

Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence Elem Lunch February 2020 Week 1 Day 1 Mac& Cheese :29095 - ServingDate: 03/02/2020								
Cheese Sandwich - PVR1275 (1 sandwich)	0	361.75	20.02	10.00	0.00	864.00	30.32	16.07
Chicken Caesar Salad, Small - PVR1073 (1 salad)	0	140.41	5.31	1.44	0.00	274.19	7.82	15.13
Classic Hummus Bento Box - PVR1254 (1 ea.)	0	320.21	37.98	1.53	0.00	2594.09	50.28	28.89
Mac and Cheese - PVR1031 (1 c.)	0	556.55	19.49	10.26	0.00	867.47	76.89	27.19
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Whole Wheat Breadstick, 2 WG, - PVR1150 (1 breadstick)	0	139.07	0.00	0.00	0.00	278.15	25.68	5.35
Whole Wheat Dinner Roll - PVR1155 (1 roll.)	0	88.59	0.98	0.00	0.00	167.34	15.75	3.94
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Diced Bartlett Pears - SR1194 (1/2 c.)	0	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Celery Sticks - SR1014 (6 stick.)	0	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Baby Carrots - SR1016 (1/2 c.)	0	25.40	0.09	0.02	0.00	56.61	5.98	0.46
Romaine Salad Mix (2c = 5 oz = 1/2c dark green + 1/2c other veg) , Recipe - PVR1213 (1 c.)	0	5.68	0.00	0.00	0.00	3.79	1.14	0.38
Wax Bean and Kidney Bean Salad - PVR1000 (1/2 c.)	0	90.00	0.75	0.00	0.00	450.00	22.50	3.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00

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Providence Elem Lunch February 2020 Week 1 Day 1 Mac& Cheese :29095 - ServingDate: 03/02/2020								
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	0	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	0	50.00	4.50	0.50	0.00	85.00	3.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	0	25.00	1.75	0.25	0.00	190.00	2.50	0.00
Providence Elem Lunch February 2020 Week 1 Day 2 Meatball Sub :29095 - ServingDate: 03/03/2020								
Cheese Sandwich - PVR1275 (1 sandwich)	0	361.75	20.02	10.00	0.00	864.00	30.32	16.07
Chicken Caesar Salad, Small - PVR1073 (1 salad)	0	140.41	5.31	1.44	0.00	274.19	7.82	15.13
Classic Hummus Bento Box - PVR1254 (1 ea.)	0	320.21	37.98	1.53	0.00	2594.09	50.28	28.89
Meatball Sub - PVR1103 (1 sandwich)	0	403.75	18.18	7.38	0.01	765.99	37.03	23.65
Popcorn Chicken - SR1413 (12 piece)	0	254.75	14.40	2.77	0.00	387.66	15.51	15.51
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Turkey and Cheese Sandwich - PVR1069 (1 sandwich)	0	326.10	13.00	6.00	0.00	819.46	31.00	21.02

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Providence Elem Lunch February 2020 Week 1 Day 2 Meatball Sub :29095 - ServingDate: 03/03/2020								
Whole Wheat Breadstick, 2 WG, - PVR1150 (1 breadstick)	0	139.07	0.00	0.00	0.00	278.15	25.68	5.35
Whole Wheat Dinner Roll - PVR1155 (1 roll.)	0	88.59	0.98	0.00	0.00	167.34	15.75	3.94
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Diced Bartlett Pears - SR1194 (1/2 c.)	0	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Celery Sticks - SR1014 (6 stick.)	0	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Baby Carrots - SR1016 (1/2 c.)	0	25.40	0.09	0.02	0.00	56.61	5.98	0.46
Romaine Salad Mix (2c = 5 oz = 1/2c dark green + 1/2c other veg) , Recipe - PVR1213 (1 c.)	0	5.68	0.00	0.00	0.00	3.79	1.14	0.38
Wax Bean and Kidney Bean Salad - PVR1000 (1/2 c.)	0	90.00	0.75	0.00	0.00	450.00	22.50	3.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	0	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	0	50.00	4.50	0.50	0.00	85.00	3.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence Elem Lunch February 2020 Week 1 Day 2 Meatball Sub :29095 - ServingDate: 03/03/2020								
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	0	25.00	1.75	0.25	0.00	190.00	2.50	0.00
Providence Elem Lunch February 2020 Week 1 Day 3 hot dog & Beans :29095 - ServingDate: 03/04/2020								
Cheese Sandwich - PVR1275 (1 sandwich)	0	361.75	20.02	10.00	0.00	864.00	30.32	16.07
Chicken Caesar Salad, Small - PVR1073 (1 salad)	0	140.41	5.31	1.44	0.00	274.19	7.82	15.13
Classic Hummus Bento Box - PVR1254 (1 ea.)	0	320.21	37.98	1.53	0.00	2594.09	50.28	28.89
Original Hot Dog - SR1117 (1 serving (1))	0	241.50	11.11	2.53	0.00	493.25	23.01	14.10
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Whole Wheat Breadstick, 2 WG, - PVR1150 (1 breadstick)	0	139.07	0.00	0.00	0.00	278.15	25.68	5.35
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Diced Bartlett Pears - SR1194 (1/2 c.)	0	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Cowboy Baked Beans - PVR1154 (1/2 c.)	0	167.90	0.92	0.15	0.00	242.41	33.85	6.94
Celery Sticks - SR1014 (6 stick.)	0	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Baby Carrots - SR1016 (1/2 c.)	0	25.40	0.09	0.02	0.00	56.61	5.98	0.46

