

THE HUNGRY BEAR CAT

BREAKFAST

Chobani Parfait Bar	0.25/oz
Cereal Cup	0.59 240-290 cal
Bagel	0.59 290-460 cal
Bagel with cream cheese	1.09 360-530 cal
Egg & Cheese Breakfast Sandwich	2.89 410 cal
Meat, Egg & Cheese Breakfast Sandwich	3.39 320-620 cal

BUILD YOUR OWN SMOOTHIES

Smoothie	2.94
with Single Boost of Protein	3.92
with Double Boost of Protein	4.91

SANDWICHES

Served on your choice of bread.

Egg Salad	0.80 280-360 cal
Chicken Salad	1.45 560-640 cal
Turkey & Cheddar	1.90 330-410 cal
Grilled Cheese	1.99 550-630 cal

ARTISAN WHEAT PIZZAS*

All served with mixed greens side salad.

Cheese	1.52 370 cal
Roasted Vegetable	2.27 410 cal
Pesto Chicken	3.14 510 cal

SALADS

Caesar Salad	0.99 70 cal
Chicken Caesar Salad	2.24 160 cal
Chef Salad	1.68 240 cal
Southwestern Chicken Salad	1.78 470 cal
Quinoa Salad	1.04 230 cal
Grilled Chicken Salad	2.71 470 cal

QUESADILLAS

Chicken Quesadilla	3.38 950 cal
Cheese Quesadilla	1.80 1100 cal
Buffalo Chicken Quesadilla	3.51 870 cal

2000 calories a day is used for a general nutrition advice but calorie needs vary. Additional nutrition information available upon request.

**Nutritionals calculated without dressing.*

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SNACKS

Hard Boiled Egg Cup	0.95 140 cal
Boar's Head Hummus & Pretzel Cup	2.99 250-270 cal
Fresh Fruit Cup	3.99 45 cal
Banana	0.28 110 cal
Apple	0.75 90 cal
Orange	0.72 60 cal
Boar's Head Pickle	0.87 5 cal

BEVERAGES

Bottled Water	1.99 0 cal
Bottled Soda	2.09 0-240 cal
16 oz. Fountain Soda	0.55 270-350 cal
20 oz. Fountain Soda	0.62 380-460 cal
Bottled Milk	2.09 120-340 cal
Minute Maid Juice	2.29 170-180 cal
Powerade	2.19 200 cal
Coffee	0.39 0 cal
Tea	0.10 0 cal

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**Soda nutritionals calculated without ice.*