

## Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 1 Day 1 Pancakes w/ Syrup :28874 - ServingDate: 03/02/2020</b>								
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Danimals vanilla yogurt - PVR1156 (1 Container)	0	70.00	0.00	0.00	0.00	60.00	14.00	4.00
Strawberry Banana Bash Yogurt - SR1145 (1 4 oz conta)	0	80.00	0.50	0.00	0.00	60.00	15.00	4.00
Yoplait Yogurt Mixed Berry Original - PVR1157 (1 Container)	0	150.00	1.00	0.00	0.00	150.00	26.00	6.00
Cinnamon Toast Crunch Cereal reduced sugar - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Trix Cereal reduced sugar - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00
Ice Cream Machine 3.1 oz 2WG Apple Muffin - PVR1171 (1 muffin)	0	230.00	8.00	2.00	0.00	240.00	31.00	4.00
Ice Cream Machine 3.1 oz 2WG Banana Muffin - PVR1226 (1 muffin)	0	220.00	7.00	2.00	0.00	240.00	33.00	4.00
Ice Cream Machine 3.1 oz 2WG Blueberry Muffin - PVR1172 (1 muffin)	0	270.00	9.00	2.00	0.00	210.00	38.00	5.00
Chocolate Chip Muffin - PVR1194 (1 muffin)	0	290.00	7.00	1.50	0.00	250.00	41.00	6.00
Mini Eggo Pancake Bites - SR1590 (1 pkg.)	0	210.00	6.00	1.00	0.00	320.00	35.00	4.00
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Strawberries - SR2218 (1/2 c.)	0	122.40	0.17	0.01	0.00	3.99	33.05	0.68

## Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 1 Day 1 Pancakes w/ Syrup :28874 - ServingDate: 03/02/2020</b>								
USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.)	0	55.00	0.00	0.00	0.00	0.00	14.00	0.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Pancake & Waffle Syrup - SR1158 (2 tbsp.)	0	105.00	0.00	0.00	0.00	47.50	26.00	0.00
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 1 Day 2 Ham &amp; Cheese Breakfast Sandwich :28874 - ServingDate: 03/03/2020</b>								
American Breakfast Sandwich - SR1745 (1 sandwich)	0	232.50	8.88	3.75	0.00	990.00	25.00	12.75
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00

## Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 1 Day 2 Ham &amp; Cheese Breakfast Sandwich :28874 - ServingDate: 03/03/2020</b>								
Danimals vanilla yogurt - PVR1156 (1 Container)	0	70.00	0.00	0.00	0.00	60.00	14.00	4.00
Strawberry Banana Bash Yogurt - SR1145 (1 4 oz conta)	0	80.00	0.50	0.00	0.00	60.00	15.00	4.00
Yoplait Yogurt Mixed Berry Original - PVR1157 (1 Container)	0	150.00	1.00	0.00	0.00	150.00	26.00	6.00
Cinnamon Toast Crunch Cereal reduced sugar - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Trix Cereal reduced sugar - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00
Ice Cream Machine 3.1 oz 2WG Apple Muffin - PVR1171 (1 muffin)	0	230.00	8.00	2.00	0.00	240.00	31.00	4.00
Ice Cream Machine 3.1 oz 2WG Banana Muffin - PVR1226 (1 muffin)	0	220.00	7.00	2.00	0.00	240.00	33.00	4.00
Ice Cream Machine 3.1 oz 2WG Blueberry Muffin - PVR1172 (1 muffin)	0	270.00	9.00	2.00	0.00	210.00	38.00	5.00
Chocolate Chip Muffin - PVR1194 (1 muffin)	0	290.00	7.00	1.50	0.00	250.00	41.00	6.00
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.)	0	55.00	0.00	0.00	0.00	0.00	14.00	0.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00

# Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL  
 Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 1 Day 2 Ham &amp; Cheese Breakfast Sandwich :28874 - ServingDate: 03/03/2020</b>								
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Guida's Whole Milk - 8 fl. oz - PVR1206 (1 Carton)	0	160.00	8.00	5.00	0.00	125.00	13.00	8.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 1 Day 3 Sausage &amp; Cheese Flatbread Sandwich :28874 - ServingDate: 03/04/2020</b>								
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Danimals vanilla yogurt - PVR1156 (1 Container)	0	70.00	0.00	0.00	0.00	60.00	14.00	4.00
Strawberry Banana Bash Yogurt - SR1145 (1 4 oz conta)	0	80.00	0.50	0.00	0.00	60.00	15.00	4.00
Yoplait Yogurt Mixed Berry Original - PVR1157 (1 Container)	0	150.00	1.00	0.00	0.00	150.00	26.00	6.00

## Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 1 Day 3 Sausage &amp; Cheese Flatbread Sandwich :28874 - ServingDate: 03/04/2020</b>								
Cinnamon Toast Crunch Cereal reduced sugar - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Trix Cereal reduced sugar - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00
Ice Cream Machine 3.1 oz 2WG Apple Muffin - PVR1171 (1 muffin)	0	230.00	8.00	2.00	0.00	240.00	31.00	4.00
Ice Cream Machine 3.1 oz 2WG Banana Muffin - PVR1226 (1 muffin)	0	220.00	7.00	2.00	0.00	240.00	33.00	4.00
Ice Cream Machine 3.1 oz 2WG Blueberry Muffin - PVR1172 (1 muffin)	0	270.00	9.00	2.00	0.00	210.00	38.00	5.00
Chocolate Chip Muffin - PVR1194 (1 muffin)	0	290.00	7.00	1.50	0.00	250.00	41.00	6.00
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.)	0	55.00	0.00	0.00	0.00	0.00	14.00	0.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00

## Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 1 Day 3 Sausage &amp; Cheese Flatbread Sandwich :28874 - ServingDate: 03/04/2020</b>								
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 1 Day 4 French Toast :28874 - ServingDate: 03/05/2020</b>								
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Strawberry Yogurt - SR2433 (1/2 c.)	0	112.61	0.75	0.38	0.00	60.06	23.27	3.75
Danimals vanilla yogurt - PVR1156 (1 Container)	0	70.00	0.00	0.00	0.00	60.00	14.00	4.00
Strawberry Banana Bash Yogurt - SR1145 (1 4 oz conta)	0	80.00	0.50	0.00	0.00	60.00	15.00	4.00
Yoplait Yogurt Mixed Berry Original - PVR1157 (1 Container)	0	150.00	1.00	0.00	0.00	150.00	26.00	6.00
Cinnamon Toast Crunch Cereal reduced sugar - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Trix Cereal reduced sugar - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00

## Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 1 Day 4 French Toast :28874 - ServingDate: 03/05/2020</b>								
French Toast Sticks - SR1910 (3 stick.)	0	190.92	7.34	1.47	0.00	220.29	27.90	4.41
Ice Cream Machine 3.1 oz 2WG Apple Muffin - PVR1171 (1 muffin)	0	230.00	8.00	2.00	0.00	240.00	31.00	4.00
Ice Cream Machine 3.1 oz 2WG Banana Muffin - PVR1226 (1 muffin)	0	220.00	7.00	2.00	0.00	240.00	33.00	4.00
Ice Cream Machine 3.1 oz 2WG Blueberry Muffin - PVR1172 (1 muffin)	0	270.00	9.00	2.00	0.00	210.00	38.00	5.00
Chocolate Chip Muffin - PVR1194 (1 muffin)	0	290.00	7.00	1.50	0.00	250.00	41.00	6.00
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Pancake & Waffle Syrup - SR1158 (2 tbsp.)	0	105.00	0.00	0.00	0.00	47.50	26.00	0.00

## Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 1 Day 5 bagel and cream cheese :28874 - ServingDate: 03/06/2020</b>								
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Danimals vanilla yogurt - PVR1156 (1 Container)	0	70.00	0.00	0.00	0.00	60.00	14.00	4.00
Strawberry Banana Bash Yogurt - SR1145 (1 4 oz conta)	0	80.00	0.50	0.00	0.00	60.00	15.00	4.00
Yoplait Yogurt Mixed Berry Original - PVR1157 (1 Container)	0	150.00	1.00	0.00	0.00	150.00	26.00	6.00
Cinnamon Toast Crunch Cereal reduced sugar - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Trix Cereal reduced sugar - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00
Ice Cream Machine 3.1 oz 2WG Apple Muffin - PVR1171 (1 muffin)	0	230.00	8.00	2.00	0.00	240.00	31.00	4.00
Ice Cream Machine 3.1 oz 2WG Banana Muffin - PVR1226 (1 muffin)	0	220.00	7.00	2.00	0.00	240.00	33.00	4.00
Ice Cream Machine 3.1 oz 2WG Blueberry Muffin - PVR1172 (1 muffin)	0	270.00	9.00	2.00	0.00	210.00	38.00	5.00
Chocolate Chip Muffin - PVR1194 (1 muffin)	0	290.00	7.00	1.50	0.00	250.00	41.00	6.00
Soft Wheat Bagel - SR1168 (1/2 bagel)	0	90.00	0.50	0.00	0.00	100.00	17.50	3.50
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29



# Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL  
 Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 1 Day 5 bagel and cream cheese :28874 - ServingDate: 03/06/2020</b>								
USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.)	0	55.00	0.00	0.00	0.00	0.00	14.00	0.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Cream Cheese Cup - SR1169 (3/4 oz.)	0	44.54	3.55	2.25	0.13	80.37	1.71	1.57
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 2 Day 1 Waffle :28874 - ServingDate: 03/09/2020</b>								
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Orange Smoothie - SR1397 (1 ea.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Danimals vanilla yogurt - PVR1156 (1 Container)	0	70.00	0.00	0.00	0.00	60.00	14.00	4.00

# Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL  
 Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 2 Day 1 Waffle :28874 - ServingDate: 03/09/2020</b>								
Strawberry Banana Bash Yogurt - SR1145 (1 4 oz conta)	0	80.00	0.50	0.00	0.00	60.00	15.00	4.00
Yoplait Yogurt Mixed Berry Original - PVR1157 (1 Container)	0	150.00	1.00	0.00	0.00	150.00	26.00	6.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Trix Cereal reduced sugar - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00
Cookie Blueberry Biscuit - PVR1268 (1 pkg.)	0	14720.00	512.00	32.00	0.00	13440.00	2304.00	256.00
Ice Cream Machine 3.1 oz 2WG Apple Muffin - PVR1171 (1 muffin)	0	230.00	8.00	2.00	0.00	240.00	31.00	4.00
Ice Cream Machine 3.1 oz 2WG Banana Muffin - PVR1226 (1 muffin)	0	220.00	7.00	2.00	0.00	240.00	33.00	4.00
Ice Cream Machine 3.1 oz 2WG Blueberry Muffin - PVR1172 (1 muffin)	0	270.00	9.00	2.00	0.00	210.00	38.00	5.00
Chocolate Chip Muffin - PVR1194 (1 muffin)	0	290.00	7.00	1.50	0.00	250.00	41.00	6.00
Mini Cinnamon Waffle Bites - SR1594 (1 pkg.)	0	200.00	5.00	1.50	0.00	260.00	35.00	4.00
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Strawberries - SR2218 (1/2 c.)	0	122.40	0.17	0.01	0.00	3.99	33.05	0.68
USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.)	0	55.00	0.00	0.00	0.00	0.00	14.00	0.00

## Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 2 Day 1 Waffle :28874 - ServingDate: 03/09/2020</b>								
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Pancake & Waffle Syrup - SR1158 (2 tbsp.)	0	105.00	0.00	0.00	0.00	47.50	26.00	0.00
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 2 Day 2 Sausage and Cheese Waffle flatbread :28874 - ServingDate: 03/10/2020</b>								
Sausage Breakfast Sandwich - SR1189 (1 sandwich)	0	240.00	10.00	4.00	0.00	955.00	24.00	13.50
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Danimals vanilla yogurt - PVR1156 (1 Container)	0	70.00	0.00	0.00	0.00	60.00	14.00	4.00
Strawberry Banana Bash Yogurt - SR1145 (1 4 oz conta)	0	80.00	0.50	0.00	0.00	60.00	15.00	4.00

## Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 2 Day 2 Sausage and Cheese Waffle flatbread :28874 - ServingDate: 03/10/2020</b>								
Yoplait Yogurt Mixed Berry Original - PVR1157 (1 Container)	0	150.00	1.00	0.00	0.00	150.00	26.00	6.00
Cinnamon Toast Crunch Cereal reduced sugar - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Trix Cereal reduced sugar - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00
Ice Cream Machine 3.1 oz 2WG Apple Muffin - PVR1171 (1 muffin)	0	230.00	8.00	2.00	0.00	240.00	31.00	4.00
Ice Cream Machine 3.1 oz 2WG Banana Muffin - PVR1226 (1 muffin)	0	220.00	7.00	2.00	0.00	240.00	33.00	4.00
Ice Cream Machine 3.1 oz 2WG Blueberry Muffin - PVR1172 (1 muffin)	0	270.00	9.00	2.00	0.00	210.00	38.00	5.00
Chocolate Chip Muffin - PVR1194 (1 muffin)	0	290.00	7.00	1.50	0.00	250.00	41.00	6.00
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.)	0	55.00	0.00	0.00	0.00	0.00	14.00	0.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00

## Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 2 Day 2 Sausage and Cheese Waffle flatbread :28874 - ServingDate: 03/10/2020</b>								
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 2 Day 4 French Toast :28874 - ServingDate: 03/12/2020</b>								
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Danimals vanilla yogurt - PVR1156 (1 Container)	0	70.00	0.00	0.00	0.00	60.00	14.00	4.00
Strawberry Banana Bash Yogurt - SR1145 (1 4 oz conta)	0	80.00	0.50	0.00	0.00	60.00	15.00	4.00
Yoplait Yogurt Mixed Berry Original - PVR1157 (1 Container)	0	150.00	1.00	0.00	0.00	150.00	26.00	6.00
Cinnamon Toast Crunch Cereal reduced sugar - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Trix Cereal reduced sugar - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00

## Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 2 Day 4 French Toast :28874 - ServingDate: 03/12/2020</b>								
French Toast Sticks - SR1910 (3 stick.)	0	190.92	7.34	1.47	0.00	220.29	27.90	4.41
Ice Cream Machine 3.1 oz 2WG Apple Muffin - PVR1171 (1 muffin)	0	230.00	8.00	2.00	0.00	240.00	31.00	4.00
Ice Cream Machine 3.1 oz 2WG Banana Muffin - PVR1226 (1 muffin)	0	220.00	7.00	2.00	0.00	240.00	33.00	4.00
Ice Cream Machine 3.1 oz 2WG Blueberry Muffin - PVR1172 (1 muffin)	0	270.00	9.00	2.00	0.00	210.00	38.00	5.00
Chocolate Chip Muffin - PVR1194 (1 muffin)	0	290.00	7.00	1.50	0.00	250.00	41.00	6.00
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.)	0	55.00	0.00	0.00	0.00	0.00	14.00	0.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00