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Providence Elem Lunch February 2020 Week 1 Day 3 hot dog & Beans :29095 - ServingDate: 03/04/2020								
Romaine Salad Mix (2c = 5 oz = 1/2c dark green + 1/2c other veg) , Recipe - PVR1213 (1 c.)	0	5.68	0.00	0.00	0.00	3.79	1.14	0.38
Wax Bean and Kidney Bean Salad - PVR1000 (1/2 c.)	0	90.00	0.75	0.00	0.00	450.00	22.50	3.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	0	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	0	50.00	4.50	0.50	0.00	85.00	3.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	0	25.00	1.75	0.25	0.00	190.00	2.50	0.00
Pancake & Waffle Syrup - SR1158 (2 tbsp.)	0	105.00	0.00	0.00	0.00	47.50	26.00	0.00
Providence Elem Lunch February 2020 Week 1 Day 4 :29095 - ServingDate: 03/05/2020								
Cheese Sandwich - PVR1275 (1 sandwich)	0	361.75	20.02	10.00	0.00	864.00	30.32	16.07
Chicken Caesar Salad, Small - PVR1073 (1 salad)	0	140.41	5.31	1.44	0.00	274.19	7.82	15.13
Classic Hummus Bento Box - PVR1254 (1 ea.)	0	320.21	37.98	1.53	0.00	2594.09	50.28	28.89

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Providence Elem Lunch February 2020 Week 1 Day 4 :29095 - ServingDate: 03/05/2020								
Fishwich Sandwich - PVR1099 (1 sandwich)	0	300.00	5.50	0.00	0.00	520.00	41.00	22.00
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Whole Wheat Breadstick, 2 WG, - PVR1150 (1 breadstick)	0	139.07	0.00	0.00	0.00	278.15	25.68	5.35
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Diced Bartlett Pears - SR1194 (1/2 c.)	0	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Carnitas Cole Slaw - SR1290 (1/2 c.)	0	54.02	0.15	0.04	0.00	151.29	12.79	1.29
Celery Sticks - SR1014 (6 stick.)	0	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Baby Carrots - SR1016 (1/2 c.)	0	25.40	0.09	0.02	0.00	56.61	5.98	0.46
Romaine Salad Mix (2c = 5 oz = 1/2c dark green + 1/2c other veg) , Recipe - PVR1213 (1 c.)	0	5.68	0.00	0.00	0.00	3.79	1.14	0.38
Wax Bean and Kidney Bean Salad - PVR1000 (1/2 c.)	0	90.00	0.75	0.00	0.00	450.00	22.50	3.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00

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Providence Elem Lunch February 2020 Week 1 Day 4 :29095 - ServingDate: 03/05/2020								
Ketchup - SR1004 (1 pump)	0	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	0	50.00	4.50	0.50	0.00	85.00	3.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	0	25.00	1.75	0.25	0.00	190.00	2.50	0.00
Providence Elem Lunch February 2020 Week 1 Day 5 pizza :29095 - ServingDate: 03/06/2020								
Cheese Pizza - SR2081 (1 slice)	0	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Cheese Sandwich - PVR1275 (1 sandwich)	0	361.75	20.02	10.00	0.00	864.00	30.32	16.07
Chicken Caesar Salad, Small - PVR1073 (1 salad)	0	140.41	5.31	1.44	0.00	274.19	7.82	15.13
Classic Hummus Bento Box - PVR1254 (1 ea.)	0	320.21	37.98	1.53	0.00	2594.09	50.28	28.89
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Whole Wheat Breadstick, 2 WG, - PVR1150 (1 breadstick)	0	139.07	0.00	0.00	0.00	278.15	25.68	5.35
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Diced Bartlett Pears - SR1194 (1/2 c.)	0	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Celery Sticks - SR1014 (6 stick.)	0	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Baby Carrots - SR1016 (1/2 c.)	0	25.40	0.09	0.02	0.00	56.61	5.98	0.46

