MILKSHAKE 4.25 520-620Cal.
lLocal Milk & UVM Ice Cream
Sweet Cream • Chocolate • Maple • Coffee • Strawberry
BEER (LOCAL) Ask your server
WINE 4.50 130Cal.

SUSTAINABILITY

Brennan’s motto is “Local, Sustainable & Organic!” Our menus are built on those core principals, changing the menu each semester to reflect seasonal availability and our community commitment.

REAL FOOD CHALLENGE
In 2012, UVM signed the Real Food Campus Commitment, pledging to purchasing 20% “Real Food” by 2020. “Real Food” is defined as food that is either local, humane, fair trade or ecologically sound. Check out our product wall to learn more about who our local and sustainable providers are!

In 2017, UVM surpassed its goal, ending the academic year at 22% and recommitting to 25% Real Food by 2020. We are proud to announce we hit that goal of 25% in 2018!

NEW ENGLAND RAISED MEATS
Our beef and pork comes from Black River Meats, a network of small family farms from New England with firm commitments to animal welfare and sustainability. Our ground beef comes from Precision Valley, and is 100% Vermont raised.

MURRAY’S CHICKEN
Most of our chicken is from Murray’s, which is Certified Humane and Halal; chicken tenders are the only exception.

PRODUCE
We source our produce according to the seasons. Whether it’s coming from Black River Produce, Intervale Food Hub, or UVM’s own Catamount Farm you can be sure that with when it says local, it is from less than 250 miles from campus.

ECOWARE & SPORKS
Reduce waste (and save money!) by using an EcoWare reusable take-out container and Spork instead of disposable alternatives. To learn more ask your cashier today!

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.