

Breakfast & Lunch
7 Days
Week of April 26th

Breakfast Grains

- WG Cereal
- WG Cinni Mini
- WG Mini Donuts
- Instant Oatmeal
- WG Bagel
- WG Nutrigrain Bar
- WG Mini Waffles

Lunch Entrees

- *Sloppy Joes
- *Pancakes & Sausage
- *Beef Taco & Shredded Cheese
- *Cheese Pizza
- *Chicken Sandwich
- *Grilled Cheese
- *BBQ Chicken

Veggies

Red Bell Pepper	1Ea	1 Cup Red/Yellow
Avocado	2Ea	1 Cup Dark Green
Cucumber	2Ea	3 Cups Dark Green

Fruit

MI Apple Whole	3LB	5 Cups
Oranges	3LB	4 Cups
Pineapple	1EA	3.5 Cups
Fruit Juice	28oz	3.5 Cups

Milk

1 Gallon 1%

Each Meal Package provides minimum:

- 7 cups servings of fruit
- 1.75 cups servings of vegetables
- 21oz eq. Whole Grains
- 14oz eq. Meat/Meat Alternates
- 112 oz Milk

*Pre-cooked item requires heating



Menu Subject to Change