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Providence Elem Lunch February 2020 Week 1 Day 5 pizza :29095 - ServingDate: 03/06/2020								
Romaine Salad Mix (2c = 5 oz = 1/2c dark green + 1/2c other veg) , Recipe - PVR1213 (1 c.)	0	5.68	0.00	0.00	0.00	3.79	1.14	0.38
Wax Bean and Kidney Bean Salad - PVR1000 (1/2 c.)	0	90.00	0.75	0.00	0.00	450.00	22.50	3.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	0	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	0	50.00	4.50	0.50	0.00	85.00	3.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	0	25.00	1.75	0.25	0.00	190.00	2.50	0.00
Providence Elem Lunch February 2020 Week 2 Day 1 Hamburger or Cheese Burger :29095 - ServingDate: 03/09/2020								
Cheese Sandwich - PVR1275 (1 sandwich)	0	361.75	20.02	10.00	0.00	864.00	30.32	16.07
Cheeseburger - PVR1137 (1 ea.)	0	395.00	18.50	7.50	0.00	460.00	32.00	21.50
Hamburger - SR1107 (1 burger)	0	270.00	9.00	3.00	0.00	440.00	28.00	18.00

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Providence Elem Lunch February 2020 Week 2 Day 1 Hamburger or Cheese Burger :29095 - ServingDate: 03/09/2020								
Garden Salad - PVR1282 (1 ea.)	0	318.90	19.40	11.00	0.00	606.70	17.10	21.10
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Turkey and Cheese Sandwich - PVR1058 (1 sandwich)	0	340.56	13.52	6.26	0.00	888.94	31.26	23.34
Whole Wheat Breadstick, 2 WG, - PVR1150 (1 breadstick)	0	139.07	0.00	0.00	0.00	278.15	25.68	5.35
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Mixed Fruit Cocktail - SR1037 (1/2 c.)	0	49.99	0.01	0.00	0.00	4.35	12.89	0.50
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Cherry Tomatoes - PVR1077 (1/2 c.)	0	13.41	0.15	0.02	0.00	3.73	2.90	0.66
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Sweet Potato Fries - SR2043 (1/2 c.)	0	162.34	7.61	1.01	0.00	213.08	23.34	3.04
Salad Bar Mix, Spinach - PVR1243 (1 c.)	0	6.75	0.10	0.01	0.00	6.59	0.90	0.48
Tex Mex Garbanzo Beans - PVR1250 (1/2 c.)	0	367.96	31.16	2.10	0.00	148.88	18.89	6.17
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00

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Providence Elem Lunch February 2020 Week 2 Day 1 Hamburger or Cheese Burger :29095 - ServingDate: 03/09/2020								
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	0	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	0	50.00	4.50	0.50	0.00	85.00	3.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	0	25.00	1.75	0.25	0.00	190.00	2.50	0.00
Providence Elem Lunch February 2020 Week 2 Day 2 Chicken Nachos :29095 - ServingDate: 03/10/2020								
Cheese Sandwich - PVR1275 (1 sandwich)	0	361.75	20.02	10.00	0.00	864.00	30.32	16.07
Chicken and Cheese Nachos - PVR1020 (1 ea.)	0	471.94	21.83	6.44	0.00	931.06	44.97	22.77
Garden Salad - PVR1282 (1 ea.)	0	318.90	19.40	11.00	0.00	606.70	17.10	21.10
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Turkey and Cheese Sandwich - PVR1058 (1 sandwich)	0	340.56	13.52	6.26	0.00	888.94	31.26	23.34
Whole Wheat Breadstick, 2 WG, - PVR1150 (1 breadstick)	0	139.07	0.00	0.00	0.00	278.15	25.68	5.35
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Mixed Fruit Cocktail - SR1037 (1/2 c.)	0	49.99	0.01	0.00	0.00	4.35	12.89	0.50
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29

Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence Elem Lunch February 2020 Week 2 Day 2 Chicken Nachos :29095 - ServingDate: 03/10/2020								
Fresh Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Cherry Tomatoes - PVR1077 (1/2 c.)	0	13.41	0.15	0.02	0.00	3.73	2.90	0.66
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Salad Bar Mix, Spinach - PVR1243 (1 c.)	0	6.75	0.10	0.01	0.00	6.59	0.90	0.48
Tex Mex Garbanzo Beans - PVR1250 (1/2 c.)	0	367.96	31.16	2.10	0.00	148.88	18.89	6.17
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	0	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	0	50.00	4.50	0.50	0.00	85.00	3.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	0	25.00	1.75	0.25	0.00	190.00	2.50	0.00
Tomato and Shredded Lettuce Salad - SR1997 (1/2 c.)	0	11.38	0.12	0.02	0.00	4.26	2.45	0.60
Providence Elem Lunch February 2020 Week 2 Day 4 Ham & Egg Patty :29095 - ServingDate: 03/12/2020								
Cheese Sandwich - PVR1275 (1 sandwich)	0	361.75	20.02	10.00	0.00	864.00	30.32	16.07

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Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence Elem Lunch February 2020 Week 2 Day 4 Ham & Egg Patty :29095 - ServingDate: 03/12/2020								
Garden Salad - PVR1282 (1 ea.)	0	318.90	19.40	11.00	0.00	606.70	17.10	21.10
Egg & Ham Bagel - PVR1098 (1 sandwich)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Turkey and Cheese Sandwich - PVR1058 (1 sandwich)	0	340.56	13.52	6.26	0.00	888.94	31.26	23.34
Kelloggs Rice Krispies Treat Minis - SR2454 (1 Bar)	0	50.00	1.00	0.00	0.00	45.00	9.00	0.00
Whole Wheat Breadstick, 2 WG, - PVR1150 (1 breadstick)	0	139.07	0.00	0.00	0.00	278.15	25.68	5.35
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Mixed Fruit Cocktail - SR1037 (1/2 c.)	0	49.99	0.01	0.00	0.00	4.35	12.89	0.50
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Cherry Tomatoes - PVR1077 (1/2 c.)	0	13.41	0.15	0.02	0.00	3.73	2.90	0.66
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Salad Bar Mix, Spinach - PVR1243 (1 c.)	0	6.75	0.10	0.01	0.00	6.59	0.90	0.48
Tex Mex Garbanzo Beans - PVR1250 (1/2 c.)	0	367.96	31.16	2.10	0.00	148.88	18.89	6.17
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00

Menu Calendar Nutrient Analysis Report - March, 2020

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Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence Elem Lunch February 2020 Week 2 Day 4 Ham & Egg Patty :29095 - ServingDate: 03/12/2020								
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	0	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	0	50.00	4.50	0.50	0.00	85.00	3.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	0	25.00	1.75	0.25	0.00	190.00	2.50	0.00
Providence Elem Lunch February 2020 Week 2 Day 5 Cheese Pizza Pepperoni Pizza :29095 - ServingDate: 03/13/2020								
Cheese Pizza - SR2081 (1 slice)	0	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Cheese Sandwich - PVR1275 (1 sandwich)	0	361.75	20.02	10.00	0.00	864.00	30.32	16.07
Pepperoni Pizza - SR2084 (1 slice)	0	431.59	18.92	8.09	0.00	544.49	43.00	20.46
Garden Salad - PVR1282 (1 ea.)	0	318.90	19.40	11.00	0.00	606.70	17.10	21.10
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Turkey and Cheese Sandwich - PVR1058 (1 sandwich)	0	340.56	13.52	6.26	0.00	888.94	31.26	23.34
Whole Wheat Breadstick, 2 WG, - PVR1150 (1 breadstick)	0	139.07	0.00	0.00	0.00	278.15	25.68	5.35
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Mixed Fruit Cocktail - SR1037 (1/2 c.)	0	49.99	0.01	0.00	0.00	4.35	12.89	0.50

