

**Broughal Middle School  
Breakfast Menu  
February 2019**

**MADE TO ORDER YOGURT PARFAIT BAR  
AVAILABLE DAILY**

- Choose from two different yogurt flavors
- Choose from variety of fruit options
- Choose granola or graham crackers

<p><b>Assorted Cereal choices may include some/all of the following:</b></p> <p>Golden Grahams Cheerios Froot Loops Cocoa Puffs Trix Cinnamon Toast Crunch Frosted Flakes</p>				<p>1</p> <p>Assorted Cereal or Assorted Muffins and Graham Crackers -Ham, Egg, &amp; Cheese Wrap -Bagel &amp; Cream Cheese -Assorted Canned &amp; Fresh Fruit -100% Juice Choice of Milk</p>
<p>4</p> <p>Assorted Cereal or Assorted Muffins and Graham Crackers -Mini Cinnamon Waffles &amp; Syrup -Bagel &amp; Cream Cheese -Assorted Canned &amp; Fresh Fruit -100% Juice Choice of Milk</p>	<p>5</p> <p>Assorted Cereal or Assorted Muffins and Graham Crackers -Sausage, Egg, &amp; Cheese on English Muffin -Bagel &amp; Cream Cheese -Assorted Canned &amp; Fresh Fruit -100% Juice Choice of Milk</p>	<p>6</p> <p>Assorted Cereal or Assorted Muffins and Graham Crackers -Ham, Egg, &amp; Cheese on a Biscuit -Bagel &amp; Cream Cheese -Assorted Canned &amp; Fresh Fruit -100% Juice Choice of Milk</p>	<p>7</p> <p>Assorted Cereal or Assorted Muffins and Graham Crackers -Bacon, Egg, &amp; Cheese on a Bagel -Bagel &amp; Cream Cheese -Assorted Canned &amp; Fresh Fruit -100% Juice Choice of Milk</p>	<p>8</p> <p>Assorted Cereal or Assorted Muffins and Graham Crackers -Chocolate Filled Crescent -Bagel &amp; Cream Cheese -Assorted Canned &amp; Fresh Fruit -100% Juice Choice of Milk</p>
<p>11</p> <p>Assorted Cereal or Assorted Muffins and Graham Crackers -Mini Maple Waffles &amp; Syrup -Bagel &amp; Cream Cheese -Assorted Canned &amp; Fresh Fruit -100% Juice Choice of Milk</p>	<p>12</p> <p>Assorted Cereal or Assorted Muffins and Graham Crackers -Bacon, Egg, &amp; Cheese on English Muffin -Bagel &amp; Cream Cheese -Assorted Canned &amp; Fresh Fruit -100% Juice Choice of Milk</p>	<p>13</p> <p>Assorted Cereal or Assorted Muffins and Graham Crackers -Breakfast Pizza -Bagel &amp; Cream Cheese -Assorted Canned &amp; Fresh Fruit -100% Juice Choice of Milk</p>	<p>14</p> <p>Assorted Cereal or Assorted Muffins and Graham Crackers -Egg &amp; Cheese on a Bagel -Bagel &amp; Cream Cheese -Assorted Canned &amp; Fresh Fruit -100% Juice Choice of Milk</p>	<p>15</p> <p align="center">NO SCHOOL</p>
<p>18</p> <p align="center">NO SCHOOL</p>	<p>19</p> <p>Assorted Cereal or Assorted Muffins and Graham Crackers -Eggo Mini Blueberry Pancakes w/ Syrup -Bagel &amp; Cream Cheese -Assorted Canned &amp; Fresh Fruit -100% Juice Choice of Milk</p>	<p>20</p> <p>Assorted Cereal or Assorted Muffins and Graham Crackers -Sausage, Egg, &amp; Cheese on Biscuit -Bagel &amp; Cream Cheese -Assorted Canned &amp; Fresh Fruit -100% Juice Choice of Milk</p>	<p>21</p> <p>Assorted Cereal or Assorted Muffins and Graham Crackers -Warm Apple Frudel -Bagel &amp; Cream Cheese -Assorted Canned &amp; Fresh Fruit -100% Juice Choice of Milk</p>	<p>22</p> <p>Assorted Cereal or Assorted Muffins and Graham Crackers -Bacon, Egg, &amp; Cheese Wrap -Bagel &amp; Cream Cheese -Assorted Canned &amp; Fresh Fruit -100% Juice Choice of Milk</p>
<p>25</p> <p>Assorted Cereal or Assorted Muffins and Graham Crackers -Mini Blueberry Waffles w/ Syrup -Bagel &amp; Cream Cheese -Assorted Canned &amp; Fresh Fruit -100% Juice Choice of Milk</p>	<p>26</p> <p>Assorted Cereal or Assorted Muffins and Graham Crackers -Egg &amp; Cheese on English Muffin -Bagel &amp; Cream Cheese -Assorted Canned &amp; Fresh Fruit -100% Juice Choice of Milk</p>	<p>27</p> <p>Assorted Cereal or Assorted Muffins and Graham Crackers -Breakfast Pizza -Bagel &amp; Cream Cheese -Assorted Canned &amp; Fresh Fruit -100% Juice Choice of Milk</p>	<p>28</p> <p>Assorted Cereal or Assorted Muffins and Graham Crackers -Ham, Egg, &amp; Cheese on Bagel -Bagel &amp; Cream Cheese -Assorted Canned &amp; Fresh Fruit -100% Juice Choice of Milk</p>	<p>Secondary Breakfast Prices: Full - \$1.85 Reduced - \$0.30</p> <p><b><u>EVERYDAY CHOICES</u></b> Choice of Milk: Milk is defined as : Fat Free White, Fat Free Chocolate, Fat Free Strawberry and 1% White</p>