# Menu Calendar Nutrient Analysis Report - March, 2020

Generated on: 2/24/2020 9:18:29 AM by Stephanie Gamboa

Site: ALL

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 2 Day 4 French Toast :28874 - ServingDate: 03/12/2020</b>								
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Pancake & Waffle Syrup - SR1158 (2 tbsp.)	0	105.00	0.00	0.00	0.00	47.50	26.00	0.00
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 2 Day 5 Cheese omelet :28874 - ServingDate: 03/13/2020</b>								
Cheddar Cheese Omelet - SR2476 (1 Omelet)	0	130.00	11.00	3.50	0.00	290.00	1.00	7.00
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Danimals vanilla yogurt - PVR1156 (1 Container)	0	70.00	0.00	0.00	0.00	60.00	14.00	4.00
Strawberry Banana Bash Yogurt - SR1145 (1 4 oz conta)	0	80.00	0.50	0.00	0.00	60.00	15.00	4.00
Yoplait Yogurt Mixed Berry Original - PVR1157 (1 Container)	0	150.00	1.00	0.00	0.00	150.00	26.00	6.00
Cinnamon Toast Crunch Cereal reduced sugar - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Trix Cereal reduced sugar - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00
Ice Cream Machine 3.1 oz 2WG Apple Muffin - PVR1171 (1 muffin)	0	230.00	8.00	2.00	0.00	240.00	31.00	4.00
Ice Cream Machine 3.1 oz 2WG Banana Muffin - PVR1226 (1 muffin)	0	220.00	7.00	2.00	0.00	240.00	33.00	4.00

# Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL  
 Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 2 Day 5 Cheese omelet :28874 - ServingDate: 03/13/2020</b>								
Ice Cream Machine 3.1 oz 2WG Blueberry Muffin - PVR1172 (1 muffin)	0	270.00	9.00	2.00	0.00	210.00	38.00	5.00
Chocolate Chip Muffin - PVR1194 (1 muffin)	0	290.00	7.00	1.50	0.00	250.00	41.00	6.00
Soft Wheat Bagel - SR1168 (1/2 bagel)	0	90.00	0.50	0.00	0.00	100.00	17.50	3.50
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.)	0	55.00	0.00	0.00	0.00	0.00	14.00	0.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00



## Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 3 Day 1 Pancake w/ Syrup :28874 - ServingDate: 03/16/2020</b>								
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Danimals vanilla yogurt - PVR1156 (1 Container)	0	70.00	0.00	0.00	0.00	60.00	14.00	4.00
Strawberry Banana Bash Yogurt - SR1145 (1 4 oz conta)	0	80.00	0.50	0.00	0.00	60.00	15.00	4.00
Yoplait Yogurt Mixed Berry Original - PVR1157 (1 Container)	0	150.00	1.00	0.00	0.00	150.00	26.00	6.00
Cinnamon Toast Crunch Cereal reduced sugar - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Trix Cereal reduced sugar - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00
Ice Cream Machine 3.1 oz 2WG Apple Muffin - PVR1171 (1 muffin)	0	230.00	8.00	2.00	0.00	240.00	31.00	4.00
Ice Cream Machine 3.1 oz 2WG Banana Muffin - PVR1226 (1 muffin)	0	220.00	7.00	2.00	0.00	240.00	33.00	4.00
Ice Cream Machine 3.1 oz 2WG Blueberry Muffin - PVR1172 (1 muffin)	0	270.00	9.00	2.00	0.00	210.00	38.00	5.00
Chocolate Chip Muffin - PVR1194 (1 muffin)	0	290.00	7.00	1.50	0.00	250.00	41.00	6.00
Mini Eggo Pancake Bites - SR1590 (1 pkg.)	0	210.00	6.00	1.00	0.00	320.00	35.00	4.00
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Strawberries - SR2218 (1/2 c.)	0	122.40	0.17	0.01	0.00	3.99	33.05	0.68

## Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 3 Day 1 Pancake w/ Syrup :28874 - ServingDate: 03/16/2020</b>								
USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.)	0	55.00	0.00	0.00	0.00	0.00	14.00	0.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Pancake & Waffle Syrup - SR1158 (2 tbsp.)	0	105.00	0.00	0.00	0.00	47.50	26.00	0.00
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 3 Day 2 Sausage &amp; Cheese Sandwich :28874 - ServingDate: 03/17/2020</b>								
Sausage Breakfast Sandwich - SR1189 (1 sandwich)	0	240.00	10.00	4.00	0.00	955.00	24.00	13.50
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00

## Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 3 Day 2 Sausage &amp; Cheese Sandwich :28874 - ServingDate: 03/17/2020</b>								
Danimals vanilla yogurt - PVR1156 (1 Container)	0	70.00	0.00	0.00	0.00	60.00	14.00	4.00
Strawberry Banana Bash Yogurt - SR1145 (1 4 oz conta)	0	80.00	0.50	0.00	0.00	60.00	15.00	4.00
Yoplait Yogurt Mixed Berry Original - PVR1157 (1 Container)	0	150.00	1.00	0.00	0.00	150.00	26.00	6.00
Cinnamon Toast Crunch Cereal reduced sugar - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Trix Cereal reduced sugar - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00
Ice Cream Machine 3.1 oz 2WG Apple Muffin - PVR1171 (1 muffin)	0	230.00	8.00	2.00	0.00	240.00	31.00	4.00
Ice Cream Machine 3.1 oz 2WG Banana Muffin - PVR1226 (1 muffin)	0	220.00	7.00	2.00	0.00	240.00	33.00	4.00
Ice Cream Machine 3.1 oz 2WG Blueberry Muffin - PVR1172 (1 muffin)	0	270.00	9.00	2.00	0.00	210.00	38.00	5.00
Chocolate Chip Muffin - PVR1194 (1 muffin)	0	290.00	7.00	1.50	0.00	250.00	41.00	6.00
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.)	0	55.00	0.00	0.00	0.00	0.00	14.00	0.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00

# Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL  
 Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 3 Day 2 Sausage &amp; Cheese Sandwich :28874 - ServingDate: 03/17/2020</b>								
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 3 Day 3 Egg &amp; Cheese on Waffle flatbread :28874 - ServingDate: 03/18/2020</b>								
Egg Muffin Breakfast Sandwich - SR1193 (1 sandwich)	0	215.00	8.00	3.50	0.00	910.00	25.00	10.50
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Danimals vanilla yogurt - PVR1156 (1 Container)	0	70.00	0.00	0.00	0.00	60.00	14.00	4.00
Strawberry Banana Bash Yogurt - SR1145 (1 4 oz conta)	0	80.00	0.50	0.00	0.00	60.00	15.00	4.00
Yoplait Yogurt Mixed Berry Original - PVR1157 (1 Container)	0	150.00	1.00	0.00	0.00	150.00	26.00	6.00

# Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL  
 Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 3 Day 3 Egg &amp; Cheese on Waffle flatbread :28874 - ServingDate: 03/18/2020</b>								
Cinnamon Toast Crunch Cereal reduced sugar - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Trix Cereal reduced sugar - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00
Ice Cream Machine 3.1 oz 2WG Apple Muffin - PVR1171 (1 muffin)	0	230.00	8.00	2.00	0.00	240.00	31.00	4.00
Ice Cream Machine 3.1 oz 2WG Banana Muffin - PVR1226 (1 muffin)	0	220.00	7.00	2.00	0.00	240.00	33.00	4.00
Ice Cream Machine 3.1 oz 2WG Blueberry Muffin - PVR1172 (1 muffin)	0	270.00	9.00	2.00	0.00	210.00	38.00	5.00
Chocolate Chip Muffin - PVR1194 (1 muffin)	0	290.00	7.00	1.50	0.00	250.00	41.00	6.00
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.)	0	55.00	0.00	0.00	0.00	0.00	14.00	0.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00

# Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL  
 Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 3 Day 3 Egg &amp; Cheese on Waffle flatbread :28874 - ServingDate: 03/18/2020</b>								
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 3 Day 4 French Toast w/ Syrup :28874 - ServingDate: 03/19/2020</b>								
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Strawberry Yogurt - SR2433 (1/2 c.)	0	112.61	0.75	0.38	0.00	60.06	23.27	3.75
Danimals vanilla yogurt - PVR1156 (1 Container)	0	70.00	0.00	0.00	0.00	60.00	14.00	4.00
Strawberry Banana Bash Yogurt - SR1145 (1 4 oz conta)	0	80.00	0.50	0.00	0.00	60.00	15.00	4.00
Yoplait Yogurt Mixed Berry Original - PVR1157 (1 Container)	0	150.00	1.00	0.00	0.00	150.00	26.00	6.00
Cinnamon Toast Crunch Cereal reduced sugar - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Trix Cereal reduced sugar - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00

## Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 3 Day 4 French Toast w/ Syrup :28874 - ServingDate: 03/19/2020</b>								
French Toast Sticks - SR1910 (3 stick.)	0	190.92	7.34	1.47	0.00	220.29	27.90	4.41
Ice Cream Machine 3.1 oz 2WG Apple Muffin - PVR1171 (1 muffin)	0	230.00	8.00	2.00	0.00	240.00	31.00	4.00
Ice Cream Machine 3.1 oz 2WG Banana Muffin - PVR1226 (1 muffin)	0	220.00	7.00	2.00	0.00	240.00	33.00	4.00
Ice Cream Machine 3.1 oz 2WG Blueberry Muffin - PVR1172 (1 muffin)	0	270.00	9.00	2.00	0.00	210.00	38.00	5.00
Chocolate Chip Muffin - PVR1194 (1 muffin)	0	290.00	7.00	1.50	0.00	250.00	41.00	6.00
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.)	0	55.00	0.00	0.00	0.00	0.00	14.00	0.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00

## Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 3 Day 4 French Toast w/ Syrup :28874 - ServingDate: 03/19/2020</b>								
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Pancake & Waffle Syrup - SR1158 (2 tbsp.)	0	105.00	0.00	0.00	0.00	47.50	26.00	0.00
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 3 Day 5 Bagel :28874 - ServingDate: 03/20/2020</b>								
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Danimals vanilla yogurt - PVR1156 (1 Container)	0	70.00	0.00	0.00	0.00	60.00	14.00	4.00
Strawberry Banana Bash Yogurt - SR1145 (1 4 oz conta)	0	80.00	0.50	0.00	0.00	60.00	15.00	4.00
Yoplait Yogurt Mixed Berry Original - PVR1157 (1 Container)	0	150.00	1.00	0.00	0.00	150.00	26.00	6.00
Cinnamon Toast Crunch Cereal reduced sugar - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Trix Cereal reduced sugar - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00
Ice Cream Machine 3.1 oz 2WG Apple Muffin - PVR1171 (1 muffin)	0	230.00	8.00	2.00	0.00	240.00	31.00	4.00
Ice Cream Machine 3.1 oz 2WG Banana Muffin - PVR1226 (1 muffin)	0	220.00	7.00	2.00	0.00	240.00	33.00	4.00
Ice Cream Machine 3.1 oz 2WG Blueberry Muffin - PVR1172 (1 muffin)	0	270.00	9.00	2.00	0.00	210.00	38.00	5.00



## Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 3 Day 5 Bagel :28874 - ServingDate: 03/20/2020</b>								
Chocolate Chip Muffin - PVR1194 (1 muffin)	0	290.00	7.00	1.50	0.00	250.00	41.00	6.00
Soft Wheat Bagel - SR1168 (1 bagel)	0	180.00	1.00	0.00	0.00	200.00	35.00	7.00
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.)	0	55.00	0.00	0.00	0.00	0.00	14.00	0.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Cream Cheese Cup - SR1169 (3/4 oz.)	0	44.54	3.55	2.25	0.13	80.37	1.71	1.57

## Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 4 Day 1 Pancake w/syrup :28874 - ServingDate: 03/23/2020</b>								
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Danimals vanilla yogurt - PVR1156 (1 Container)	0	70.00	0.00	0.00	0.00	60.00	14.00	4.00
Strawberry Banana Bash Yogurt - SR1145 (1 4 oz conta)	0	80.00	0.50	0.00	0.00	60.00	15.00	4.00
Yoplait Yogurt Mixed Berry Original - PVR1157 (1 Container)	0	150.00	1.00	0.00	0.00	150.00	26.00	6.00
Cinnamon Toast Crunch Cereal reduced sugar - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Trix Cereal reduced sugar - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00
Ice Cream Machine 3.1 oz 2WG Apple Muffin - PVR1171 (1 muffin)	0	230.00	8.00	2.00	0.00	240.00	31.00	4.00
Ice Cream Machine 3.1 oz 2WG Banana Muffin - PVR1226 (1 muffin)	0	220.00	7.00	2.00	0.00	240.00	33.00	4.00
Ice Cream Machine 3.1 oz 2WG Blueberry Muffin - PVR1172 (1 muffin)	0	270.00	9.00	2.00	0.00	210.00	38.00	5.00
Chocolate Chip Muffin - PVR1194 (1 muffin)	0	290.00	7.00	1.50	0.00	250.00	41.00	6.00
Mini Cinnamon Waffle Bites - SR1594 (1 pkg.)	0	200.00	5.00	1.50	0.00	260.00	35.00	4.00
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Strawberries - SR2218 (1/2 c.)	0	122.40	0.17	0.01	0.00	3.99	33.05	0.68

## Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 4 Day 1 Pancake w/syrup :28874 - ServingDate: 03/23/2020</b>								
USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.)	0	55.00	0.00	0.00	0.00	0.00	14.00	0.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Pancake & Waffle Syrup - SR1158 (2 tbsp.)	0	105.00	0.00	0.00	0.00	47.50	26.00	0.00
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 4 Day 2 ham &amp; Cheese :28874 - ServingDate: 03/24/2020</b>								
American Breakfast Sandwich - SR1745 (1 sandwich)	0	232.50	8.88	3.75	0.00	990.00	25.00	12.75
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00

## Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 4 Day 2 ham &amp; Cheese :28874 - ServingDate: 03/24/2020</b>								
Danimals vanilla yogurt - PVR1156 (1 Container)	0	70.00	0.00	0.00	0.00	60.00	14.00	4.00
Strawberry Banana Bash Yogurt - SR1145 (1 4 oz conta)	0	80.00	0.50	0.00	0.00	60.00	15.00	4.00
Yoplait Yogurt Mixed Berry Original - PVR1157 (1 Container)	0	150.00	1.00	0.00	0.00	150.00	26.00	6.00
Cinnamon Toast Crunch Cereal reduced sugar - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Trix Cereal reduced sugar - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00
Ice Cream Machine 3.1 oz 2WG Apple Muffin - PVR1171 (1 muffin)	0	230.00	8.00	2.00	0.00	240.00	31.00	4.00
Ice Cream Machine 3.1 oz 2WG Banana Muffin - PVR1226 (1 muffin)	0	220.00	7.00	2.00	0.00	240.00	33.00	4.00
Ice Cream Machine 3.1 oz 2WG Blueberry Muffin - PVR1172 (1 muffin)	0	270.00	9.00	2.00	0.00	210.00	38.00	5.00
Chocolate Chip Muffin - PVR1194 (1 muffin)	0	290.00	7.00	1.50	0.00	250.00	41.00	6.00
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.)	0	55.00	0.00	0.00	0.00	0.00	14.00	0.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00

## Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 4 Day 2 ham &amp; Cheese :28874 - ServingDate: 03/24/2020</b>								
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 4 Day 3 Ham &amp; Cheese English Muffin :28874 - ServingDate: 03/25/2020</b>								
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Danimals vanilla yogurt - PVR1156 (1 Container)	0	70.00	0.00	0.00	0.00	60.00	14.00	4.00
Strawberry Banana Bash Yogurt - SR1145 (1 4 oz conta)	0	80.00	0.50	0.00	0.00	60.00	15.00	4.00
Yoplait Yogurt Mixed Berry Original - PVR1157 (1 Container)	0	150.00	1.00	0.00	0.00	150.00	26.00	6.00
Cinnamon Toast Crunch Cereal reduced sugar - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00

## Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 4 Day 3 Ham &amp; Cheese English Muffin :28874 - ServingDate: 03/25/2020</b>								
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Trix Cereal reduced sugar - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00
Ice Cream Machine 3.1 oz 2WG Apple Muffin - PVR1171 (1 muffin)	0	230.00	8.00	2.00	0.00	240.00	31.00	4.00
Ice Cream Machine 3.1 oz 2WG Banana Muffin - PVR1226 (1 muffin)	0	220.00	7.00	2.00	0.00	240.00	33.00	4.00
Ice Cream Machine 3.1 oz 2WG Blueberry Muffin - PVR1172 (1 muffin)	0	270.00	9.00	2.00	0.00	210.00	38.00	5.00
Chocolate Chip Muffin - PVR1194 (1 muffin)	0	290.00	7.00	1.50	0.00	250.00	41.00	6.00
Waffles, mini, blueberry bash, Pillsbury - SR2443 (1 pkg.)	0	200.00	6.00	1.00	0.00	170.00	36.00	4.00
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.)	0	55.00	0.00	0.00	0.00	0.00	14.00	0.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00

## Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 4 Day 3 Ham &amp; Cheese English Muffin :28874 - ServingDate: 03/25/2020</b>								
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 4 Day 4 French toast :28874 - ServingDate: 03/26/2020</b>								
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Strawberry Yogurt - SR2433 (1/2 c.)	0	112.61	0.75	0.38	0.00	60.06	23.27	3.75
Danimals vanilla yogurt - PVR1156 (1 Container)	0	70.00	0.00	0.00	0.00	60.00	14.00	4.00
Strawberry Banana Bash Yogurt - SR1145 (1 4 oz conta)	0	80.00	0.50	0.00	0.00	60.00	15.00	4.00
Yoplait Yogurt Mixed Berry Original - PVR1157 (1 Container)	0	150.00	1.00	0.00	0.00	150.00	26.00	6.00
Cinnamon Toast Crunch Cereal reduced sugar - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Trix Cereal reduced sugar - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00

# Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL  
 Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 4 Day 4 French toast :28874 - ServingDate: 03/26/2020</b>								
French Toast Sticks - SR1910 (3 stick.)	0	190.92	7.34	1.47	0.00	220.29	27.90	4.41
Ice Cream Machine 3.1 oz 2WG Apple Muffin - PVR1171 (1 muffin)	0	230.00	8.00	2.00	0.00	240.00	31.00	4.00
Ice Cream Machine 3.1 oz 2WG Banana Muffin - PVR1226 (1 muffin)	0	220.00	7.00	2.00	0.00	240.00	33.00	4.00
Ice Cream Machine 3.1 oz 2WG Blueberry Muffin - PVR1172 (1 muffin)	0	270.00	9.00	2.00	0.00	210.00	38.00	5.00
Chocolate Chip Muffin - PVR1194 (1 muffin)	0	290.00	7.00	1.50	0.00	250.00	41.00	6.00
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.)	0	55.00	0.00	0.00	0.00	0.00	14.00	0.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00



## Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 4 Day 4 French toast :28874 - ServingDate: 03/26/2020</b>								
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Pancake & Waffle Syrup - SR1158 (2 tbsp.)	0	105.00	0.00	0.00	0.00	47.50	26.00	0.00
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 4 Day 5 Cheese Omelet w/ 1/2 bagel :28874 - ServingDate: 03/27/2020</b>								
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Danimals vanilla yogurt - PVR1156 (1 Container)	0	70.00	0.00	0.00	0.00	60.00	14.00	4.00
Strawberry Banana Bash Yogurt - SR1145 (1 4 oz conta)	0	80.00	0.50	0.00	0.00	60.00	15.00	4.00
Yoplait Yogurt Mixed Berry Original - PVR1157 (1 Container)	0	150.00	1.00	0.00	0.00	150.00	26.00	6.00
Cinnamon Toast Crunch Cereal reduced sugar - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Trix Cereal reduced sugar - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00
Ice Cream Machine 3.1 oz 2WG Apple Muffin - PVR1171 (1 muffin)	0	230.00	8.00	2.00	0.00	240.00	31.00	4.00
Ice Cream Machine 3.1 oz 2WG Banana Muffin - PVR1226 (1 muffin)	0	220.00	7.00	2.00	0.00	240.00	33.00	4.00

## Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 4 Day 5 Cheese Omelet w/ 1/2 bagel :28874 - ServingDate: 03/27/2020</b>								
Ice Cream Machine 3.1 oz 2WG Blueberry Muffin - PVR1172 (1 muffin)	0	270.00	9.00	2.00	0.00	210.00	38.00	5.00
Chocolate Chip Muffin - PVR1194 (1 muffin)	0	290.00	7.00	1.50	0.00	250.00	41.00	6.00
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.)	0	55.00	0.00	0.00	0.00	0.00	14.00	0.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00

## Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 1 Day 1 Pancakes w/ Syrup :28874 - ServingDate: 03/30/2020</b>								
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Danimals vanilla yogurt - PVR1156 (1 Container)	0	70.00	0.00	0.00	0.00	60.00	14.00	4.00
Strawberry Banana Bash Yogurt - SR1145 (1 4 oz conta)	0	80.00	0.50	0.00	0.00	60.00	15.00	4.00
Yoplait Yogurt Mixed Berry Original - PVR1157 (1 Container)	0	150.00	1.00	0.00	0.00	150.00	26.00	6.00
Cinnamon Toast Crunch Cereal reduced sugar - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Trix Cereal reduced sugar - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00
Ice Cream Machine 3.1 oz 2WG Apple Muffin - PVR1171 (1 muffin)	0	230.00	8.00	2.00	0.00	240.00	31.00	4.00
Ice Cream Machine 3.1 oz 2WG Banana Muffin - PVR1226 (1 muffin)	0	220.00	7.00	2.00	0.00	240.00	33.00	4.00
Ice Cream Machine 3.1 oz 2WG Blueberry Muffin - PVR1172 (1 muffin)	0	270.00	9.00	2.00	0.00	210.00	38.00	5.00
Chocolate Chip Muffin - PVR1194 (1 muffin)	0	290.00	7.00	1.50	0.00	250.00	41.00	6.00
Mini Eggo Pancake Bites - SR1590 (1 pkg.)	0	210.00	6.00	1.00	0.00	320.00	35.00	4.00
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Strawberries - SR2218 (1/2 c.)	0	122.40	0.17	0.01	0.00	3.99	33.05	0.68

## Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 1 Day 1 Pancakes w/ Syrup :28874 - ServingDate: 03/30/2020</b>								
USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.)	0	55.00	0.00	0.00	0.00	0.00	14.00	0.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Pancake & Waffle Syrup - SR1158 (2 tbsp.)	0	105.00	0.00	0.00	0.00	47.50	26.00	0.00
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 1 Day 2 Ham &amp; Cheese Breakfast Sandwich :28874 - ServingDate: 03/31/2020</b>								
American Breakfast Sandwich - SR1745 (1 sandwich)	0	232.50	8.88	3.75	0.00	990.00	25.00	12.75
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00

## Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 1 Day 2 Ham &amp; Cheese Breakfast Sandwich :28874 - ServingDate: 03/31/2020</b>								
Danimals vanilla yogurt - PVR1156 (1 Container)	0	70.00	0.00	0.00	0.00	60.00	14.00	4.00
Strawberry Banana Bash Yogurt - SR1145 (1 4 oz conta)	0	80.00	0.50	0.00	0.00	60.00	15.00	4.00
Yoplait Yogurt Mixed Berry Original - PVR1157 (1 Container)	0	150.00	1.00	0.00	0.00	150.00	26.00	6.00
Cinnamon Toast Crunch Cereal reduced sugar - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Trix Cereal reduced sugar - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00
Ice Cream Machine 3.1 oz 2WG Apple Muffin - PVR1171 (1 muffin)	0	230.00	8.00	2.00	0.00	240.00	31.00	4.00
Ice Cream Machine 3.1 oz 2WG Banana Muffin - PVR1226 (1 muffin)	0	220.00	7.00	2.00	0.00	240.00	33.00	4.00
Ice Cream Machine 3.1 oz 2WG Blueberry Muffin - PVR1172 (1 muffin)	0	270.00	9.00	2.00	0.00	210.00	38.00	5.00
Chocolate Chip Muffin - PVR1194 (1 muffin)	0	290.00	7.00	1.50	0.00	250.00	41.00	6.00
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.)	0	55.00	0.00	0.00	0.00	0.00	14.00	0.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00

# Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL  
 Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>Providence Public School Breakfast 4 Week Breakfast Secondary Cycle 2019-2020 Week 1 Day 2 Ham &amp; Cheese Breakfast Sandwich :28874 - ServingDate: 03/31/2020</b>								
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Guida's Whole Milk - 8 fl. oz - PVR1206 (1 Carton)	0	160.00	8.00	5.00	0.00	125.00	13.00	8.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00

**Legend**  
 (M) - Missing Nutrient Values

**Report Selections**  
 Meal Type: Breakfast  
 Site Group: CrossRoads Café  
 Menu Line: B-Café Classics  
 Serving Group: 9-12  
 Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.