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence Elem Lunch February 2020 Week 2 Day 5 Cheese Pizza Pepperoni Pizza :29095 - ServingDate: 03/13/2020								
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Cherry Tomatoes - PVR1077 (1/2 c.)	0	13.41	0.15	0.02	0.00	3.73	2.90	0.66
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Salad Bar Mix, Spinach - PVR1243 (1 c.)	0	6.75	0.10	0.01	0.00	6.59	0.90	0.48
Tex Mex Garbanzo Beans - PVR1250 (1/2 c.)	0	367.96	31.16	2.10	0.00	148.88	18.89	6.17
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	0	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	0	50.00	4.50	0.50	0.00	85.00	3.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	0	25.00	1.75	0.25	0.00	190.00	2.50	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence Elem Lunch February 2020 Week 3 Day 1 chicken nuggets:29086 :29095 - ServingDate: 03/16/2020								
Cheese Sandwich - PVR1275 (1 sandwich)	0	361.75	20.02	10.00	0.00	864.00	30.32	16.07
Crispy Chicken Nuggets - SR1367 (5 nugget)	0	263.32	15.05	2.51	0.00	401.25	16.30	16.30
Fun on the Run Meal - PVR1190 (1 Container)	0	390.25	6.50	3.50	0.00	400.21	69.06	16.01
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Tuna Salad Sandwich - PVR1071 (1 sandwich)	0	522.76	18.14	1.60	0.00	1427.33	37.64	50.80
Whole Wheat Dinner Roll - PVR1155 (1 roll.)	0	88.59	0.98	0.00	0.00	167.34	15.75	3.94
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Unsweetened Applesauce - SR1195 (1/2 c.)	0	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Garbanzo Beans - SR1048 (1/2 c.)	0	87.83	1.35	0.00	0.00	94.58	14.19	4.73
Celery Sticks - SR1014 (6 stick.)	0	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Carrot Sticks - SR1606 (6 stick.)	0	24.80	0.14	0.02	0.00	41.73	5.79	0.56
Romaine Salad Mix (2c = 5 oz = 1/2c dark green + 1/2c other veg) , Recipe - PVR1213 (1 c.)	0	5.68	0.00	0.00	0.00	3.79	1.14	0.38
Mixed Garden Vegetables - SR1583 (1/2 c.)	0	51.85	0.42	0.07	0.00	90.78	11.05	2.23
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence Elem Lunch February 2020 Week 3 Day 1 chicken nuggets:29086 :29095 - ServingDate: 03/16/2020								
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	0	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	0	50.00	4.50	0.50	0.00	85.00	3.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	0	25.00	1.75	0.25	0.00	190.00	2.50	0.00
Providence Elem Lunch February 2020 Week 3 Day 2 Pasta w/ Meatsauce :29095 - ServingDate: 03/17/2020								
Cheese Sandwich - PVR1275 (1 sandwich)	0	361.75	20.02	10.00	0.00	864.00	30.32	16.07
Fun on the Run Meal - PVR1190 (1 Container)	0	390.25	6.50	3.50	0.00	400.21	69.06	16.01
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Tuna Salad Sandwich - PVR1071 (1 sandwich)	0	522.76	18.14	1.60	0.00	1427.33	37.64	50.80
Beef Bolognese - SR1197 (2/3 c.)	0	185.13	8.03	3.33	0.01	630.03	13.19	13.76
Whole Wheat Penne Pasta - SR1198 (1/2 c.)	0	95.05	1.52	0.21	0.00	208.32	19.51	3.29
Whole Wheat Dinner Roll - PVR1155 (1 roll.)	0	88.59	0.98	0.00	0.00	167.34	15.75	3.94

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence Elem Lunch February 2020 Week 3 Day 2 Pasta w/ Meatsauce :29095 - ServingDate: 03/17/2020								
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Unsweetened Applesauce - SR1195 (1/2 c.)	0	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Garbanzo Beans - SR1048 (1/2 c.)	0	87.83	1.35	0.00	0.00	94.58	14.19	4.73
Celery Sticks - SR1014 (6 stick.)	0	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Carrot Sticks - SR1606 (6 stick.)	0	24.80	0.14	0.02	0.00	41.73	5.79	0.56
Romaine Salad Mix (2c = 5 oz = 1/2c dark green + 1/2c other veg) , Recipe - PVR1213 (1 c.)	0	5.68	0.00	0.00	0.00	3.79	1.14	0.38
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	0	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	0	50.00	4.50	0.50	0.00	85.00	3.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	0	25.00	1.75	0.25	0.00	190.00	2.50	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence Elem Lunch February 2020 Week 3 Day 3 French Toast :29095 - ServingDate: 03/18/2020								
Cheese Sandwich - PVR1275 (1 sandwich)	0	361.75	20.02	10.00	0.00	864.00	30.32	16.07
Fun on the Run Meal - PVR1190 (1 Container)	0	390.25	6.50	3.50	0.00	400.21	69.06	16.01
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Tuna Salad Sandwich - PVR1071 (1 sandwich)	0	522.76	18.14	1.60	0.00	1427.33	37.64	50.80
Sliced Turkey Ham - SR1287 (3 slice)	0	52.50	2.63	0.75	0.00	240.00	0.00	6.75
French Toast Sticks - SR2164 (4 stick.)	0	285.28	13.31	2.38	0.00	370.86	36.13	4.75
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Unsweetened Applesauce - SR1195 (1/2 c.)	0	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Garbanzo Beans - SR1048 (1/2 c.)	0	87.83	1.35	0.00	0.00	94.58	14.19	4.73
Celery Sticks - SR1014 (6 stick.)	0	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Carrot Sticks - SR1606 (6 stick.)	0	24.80	0.14	0.02	0.00	41.73	5.79	0.56
Romaine Salad Mix (2c = 5 oz = 1/2c dark green + 1/2c other veg) , Recipe - PVR1213 (1 c.)	0	5.68	0.00	0.00	0.00	3.79	1.14	0.38
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence Elem Lunch February 2020 Week 3 Day 3 French Toast :29095 - ServingDate: 03/18/2020								
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	0	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	0	50.00	4.50	0.50	0.00	85.00	3.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	0	25.00	1.75	0.25	0.00	190.00	2.50	0.00
Providence Elem Lunch February 2020 Week 3 Day 4 Turkey dinners :29095 - ServingDate: 03/19/2020								
Cheese Sandwich - PVR1275 (1 sandwich)	0	361.75	20.02	10.00	0.00	864.00	30.32	16.07
Fun on the Run Meal - PVR1190 (1 Container)	0	390.25	6.50	3.50	0.00	400.21	69.06	16.01
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Tuna Salad Sandwich - PVR1071 (1 sandwich)	0	522.76	18.14	1.60	0.00	1427.33	37.64	50.80
Turkey Dinner - PVR1044 (1 ea.)	0	536.88	17.82	6.58	0.00	1555.58	59.74	43.63
Whole Wheat Dinner Roll - PVR1155 (1 roll.)	0	88.59	0.98	0.00	0.00	167.34	15.75	3.94
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Unsweetened Applesauce - SR1195 (1/2 c.)	0	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	0.00	11.28	0.90

