



by *sodexo*

Simple Servings is our new resident dining option, providing safe and appetizing food choices for our customers with food allergies or gluten intolerance.

The Simple Servings station will not offer foods **made with** the FDA most-common allergens of peanuts, tree nuts, shellfish, wheat, soy, milk products, and eggs. All foods offered will be made **without gluten-containing ingredients**. Fish dishes will be included in the varied menu options as a healthy protein choice, along with beef, pork, chicken, turkey, and vegetarian options. The menu will change with every lunch and dinner.

Our kitchen prepares many foods with gluten and the other listed allergens. Simple Servings staff members are carefully trained to avoid cross-contamination of their menu items. Although we take precautions, the possibility of cross-contact with other foods does exist.

While the Simple Servings program is designed to allow customers to have an easy way to avoid gluten and allergens, our chef and dietitian still want to meet all of our customers with special food needs. Knowing about customer preferences and limitations allows us to plan our menu to best meet everyone's needs. Please introduce yourself to Kara Miller at 615-460-6609.

The Simple Servings program is located in Harrington Place Dining Hall, running seven days a week from 11:00am to 8:00pm on Monday –Thursday and 11:00am to 7:00pm on Friday-Saturday.

Simple Servings: providing convenient, delicious, and secure options for you. Focus on your future, not your food allergy.

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simple