



Dairy-Free

WHAT CHOICES ARE THERE FOR YOU?

FOOD COURT AT REBER-THOMAS:

1. Dairy-free shredded mozzarella is available at Wellness Zone (contains soy). We have a panini press located at this station as well for vegan or dairy-free grilled sandwiches.
2. Unsweetened almond milk and sweetened soy milk are offered as a beverage choice.
3. Several stations around the dining hall offer food options without dairy, including Simple Servings. Please see the digital menu boards or food identifiers at each station before taking the dish. The screens will list the recipe title, nutritional breakdown, and list any of the top eight allergens, including dairy.
4. Our Simple Servings station serves food without any dairy. Please see the menu boards above the station for more information.

RETAIL:

1. Dairy alternative milk choices are available at Natural!, Dunkin', Starbucks, and Argo Tea.
2. Other retail locations also serve meals that are dairy-free. Please ask your server for more information.

All food supervisors, chefs, and managers have been trained to identify food allergens and how to avoid cross-contamination.

***This list is subject to change throughout the school year. For the most accurate information, please speak with our dietitian.**