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence Elem Lunch February 2020 Week 3 Day 4 Turkey dinners :29095 - ServingDate: 03/19/2020								
Garbanzo Beans - SR1048 (1/2 c.)	0	87.83	1.35	0.00	0.00	94.58	14.19	4.73
Celery Sticks - SR1014 (6 stick.)	0	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Carrot Sticks - SR1606 (6 stick.)	0	24.80	0.14	0.02	0.00	41.73	5.79	0.56
Romaine Salad Mix (2c = 5 oz = 1/2c dark green + 1/2c other veg) , Recipe - PVR1213 (1 c.)	0	5.68	0.00	0.00	0.00	3.79	1.14	0.38
Whipped Potatoes - SR1112 (1/2 c.)	0	79.98	1.50	1.00	0.00	102.63	15.00	2.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	0	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	0	50.00	4.50	0.50	0.00	85.00	3.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	0	25.00	1.75	0.25	0.00	190.00	2.50	0.00
Tomato and Shredded Lettuce Salad - SR1997 (1/2 c.)	0	11.38	0.12	0.02	0.00	4.26	2.45	0.60

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Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence Elem Lunch February 2020 Week 3 Day 5 Pizza :29095 - ServingDate: 03/20/2020								
Cheese Pizza - SR2081 (1 slice)	0	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Cheese Sandwich - PVR1275 (1 sandwich)	0	361.75	20.02	10.00	0.00	864.00	30.32	16.07
Fun on the Run Meal - PVR1190 (1 Container)	0	390.25	6.50	3.50	0.00	400.21	69.06	16.01
Pepperoni Pizza - SR2084 (1 slice)	0	431.59	18.92	8.09	0.00	544.49	43.00	20.46
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Tuna Salad Sandwich - PVR1071 (1 sandwich)	0	522.76	18.14	1.60	0.00	1427.33	37.64	50.80
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Unsweetened Applesauce - SR1195 (1/2 c.)	0	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Garbanzo Beans - SR1048 (1/2 c.)	0	87.83	1.35	0.00	0.00	94.58	14.19	4.73
Celery Sticks - SR1014 (6 stick.)	0	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Carrot Sticks - SR1606 (6 stick.)	0	24.80	0.14	0.02	0.00	41.73	5.79	0.56
Romaine Salad Mix (2c = 5 oz = 1/2c dark green + 1/2c other veg) , Recipe - PVR1213 (1 c.)	0	5.68	0.00	0.00	0.00	3.79	1.14	0.38
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00

