## Bakery

**Croissants**
Decadent French croissants with flaky layers
- Plain
- Dark Chocolate

**Muffins**
Wholesome ingredients baked into scrumptious muffins
- Banana Nut, Blueberry, Double Chocolate, Green Tea, Pineapple

**Bistro Savories**
Flavorful savory puff pastries made with delicious ingredients
- Spinach & Feta, Leek & Parmesan

**Pastries**
Sweet treats with real fruit filling and a true French classic
- Raspberry Turnover, Apple Tart, Apricot Turnover, Palmier

### Calories
- Croissants: 200-350
- Muffins: 340-560
- Pastries: 285-460

## Treats

**Cookies**
Chewy, moist cookies just like Mama bakes (but vegan, too!)
- Chocolate Chip, Oatmeal Raisin

**Brownie**
Dark chocolate truffle brownie with chocolate ganache frosting

**Macarons**
Indulgent in taste, petite in size
- Direct from France by Chateau Blanc
- Vanilla, Chocolate, Pistachio, Raspberry

**Raw Bars**
Hand-made with fruits & nuts for a quick nutritional boost on the go
- Peanut, Pomegranate, Ginger, Chia Blueberry

**Eclairs**
Authentic French Eclairs with signature toppings
- Chocolate Walnut, Espresso, Mocha Vanilla

### Calories
- Cookies: 420-450
- Brownie: 350
- Macarons: 80-100
- Raw Bars: 380-500
- Eclairs: 170-200

## Toasted Panini

**Red Pepper & Feta**
Red pepper, feta cheese and basil pesto
- Calories: 530

**Roasted Tomato & Spinach**
Baby spinach, roasted tomatoes, Swiss and garlic & herb cheese
- Calories: 530

**Red Pepper Chicken & Brie**
Roasted red pepper, all natural grilled chicken and creamy brie
- Calories: 500

**Turkey Apple Brie**
Smoked turkey, creamy brie, crisp green apples and chia-infused cranberries on pumpkin seed bread
- Calories: 620

## Brioché Sliders

**Smoked Turkey**
Smoked Turkey, Swiss cheese, basil pesto and baby spinach
- Calories: 180

**Roasted Tomato & Swiss**
Baby spinach, roasted tomatoes and Swiss cheese
- Calories: 190

**Chicken Pesto**
All-natural grilled chicken, Swiss cheese and basil pesto
- Calories: 160

## Salads

**Chickpea**
- Chickpeas, carrots, tomatoes, green peppers, red peppers and parsley
- Calories: 380

**Garden Lentil**
- Lentils, carrots, onions and tomatoes
- Calories: 300

**Spinach, Tomato & Feta**
- Roasted tomatoes, feta & baby spinach topped with walnuts & a light oil dressing
- Calories: 180

**Kale & Frekah**
- Fresh kale, frekah, plum tomatoes and onions tossed in a lemon and olive oil dressing
- Calories: 320

### Notes:
- Vegan:  
- Gluten-Free:  
- Selection and availability may vary.
COFFEE & ESPRESSO

SINGLE ORIGIN PREMIUM LIGHT ROAST
COLOMBIA
FLORAL & SWEET
2.00 | 2.35 | 2.65
CAL 5

MEDIUM ROAST MOCHA JAVA
SPICY & DEEP
2.00 | 2.35 | 2.65
CAL 5

Cold Press
Cold brewed for 14 hours to fully extract the full-bodied flavor of our Mocha Java roast
2.95 | 3.35 | 3.65
CAL 5 - 10

Depth Charge® Coffee + shot of espresso
2.75 | 3.10 | 3.40 CAL 5

Latte
A delicious blend of sophisticated espresso and creamy steamed milk
3.25 | 3.85 | 4.25
CAL 90 - 200

Mocha
Espresso and real chocolate - dark or white - melted into steamed milk
3.75 | 4.25 | 4.65
CAL 150 - 530

Cappuccino
Espresso blended with steamed milk and topped with a deep layer of foam
3.25 | 3.95 | 4.25
CAL 50 - 200

Espresso
Cross Fox Espresso is sweet, smooth and sophisticated
2.00 | 2.50
CAL 5

Macchiato
Simple and sophisticated, rich espresso topped with steamed milk foam
2.00 | 2.50
CAL 10 - 20

Americanino
Rich espresso and hot water create this bolder version of traditional brewed coffee
2.15 | 2.55 | 2.85
CAL 5
**MIXOLOGY SPECIAL**

Flavorful and creamy, this sweet iced tea is a spicy treat.

