

BUILD YOUR SUB

All subs include your choice of fresh veggies.

SUBS

	6"	CAL	12"	CAL
Turkey 	\$5.49	350	\$8.99	690
Roasted Chicken 	\$5.49	300	\$8.99	600
Crispy Chicken 	\$5.49	430	\$8.99	870
Deli Club <i>turkey, ham, & bacon</i>	\$6.49	700	\$9.99	1400
Ham 	\$4.99	290	\$7.99	750
Veggie 	\$2.99	330	\$5.99	650
Italian 	\$5.49	410	\$8.99	820
BLT 	\$5.49	430	\$9.29	750

BREAD

- White
- Wheat
- Specialty Flavors
- Wrap

CHEESE

- American
- White American
- Provolone
- Shredded Parmesan
- Pepper Jack
- Cheddar

SAUCE

- Mayo
- Oil & Vinegar
- Honey Mustard
- Spicy Mustard
- Baja Sauce
- BBQ Sauce
- Ranch Dressing
- Buffalo Sauce



UNDER 500 CALORIES

LOOK FOR THIS SY MBOL UNDER SELEC T SUBS
Calorie information is based on 6" White or Wheat sub roll, American cheese, without dressing unless specified

EXTRAS

ADD BACON	+ \$1.00/\$2.00
DOUBLE MEAT	+ \$1.50/\$3.00
DOUBLE CHEESE	+ \$.50/\$1.00

BUILD YOUR OWN SALAD

First choose your base of Romaine or Romaine mix (+5 cal), cheese, dressing, crunchies and up to 4 of your favorite veggies.



ADD PROTEIN

- Roasted Chicken
- Crispy Chicken
- Turkey Bacon

\$5.99

PROTEIN +\$2.30