

Served
all day

BREAKFAST

BUTTERMILK PANCAKES 6.49 810Cal.
with local Butter & Vermont Maple Syrup (from UVM)
Add: Blueberries (50Cal.) or Chocolate Chips (270Cal.) 1.00

FARMERS BREAKFAST 6.49 670Cal.
Two Cage-Free Eggs (Scrambled, Over-Easy/Med/Hard), local Homefries & local Toast with local Butter

BRENNAN'S VEGGIE HASH 7.49 630Cal.
Organic Kale, organic Parsnips, local Carrots, organic Red Onions, local Potatoes topped with Cage-Free Eggs & Hollandaise Sauce served with local Homefries & local Toast

THE BREAKFAST SANDWICH 7.99 620-760Cal.
Cage-Free Eggs, local Cheddar with choice of local Bacon or Veggie Sausage on a local Toasted Roll served with local Homefries

AVOCADO TOAST (2 SLICES) 7.99 740Cal.
Local Toast with Fair Trade Avocado & two Cage-Free Eggs with local Homefries
Add: local Bacon (90Cal.) 1.99
Veggie Sausage (140Cal.) or local Homefries (190Cal.) 1.50

SALADS

Sherry-Herb Vinaigrette (260Cal.), Maple Balsamic (220Cal.) or Caesar Dressing (70Cal.)

HOUSE SALAD 6.59 45Cal.
Local Mesclun Greens with local Carrots, Cucumbers & Cherry Tomatoes

KALE CAESAR SALAD 7.29 160Cal.
Organic Kale, Pecorino Romano, Cherry Tomato & organic Red Onion with Housemade Croutons

THE FARMER 7.29 270Cal.
Shredded organic Kale and organic Spinach with House-Roasted Corn & local Feta Salad

AUTUMN HARVEST SALAD 7.49 370Cal.
Local Mesclun, organic Parsnips, Sweet Potato, local Apples, organic Red Onion, local Cheddar

GREEN GODDESS BOWL 8.29 530Cal.
Steamed Broccoli, Edamame & Peas, organic Spinach, Fair Trade Avocado, Green Olives, organic Krispy Kale, & Brown Rice served with a Lemon-Agave Vinaigrette

Add: Murray's Marinated Grilled Chicken 3.99 (300 Cal.)
local Cheddar 1.00 (100 Cal.) | Quinoa Patty 3.99 (140Cal.)

BUILD A BURGER

Served on a local Roll (180Cal.) with a House Salad (25Cal.),
local Hand-Cut Fries (450Cal.) or Potato Chips (310Cal.)
Substitute any side for 1.59

CHOOSE YOUR PATTY...8.99 (WITHOUT CHEESE)

LOCAL BEEF 430Cal. | MURRAY'S MARINATED CHICKEN 300Cal. | HOUSEMADE QUINOA 420Cal.

WITH CHEESE...9.99 110Cal.

LOCAL CHEDDAR | LOCAL SWISS

TOPPINGS 0-5Cal.

Lettuce • Tomato • Red Onion organic • Pickles
Jalapeños • Pickled Red Onion organic

SPREADS

BBQ 30Cal. • Frank's Hot Sauce 0Cal • Sriracha Aioli 180Cal.

Add: Fried Cage-Free Egg 1.50 (80Cal.) | Fair Trade Guacamole 1.50 (80Cal.)
local Bacon 1.99 (90Cal.)

SIDES

LOCAL FRIES 1.99 450Cal.

SWEET POTATO FRIES 2.99 420Cal.

ROAST CORN & LOCAL FETA SALAD 2.99 140Cal.

PETITE HOUSE SALAD 2.99 25Cal.

Please inform your cashier of any food allergies or dietary needs.
Gluten-free bread available upon request 230Cal

2,000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional nutrition information available upon request.

FAVORITES

Served with a Petite House Salad (25Cal.), local Hand-Cut Fries (450Cal.) or
Potato Chips (310Cal.)
Substitute any side for 1.59

QUESADILLAS WITH BBQ OR BUFFALO SAUCE

VEGGIE QUESADILLA 7.99 750CAL.
Black Beans, Roasted Corn, organic Spinach & local Cheddar in a
Whole Wheat Tortilla

THE ORIGINAL 6.99 670CAL.
Whole Wheat Tortilla loaded with local Cheddar
add Murray's Chicken 1.50 (300Cal.)