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Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence Elem Lunch February 2020 Week 3 Day 5 Pizza :29095 - ServingDate: 03/20/2020								
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	0	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	0	50.00	4.50	0.50	0.00	85.00	3.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	0	25.00	1.75	0.25	0.00	190.00	2.50	0.00
Providence Elem Lunch February 2020 Week 4 Day 1 Meatball :29095 - ServingDate: 03/23/2020								
Cheese Sandwich - PVR1275 (1 sandwich)	0	361.75	20.02	10.00	0.00	864.00	30.32	16.07
Classic Hummus Bento Box - PVR1254 (1 ea.)	0	320.21	37.98	1.53	0.00	2594.09	50.28	28.89
Meatball Sub - PVR1103 (1 sandwich)	0	403.75	18.18	7.38	0.01	765.99	37.03	23.65
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Turkey and Cheese Sandwich - PVR1069 (1 sandwich)	0	326.10	13.00	6.00	0.00	819.46	31.00	21.02
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Diced Peaches - SR1196 (1/2 c.)	0	57.95	0.04	0.00	0.00	5.27	15.24	0.83
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Cherry Tomatoes - PVR1077 (1/2 c.)	0	13.41	0.15	0.02	0.00	3.73	2.90	0.66

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence Elem Lunch February 2020 Week 4 Day 1 Meatball :29095 - ServingDate: 03/23/2020								
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Salad Bar Mix, Spinach - PVR1243 (1 c.)	0	6.75	0.10	0.01	0.00	6.59	0.90	0.48
Tex Mex Garbanzo Beans - PVR1250 (1/2 c.)	0	367.96	31.16	2.10	0.00	148.88	18.89	6.17
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	0	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	0	50.00	4.50	0.50	0.00	85.00	3.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	0	25.00	1.75	0.25	0.00	190.00	2.50	0.00
Providence Elem Lunch February 2020 Week 4 Day 2 Fish Nuggets :29095 - ServingDate: 03/24/2020								
Alaskan Pollock Nuggets - SR1045 (4 nuggets)	0	180.63	4.01	0.00	0.00	301.06	20.07	16.06
Cheese Sandwich - PVR1275 (1 sandwich)	0	361.75	20.02	10.00	0.00	864.00	30.32	16.07
Classic Hummus Bento Box - PVR1254 (1 ea.)	0	320.21	37.98	1.53	0.00	2594.09	50.28	28.89
Mac and Cheese - PVR1031 (1 c.)	0	556.55	19.49	10.26	0.00	867.47	76.89	27.19

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence Elem Lunch February 2020 Week 4 Day 2 Fish Nuggets :29095 - ServingDate: 03/24/2020								
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Turkey and Cheese Sandwich - PVR1069 (1 sandwich)	0	326.10	13.00	6.00	0.00	819.46	31.00	21.02
Keebler Scooby-Doo! Graham Cracker Sticks Cinnamon - PVR1299 (1 pkg.)	0	120.00	3.50	1.00	0.00	115.00	21.00	2.00
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Diced Peaches - SR1196 (1/2 c.)	0	57.95	0.04	0.00	0.00	5.27	15.24	0.83
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Garbanzo Beans - SR1048 (1/2 c.)	0	87.83	1.35	0.00	0.00	94.58	14.19	4.73
Cherry Tomatoes - PVR1077 (1/2 c.)	0	13.41	0.15	0.02	0.00	3.73	2.90	0.66
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Salad Bar Mix, Spinach - PVR1243 (1 c.)	0	6.75	0.10	0.01	0.00	6.59	0.90	0.48
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	0	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	0	50.00	4.50	0.50	0.00	85.00	3.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence Elem Lunch February 2020 Week 4 Day 2 Fish Nuggets :29095 - ServingDate: 03/24/2020								
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	0	25.00	1.75	0.25	0.00	190.00	2.50	0.00
Providence Elem Lunch February 2020 Week 4 Day 3 Turkey Dinner :29095 - ServingDate: 03/25/2020								
Cheese Sandwich - PVR1275 (1 sandwich)	0	361.75	20.02	10.00	0.00	864.00	30.32	16.07
Chicke Patty Sandwich - PVR1092 (1 patty)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Classic Hummus Bento Box - PVR1254 (1 ea.)	0	320.21	37.98	1.53	0.00	2594.09	50.28	28.89
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Turkey and Cheese Sandwich - PVR1069 (1 sandwich)	0	326.10	13.00	6.00	0.00	819.46	31.00	21.02
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Diced Peaches - SR1196 (1/2 c.)	0	57.95	0.04	0.00	0.00	5.27	15.24	0.83
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Garbanzo Beans - SR1048 (1/2 c.)	0	87.83	1.35	0.00	0.00	94.58	14.19	4.73
Cherry Tomatoes - PVR1077 (1/2 c.)	0	13.41	0.15	0.02	0.00	3.73	2.90	0.66
Blanched Broccoli Florets - SR1272 (1/2 c.)	0	10.84	0.12	0.01	0.00	10.75	2.12	0.90
Sweet Potato Fries - SR2043 (1/2 c.)	0	162.34	7.61	1.01	0.00	213.08	23.34	3.04
Salad Bar Mix, Spinach - PVR1243 (1 c.)	0	6.75	0.10	0.01	0.00	6.59	0.90	0.48

