

**Northeast Middle School
Breakfast Menu
January 2019**

**MADE TO ORDER YOGURT PARFAIT BAR
AVAILABLE DAILY**

- Choose from two different yogurt flavors
- Choose from variety of fruit options
- Choose granola or graham crackers

<p>Assorted Cereal choices may include some/all of the following: Golden Grams Cheerios Froot Loops Cocoa Puffs Trix Cinnamon Toast Crunch Frosted Flakes</p>	<p>1 NO SCHOOL</p>	<p>2 NO SCHOOL</p>	<p>3 Assorted Cereal or Assorted Muffins and Graham Crackers -Bacon, Egg, & Cheese on a Bagel -Bagel & Cream Cheese -Assorted Canned & Fresh Fruit -100% Juice Choice of Milk</p>	<p>4 Assorted Cereal or Assorted Muffins and Graham Crackers -Chocolate Filled Crescent -Fruit & Yogurt Parfait -Assorted Canned & Fresh Fruit -100% Juice Choice of Milk</p>
<p>7 Assorted Cereal or Assorted Muffins and Graham Crackers -Mini Maple Waffles & Syrup -Fruit & Yogurt Parfait -Assorted Canned & Fresh Fruit -100% Juice Choice of Milk</p>	<p>8 Assorted Cereal or Assorted Muffins and Graham Crackers -Bacon, Egg, & Cheese on English Muffin -Bagel & Cream Cheese -Assorted Canned & Fresh Fruit -100% Juice Choice of Milk</p>	<p>9 Assorted Cereal or Assorted Muffins and Graham Crackers -Breakfast Pizza -Fruit & Yogurt Parfait -Assorted Canned & Fresh Fruit -100% Juice Choice of Milk</p>	<p>10 Assorted Cereal or Assorted Muffins and Graham Crackers -Egg & Cheese on a Bagel -Bagel & Cream Cheese -Assorted Canned & Fresh Fruit -100% Juice Choice of Milk</p>	<p>11 Assorted Cereal or Assorted Muffins and Graham Crackers -French Toast Sticks & Syrup -Fruit & Yogurt Parfait -Assorted Canned & Fresh Fruit -100% Juice Choice of Milk</p>
<p>14 Assorted Cereal or Assorted Muffins and Graham Crackers -Ham, Egg, & Cheese on Bun -Bagel & Cream Cheese -Assorted Canned & Fresh Fruit -100% Juice Choice of Milk</p>	<p>15 Assorted Cereal or Assorted Muffins and Graham Crackers -Eggo Mini Blueberry Pancakes w/ Syrup -Fruit & Yogurt Parfait -Assorted Canned & Fresh Fruit -100% Juice Choice of Milk</p>	<p>16 Assorted Cereal or Assorted Muffins and Graham Crackers -Sausage, Egg, & Cheese on Biscuit -Bagel & Cream Cheese -Assorted Canned & Fresh Fruit -100% Juice Choice of Milk</p>	<p>17 Assorted Cereal or Assorted Muffins and Graham Crackers -Warm Apple Frudel -Fruit & Yogurt Parfait -Assorted Canned & Fresh Fruit -100% Juice Choice of Milk</p>	<p>18 Assorted Cereal or Assorted Muffins and Graham Crackers -Bacon, Egg, & Cheese Wrap -Bagel & Cream Cheese -Assorted Canned & Fresh Fruit -100% Juice Choice of Milk</p>
<p>21 NO SCHOOL</p>	<p>22 Assorted Cereal or Assorted Muffins and Graham Crackers -Egg & Cheese on English Muffin -Bagel & Cream Cheese -Assorted Canned & Fresh Fruit -100% Juice Choice of Milk</p>	<p>23 Assorted Cereal or Assorted Muffins and Graham Crackers -Breakfast Pizza -Fruit & Yogurt Parfait -Assorted Canned & Fresh Fruit -100% Juice Choice of Milk</p>	<p>24 Assorted Cereal or Assorted Muffins and Graham Crackers -Ham, Egg, & Cheese on Bagel -Bagel & Cream Cheese -Assorted Canned & Fresh Fruit -100% Juice Choice of Milk</p>	<p>25 Assorted Cereal or Assorted Muffins and Graham Crackers -Cinnamon Rush Mini French Toast with Syrup -Fruit & Yogurt Parfait -Assorted Canned & Fresh Fruit -100% Juice Choice of Milk</p>
<p>28 Assorted Cereal or Assorted Muffins and Graham Crackers -Bacon, Egg, & Cheese on Bun -Bagel & Cream Cheese -Assorted Canned & Fresh Fruit -100% Juice Choice of Milk</p>	<p>29 Assorted Cereal or Assorted Muffins and Graham Crackers -Mini Maple Pancakes w/ Syrup -Fruit & Yogurt Parfait -Assorted Canned & Fresh Fruit -100% Juice Choice of Milk</p>	<p>30 Assorted Cereal or Assorted Muffins and Graham Crackers -Egg & Cheese Flatbread -Bagel & Cream Cheese -Assorted Canned & Fresh Fruit -100% Juice Choice of Milk</p>	<p>31 Assorted Cereal or Assorted Muffins and Graham Crackers -Warm Mini Cinnamon Buns -Fruit & Yogurt Parfait -Assorted Canned & Fresh Fruit -100% Juice Choice of Milk</p>	<p>Secondary Breakfast Prices: Full - \$1.85 Reduced - \$0.30</p> <p><u>EVERYDAY CHOICES</u> Choice of Milk: Milk is defined as : Fat Free White, Fat Free Chocolate, Fat Free Strawberry and 1% White</p>