POUTINE 6.99 1200Cal.
Local Fries smothered in Vegetable Gravy with local Cheddar Cheese Curds

CHICKEN TENDERS 9.49 520Cal.
Coleman's Chicken Tenders made without gluten with your choice of Sauce

CHICKEN BURRITO 9.99 910Cal.
Shredded Murray's Chicken, Black Beans, local Cheddar, Roasted Corn with
Housemade Pico de Gallo & Frank's Hot Sauce in a Wheat Tortilla

SANDWICHES

Served with a Petite House Salad (25Cal.), Potato Chips (310Cal.) or
local Hand-Cut Fries (450Cal.)
Substitue for any side 1.59

SOUTHWEST VEGGIE WRAP 7.99 620Cal.
Smokey Black Beans, Oven-Roasted Cumin Sweet Potatoes, organic Spinach, Tomato,
organic Red Onion in a Wheat Wrap with a side of local Sour Cream with Lime

VEGAN BURRITO 7.99 630Cal.
Roasted Marinated local Tofu, Brown Rice, Housemade Pico de Gallo and
Black Beans in a Whole Wheat Wrap

CAPRESE PANINI 8.99 660Cal.
Organic Spinach and Tomatoes with local Mozzarella, local Pesto & Balsamic
Reduction on local Bread

TURKEY PESTO WRAP 9.99 830Cal.
Local Turkey, local Cheddar, local Pesto Mayo with Red Leaf Lettuce, Tomato &
organic Red Onion in a Whole Wheat Wrap

BEVERAGES



LEMONADE 1.89 180Cal.

HOT & ICED TEA 1.89 0Cal.

GREEN MOUNTAIN COFFEE 1.89 0Cal.

MILK (LOCAL) 1.99 220-350Cal.

FOUNTAIN SODA 1.99 0-220Cal.

MAINE ROOT SODA (BOTTLED) 2.49 165Cal.

SAP! MAPLE SELTZER & SODA (LOCAL) 1.99 25-80Cal.

APPLE CIDER (LOCAL) 2.39 240Cal.

ALL TIMES SPARKLING CIDER (LOCAL) 1.99 140Cal.

MILKSHAKE 4.25 520-620Cal.

local Milk & UVM Ice Cream

Sweet Cream • Chocolate • Maple • Coffee • Strawberry

BEER (LOCAL) Ask your server

WINE 4.50 130Cal.

SUSTAINABILITY



Brennan's motto is "Local, Sustainable & Organic!" Our menus are built on those core principals, changing it each semester reflects seasonal availability and our commitment to our partners.

REAL FOOD CHALLENGE

In 2012, UVM signed the Real Food Campus Commitment, committing to purchasing 20% "Real Food" by 2020. "Real Food" is defined as food that is either local, humane, fair trade or ecologically sound. Check out our product wall to learn more about who our local and sustainable providers are!

In 2017, UVM surpassed its goal, ending the academic year at 22% and recommitting to 25% Real Food by 2020. We are proud to announce we hit that goal of 25% in 2018. Currently, we are at 26%. Brennan's continues to be the largest contributor to the overall campus Real Food percentage!

NEW ENGLAND RAISED MEATS

All of our beef and pork comes from Black River Meats, a network of small family farms from Vermont and New England with firm commitments to animal welfare and sustainability.

MURRAY'S CHICKEN

Other than chicken tenders our chicken is from Murray's, which is Certified Humane and Halal.

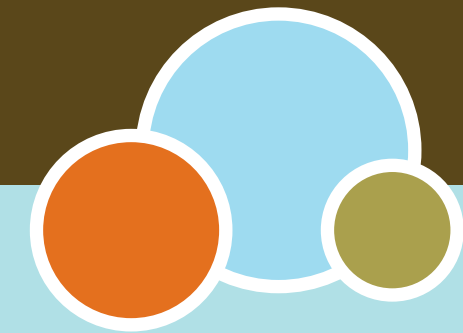
PRODUCE

The sourcing of our produce changes with the seasons. Whether it's coming from Black River Produce, Intervale Food Hub, or UVM's own Catamount Farm you can be sure that with when it says local, it is from less than 250 miles from campus.

ECOWARE & SPORKS

Reduce waste (and save money!) by using an EcoWare reusable take-out container and Spork instead of disposable alternatives. To learn more ask your cashier today!

Brennan's



University of Vermont
Dudley H. Davis Center
590 Main Street
802.656.3081

Open 11am - 10:30pm

Local • Sustainable • Organic

2,000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional nutrition information available upon request.

