

**Nitschmann Middle School
Breakfast Menu
February 2019**

EVERYDAY CHOICES

Choice of Milk:

Milk is defined as : Fat Free White, Fat Free Chocolate, Fat Free Strawberry and 1% White

<p>Assorted Cereal choices may include some/all of the following: Golden Grahams Cheerios Froot Loops Cocoa Puffs Trix Cinnamon Toast Crunch Frosted Flakes</p>				<p>1 Assorted Cereal or Assorted Muffins and Graham Crackers -Ham, Egg, & Cheese Wrap -Fruit & Yogurt Parfait -Assorted Canned & Fresh Fruit -100% Juice Choice of Milk</p>
<p>4 Assorted Cereal or Assorted Muffins and Graham Crackers -Mini Cinnamon Waffles & Syrup -Fruit & Yogurt Parfait -Assorted Canned & Fresh Fruit -100% Juice Choice of Milk</p>	<p>5 Assorted Cereal or Assorted Muffins and Graham Crackers -Sausage, Egg, & Cheese on English Muffin -Bagel & Cream Cheese -Assorted Canned & Fresh Fruit -100% Juice Choice of Milk</p>	<p>6 Assorted Cereal or Assorted Muffins and Graham Crackers -Ham, Egg, & Cheese on a Biscuit -Fruit & Yogurt Parfait -Assorted Canned & Fresh Fruit -100% Juice Choice of Milk</p>	<p>7 Assorted Cereal or Assorted Muffins and Graham Crackers -Bacon, Egg, & Cheese on a Bagel -Bagel & Cream Cheese -Assorted Canned & Fresh Fruit -100% Juice Choice of Milk</p>	<p>8 Assorted Cereal or Assorted Muffins and Graham Crackers -Chocolate Filled Crescent -Fruit & Yogurt Parfait -Assorted Canned & Fresh Fruit -100% Juice Choice of Milk</p>
<p>11 Assorted Cereal or Assorted Muffins and Graham Crackers -Mini Maple Waffles & Syrup -Fruit & Yogurt Parfait -Assorted Canned & Fresh Fruit -100% Juice Choice of Milk</p>	<p>12 Assorted Cereal or Assorted Muffins and Graham Crackers -Bacon, Egg, & Cheese on English Muffin -Bagel & Cream Cheese -Assorted Canned & Fresh Fruit -100% Juice Choice of Milk</p>	<p>13 Assorted Cereal or Assorted Muffins and Graham Crackers -Breakfast Pizza -Fruit & Yogurt Parfait -Assorted Canned & Fresh Fruit -100% Juice Choice of Milk</p>	<p>14 Assorted Cereal or Assorted Muffins and Graham Crackers -Egg & Cheese on a Bagel -Bagel & Cream Cheese -Assorted Canned & Fresh Fruit -100% Juice Choice of Milk</p>	<p>15 NO SCHOOL</p>
<p>18 NO SCHOOL</p>	<p>19 Assorted Cereal or Assorted Muffins and Graham Crackers -Eggo Mini Blueberry Pancakes w/ Syrup -Fruit & Yogurt Parfait -Assorted Canned & Fresh Fruit -100% Juice Choice of Milk</p>	<p>20 Assorted Cereal or Assorted Muffins and Graham Crackers -Sausage, Egg, & Cheese on Biscuit -Bagel & Cream Cheese -Assorted Canned & Fresh Fruit -100% Juice Choice of Milk</p>	<p>21 Assorted Cereal or Assorted Muffins and Graham Crackers -Warm Apple Frudel -Fruit & Yogurt Parfait -Assorted Canned & Fresh Fruit -100% Juice Choice of Milk</p>	<p>22 Assorted Cereal or Assorted Muffins and Graham Crackers -Bacon, Egg, & Cheese Wrap -Bagel & Cream Cheese -Assorted Canned & Fresh Fruit -100% Juice Choice of Milk</p>
<p>25 Assorted Cereal or Assorted Muffins and Graham Crackers -Mini Blueberry Waffles w/ Syrup -Fruit & Yogurt Parfait -Assorted Canned & Fresh Fruit -100% Juice Choice of Milk</p>	<p>26 Assorted Cereal or Assorted Muffins and Graham Crackers -Egg & Cheese on English Muffin -Bagel & Cream Cheese -Assorted Canned & Fresh Fruit -100% Juice Choice of Milk</p>	<p>27 Assorted Cereal or Assorted Muffins and Graham Crackers -Breakfast Pizza -Fruit & Yogurt Parfait -Assorted Canned & Fresh Fruit -100% Juice Choice of Milk</p>	<p>28 Assorted Cereal or Assorted Muffins and Graham Crackers -Ham, Egg, & Cheese on Bagel -Bagel & Cream Cheese -Assorted Canned & Fresh Fruit -100% Juice Choice of Milk</p>	<p>Secondary Breakfast Prices: Full - \$1.85 Reduced - \$0.30</p>