

	MONDAY 10/18/2021	TUESDAY 10/19/2021	WEDNESDAY 10/20/2021	THURSDAY 10/21/2021	FRIDAY 10/22/2021 FOOTBALL FRIDAY
ENTREE	Lamb Vindaloo Chicken Green Curry	Country Ham-GF BBQ Chicken-GF	Beef Stroganoff with Noodles Cod Cakes	Sicilian Swordfish-GF Roast Pork Loin with Peppers-GF	Poutine Sausage, Peppers & Onions Meatball Parm Torpedo's
VEGAN/VEGETARIAN	Dal Wakhani-GF (lentils)	Green Beans-GF	Stuffed Peppers-GF	Penne pomodoro-GF	Beyond Meatball Parm Torpedo Vegetable Kabobs-GF
SIDES	Aloo gobi-GF (potato & cauliflower) Palak Paneer-GF	Sweet Corn Casserole Baked Beans-GF	Creamy Garlic Potatoes-GF Peas & Mushrooms-GF	Artichoke Risotto-GF Asparagus with Prosciutto-GF	
SOUP	Mulligatawny Corn & Carrot-GF	Shrimp Chowder-GF Tomato Vegetable-GF	Mushroom Barley Chicken Chowder	Pasta Fagiole Zuppa Toscana	Loaded Baked Potato Manhattan Clam Chowder-GF
SALAD	Spicy Cucumber Chick Pea	Potato & Bacon Pasta Salad	Caesar Egg Salad-GF	Beet with Goat Cheese Panzanella	Broccoli & Bacon
DESSERTS	Assorted Desserts Fresh Fruit-GF Assorted Cookies	Assorted Desserts Fresh Fruit-GF Assorted Cookies Pecan Pie	Assorted Desserts Fresh Fruit - GF Assorted Cookies	Assorted Desserts Fresh Fruit-GF Assorted Cookies	Assorted Desserts Funnel Fries Fresh Fruit-GF Assorted Cookies