**tamarind thai iced tea**

4.15 | 4.85 | 5.15

Cal: 190 | 240 | 290

---

**SIGNATURE FAVORITES**

<table>
<thead>
<tr>
<th>Beverage</th>
<th>Description</th>
<th>Calories</th>
</tr>
</thead>
<tbody>
<tr>
<td>Green Tea Ginger Twist®</td>
<td>Antioxidant-rich Japanese Sencha, spicy ginger pieces &amp; twist of lemon</td>
<td>3.75</td>
</tr>
<tr>
<td>Hibiscus Apple Cider™</td>
<td>Vitamin-rich hibiscus flowers, crisp apples &amp; touch of caramel</td>
<td>3.35</td>
</tr>
<tr>
<td>Carolina Honey®</td>
<td>Energizing black tea from Nilgiri, India with wildflower honey &amp; splash of lemon</td>
<td>3.55</td>
</tr>
</tbody>
</table>

---

**TEAPUCCINOS®**

<table>
<thead>
<tr>
<th>Beverage</th>
<th>Description</th>
<th>Calories</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chai</td>
<td>Sweet, spicy and creamy blend of Assam black tea with ginger, cinnamon, cardamom &amp; vanilla</td>
<td>3.55</td>
</tr>
<tr>
<td>Earl Grey Vanille Crème™</td>
<td>Classic black tea infused with citrusy bergamot &amp; sweet vanilla</td>
<td>3.55</td>
</tr>
<tr>
<td>Chocolate Mint</td>
<td>Creamy black tea with cool mint and rich dark chocolate</td>
<td>3.75</td>
</tr>
</tbody>
</table>

---

**TEA SQUEEZES® & SPARKLES®**

<table>
<thead>
<tr>
<th>Beverage</th>
<th>Description</th>
<th>Calories</th>
</tr>
</thead>
<tbody>
<tr>
<td>Maté Laté™</td>
<td>Energizing Brazilian Maté tea roasted with bits of rich cocoa, toasted almonds and cream</td>
<td>3.65</td>
</tr>
<tr>
<td>Matcha Vanille Latte™</td>
<td>Stone-ground fine Japanese green tea with sweet vanilla and cream</td>
<td>3.75</td>
</tr>
<tr>
<td>Build Your Own</td>
<td>Pick Tea</td>
<td>3.75</td>
</tr>
<tr>
<td></td>
<td>Pick Flavor</td>
<td>3.75</td>
</tr>
<tr>
<td></td>
<td>Milk Choice</td>
<td>3.75</td>
</tr>
</tbody>
</table>

---

**BUBBLE TEAS**

<table>
<thead>
<tr>
<th>Beverage</th>
<th>Description</th>
<th>Calories</th>
</tr>
</thead>
<tbody>
<tr>
<td>Black Tea Coconut</td>
<td>Milky Nilgiri tea with exotic coconut and vegan, gluten-free Nata de Coco jellies</td>
<td>3.95</td>
</tr>
<tr>
<td>Green Tea Raspberry</td>
<td>Creamy Sencha and sweet raspberry with our Nata de Coco jellies</td>
<td>3.95</td>
</tr>
<tr>
<td>Build Your Own</td>
<td>Pick Tea</td>
<td>3.95</td>
</tr>
<tr>
<td></td>
<td>Pick Flavor</td>
<td>3.95</td>
</tr>
<tr>
<td></td>
<td>Milk Choice</td>
<td>3.95</td>
</tr>
<tr>
<td></td>
<td>Nata de Coco</td>
<td>3.95</td>
</tr>
</tbody>
</table>

---

**KOMBUCHA**

Kombucha: an effervescent living drink made to order with healthy organic probiotic culture

**ADD-INS:**
- Ginger: 75
- Matcha: 100
- Nata de Coco: 100
- Milk: 100
- Lemonade: 100

**Caffeine-Free**

**HIBISCUS CIDER**

- Hibiscus Cider: 45 - 110

**MOJITO**

- Mojito: 70 - 150

**BUILD YOUR OWN**

- Pick Tea: 25 - 75
- Pick Flavor: 25 - 75
- Milk Choice: 25 - 75

Dairy: 2% Skim
Vegetarian: Soy
Almond: Coconut
Coconut: 12oz | 20oz | 24oz

**Beverage Information:**

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.
TEA CLASSICS

Black Tea
Energizing Nilgiri from Southern India

Red Tea
Organic Rooibos from South Africa

Earl Grey
Black tea blend of bergamot and vanilla

Armenian Mint
Refreshing and revitalizing mint tea

Green Tea
Rejuvenating Japanese Sencha with Matcha

Hibiscus Apple
Thirst-quenching flower petals and apples

White Tea
Youthful and delicate buds from Fujian

Ginger Peach
Black tea with ginger & sweet peaches

Custom Cup
Select from our Loose Leaf Tea Collections

TEA SHOTS

Matcha Shot
Freshly whisked, stone-ground green tea

2.95
5 CAL SWEETENED 30 CAL

Cocoa Mate Shot
An invigorating fusion of Brazilian Mate & cocoa

2.95
40 CAL

SEASONAL SPECIAL

Pumpkin Harvest
Rich autumn flavor of black tea, pumpkin, cinnamon, ginger, cloves and allspice.

2.75 | 3.15 | 3.35

CAFFEINE-FREE