### Create Your Own Sandwich

**PLEASE CIRCLE | MEAL EXCHANGE ITEMS ARE IN BOLD**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
<th>Calories</th>
</tr>
</thead>
<tbody>
<tr>
<td>Turkey</td>
<td>$9.99</td>
<td>410</td>
</tr>
<tr>
<td>Chicken Salad</td>
<td>$8.29</td>
<td>310</td>
</tr>
<tr>
<td>Tuna Salad</td>
<td>$8.29</td>
<td>280</td>
</tr>
<tr>
<td>Egg Salad</td>
<td>$7.99</td>
<td>450</td>
</tr>
<tr>
<td>Falafel</td>
<td>$8.49</td>
<td>285</td>
</tr>
<tr>
<td>Roast Beef</td>
<td>$12.49</td>
<td>320</td>
</tr>
<tr>
<td>Hot Corned Beef</td>
<td>$12.99</td>
<td>370</td>
</tr>
<tr>
<td>Rolled Pastrami</td>
<td>$12.99</td>
<td>360</td>
</tr>
<tr>
<td>Schnitzel</td>
<td>$9.39</td>
<td>370</td>
</tr>
</tbody>
</table>

**BREAD (120 - 180 Cal)**

- Marble Rye
- Challah
- Jewish Rye
- Sourdough
- White Wrap
- Wheat Wrap
- Focaccia Roll
- Pita

**TOPPINGS (10 - 85 Cal)**

- Lettuce
- Tomato
- Cucumber
- Caponata
- Pickled Red Onions
- Honey Roasted Spanish Onions
- Sauerkraut

**SAUCE (3 - 90 Cal)**

- Mayonnaise
- Yellow Mustard
- Deli Mustard
- Remoulade
- Thousand Island
- Ketchup
- Sweet Relish
- Chipotle Mayonnaise

### Create Your Own Salad

**ALL SALAD TOSS SERVED WITH ICEBERG LETTUCE - $9.39**

**PLEASE CIRCLE**

**TOPPINGS (10 - 198 Cal)**

- Tomato
- Cucumber
- Red Onion
- Black Beans
- Red Beans
- Carrots
- Bell Peppers
- Sun Dried Cranberries
- Green Olives
- Black Olives
- Tabbouleh

**PROTEINS (156 - 410 Cal)**

- Turkey
- Hard Cooked Egg
- Tofu
- Tuna Salad
- Chicken Salad

**DRESSINGS (35 - 90 Cal)**

- Apple Vinaigrette
- Italian
- Citrus Vinaigrette
- Spicy Tamari Vinaigrette
- Ginger Vinaigrette

### Additional Information

- Please inform your server if anyone in your party has a food allergy.
- 2,000 calories a day is used for general nutrition advice, but calorie needs vary.
- Additional nutritional information available upon request.