



Gresham Barlow School District Secondary Lunch Menu

No Charge for all students

September

A variety of Fresh Fruits & Vegetables available in the Garden Bar along with Fat Free and 1% Milk options

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
Summer Break	Summer Break	Summer Break	Summer Break	Summer Break
6	7	8	9	10
Labor Day No School	Chicken Drumstick W/ Roll and Mixed Veg.	Chicken Potato Bowl W/ Baked Beans	Spaghetti W/ Broccoli & Carrots	Chicken & Waffles
13	14	15	16	17
Lasagna Roll Ups	Pancake W/ Sausage and Cinn Apple	BBQ Chicken Sandwich W/ Black Beans	Baked Penne W/ Green Beans	Fish Po Boy W/ Slaw
20	21	22	23	24
Cheesy Breadsticks W/ Mixed Veg.	Mini Ravioli W/ Baked Beans	Orange Chicken Bowl W/ Broccoli & Carrots	Mac & Cheese W/ Corn	Omelet W/ Cinn Pinwheel & Tater Tot Hash
27	28	29	30	
Meatball Sub W/ Mixed Veg.	French Toast Sticks W/ Sausage & Hash Brown	S & S Chicken Bowl W/ Broccoli & Carrots	Cheesy Breadsticks W/ Corn	



Pick you Protein

Ham, Turkey or Cheese (W/F -
Tuna)

Grab & Go

Daily: Chicken Caesar Salad

T & Th: Chef Salad

Daily: Assorted Wraps

W & F - Very Berry Yogurt Parfaits



Daily Choices

Cheeseburger / Hamburger

Chicken Burger / Spicy Chicken

Chicken Nuggets

Fri - Bacon Cheeseburger

M, W, F - French Fries /

Th & Th - Tater Tots



Daily Choices

Cheese & Pepperoni

Speciality Choices

Daily Specialy



M - Teriyaki Beef & Veggie Rice Bowl

Tu - Orange Chicken & Veggie Rice Bowl

W - Sweet & Sour Meatball Yakisoba Bowl

Th - Dragonfire Chicken & Veg Rice Bowl

F - General Tso's Chicken Yakisoba Bowl



Daily:

Taco Beef or Fajita Chicken

Toppings

Lettuce, Tomato, Olives, Onions

Jalapenos, Salsa & Sour Cream

