

CREATE YOUR OWN SANDWICH

PLEASE CIRCLE | MEAL EXCHANGE ITEMS ARE IN BOLD

Turkey \$9.99 410 Cal | Salami \$8.29 410 Cal

Chicken Salad \$8.29 310 Cal | Tuna Salad \$8.29 280 Cal

Egg Salad \$7.99 450 Cal | **Roasted Vegetables \$8.29 95 Cal** |

Falafel \$8.49 285 Cal | **Roast Beef \$12.49 320 Cal** | Hot Corned

Beef \$12.99 370 Cal | Cold Corned Beef \$12.99 370 Cal |

Hot Pastrami \$12.99 360 Cal | Cold Pastrami \$12.99 360 Cal |

Schnitzel \$9.39 370 Cal

BREAD (120 - 180 Cal)

Marble Rye | Challah | Jewish Rye | Sourdough

White Wrap | Wheat Wrap | Focaccia Roll | Pita

TOPPINGS (10 - 85 Cal)

Lettuce | Tomato | Cucumber | Caponata |

Pickled Red Onions | Honey Roasted Spanish Onions | Sauerkraut

SAUCE (3 - 90 Cal)

Mayonnaise | Yellow Mustard | Deli Mustard | Remoulade

Thousand Island | Ketchup | Sweet Relish | Chipotle Mayonnaise

CREATE YOUR OWN SALAD

ALL SALAD TOSS SERVED WITH ICEBERG LETTUCE - \$9.39

PLEASE CIRCLE

TOPPINGS (10 - 198 Cal)

Tomato | Cucumber | Red Onion | Black Beans | Red Beans

Carrots | Bell Peppers | Sun Dried Cranberries | Green Olives

Black Olives | Tabbouleh

PROTEINS (156 - 410 Cal)

Turkey | Hard Cooked Egg | Tofu | Tuna Salad | Chicken Salad

DRESSINGS (35 - 90 Cal)

Apple Vinaigrette | Italian | Citrus Vinaigrette

Spicy Tamari Vinaigrette | Ginger Vinaigrette

NAME: _____



Please inform your server if anyone in your party has a food allergy.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

Additional nutritional information available upon request.