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence Elem Lunch February 2020 Week 4 Day 3 Turkey Dinner :29095 - ServingDate: 03/25/2020								
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	0	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	0	50.00	4.50	0.50	0.00	85.00	3.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	0	25.00	1.75	0.25	0.00	190.00	2.50	0.00
Providence Elem Lunch February 2020 Week 4 Day 4 Beef Nachos :29095 - ServingDate: 03/26/2020								
Beef and Cheese Nachos - PVR1006 (1 ea.)	0	566.38	32.01	10.50	2.03	925.80	44.97	24.98
Cheese Sandwich - PVR1275 (1 sandwich)	0	361.75	20.02	10.00	0.00	864.00	30.32	16.07
Classic Hummus Bento Box - PVR1254 (1 ea.)	0	320.21	37.98	1.53	0.00	2594.09	50.28	28.89
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Turkey and Cheese Sandwich - PVR1069 (1 sandwich)	0	326.10	13.00	6.00	0.00	819.46	31.00	21.02
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Diced Peaches - SR1196 (1/2 c.)	0	57.95	0.04	0.00	0.00	5.27	15.24	0.83

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence Elem Lunch February 2020 Week 4 Day 4 Beef Nachos :29095 - ServingDate: 03/26/2020								
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Garbanzo Beans - SR1048 (1/2 c.)	0	87.83	1.35	0.00	0.00	94.58	14.19	4.73
Cherry Tomatoes - PVR1077 (1/2 c.)	0	13.41	0.15	0.02	0.00	3.73	2.90	0.66
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Salad Bar Mix, Spinach - PVR1243 (1 c.)	0	6.75	0.10	0.01	0.00	6.59	0.90	0.48
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	0	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	0	50.00	4.50	0.50	0.00	85.00	3.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	0	25.00	1.75	0.25	0.00	190.00	2.50	0.00
Tomato and Shredded Lettuce Salad - SR1997 (1/2 c.)	0	11.38	0.12	0.02	0.00	4.26	2.45	0.60

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence Elem Lunch February 2020 Week 4 Day 5 Pizza :29095 - ServingDate: 03/27/2020								
Cheese Pizza - SR2081 (1 slice)	0	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Cheese Sandwich - PVR1275 (1 sandwich)	0	361.75	20.02	10.00	0.00	864.00	30.32	16.07
Classic Hummus Bento Box - PVR1254 (1 ea.)	0	320.21	37.98	1.53	0.00	2594.09	50.28	28.89
Pepperoni Pizza - SR2084 (1 slice)	0	431.59	18.92	8.09	0.00	544.49	43.00	20.46
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Turkey and Cheese Sandwich - PVR1069 (1 sandwich)	0	326.10	13.00	6.00	0.00	819.46	31.00	21.02
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Diced Peaches - SR1196 (1/2 c.)	0	57.95	0.04	0.00	0.00	5.27	15.24	0.83
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Garbanzo Beans - SR1048 (1/2 c.)	0	87.83	1.35	0.00	0.00	94.58	14.19	4.73
Cherry Tomatoes - PVR1077 (1/2 c.)	0	13.41	0.15	0.02	0.00	3.73	2.90	0.66
Blanched Broccoli Florets - SR1272 (1/2 c.)	0	10.84	0.12	0.01	0.00	10.75	2.12	0.90
Salad Bar Mix, Spinach - PVR1243 (1 c.)	0	6.75	0.10	0.01	0.00	6.59	0.90	0.48
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00

Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence Elem Lunch February 2020 Week 4 Day 5 Pizza :29095 - ServingDate: 03/27/2020								
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	0	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	0	50.00	4.50	0.50	0.00	85.00	3.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	0	25.00	1.75	0.25	0.00	190.00	2.50	0.00
Providence Elem Lunch March 2020 Week 5 Day 1 Beef & cheese macaroni - ServingDate: 03/30/2020								
American Sub - PVR1004 (1 sandwich)	0	345.02	13.10	4.57	0.00	912.06	28.54	28.25
Beefy Mac - SR2119 (2/3 c.)	0	359.64	12.61	4.92	0.01	844.06	40.41	20.61
Cheese Sandwich - PVR1275 (1 sandwich)	0	361.75	20.02	10.00	0.00	864.00	30.32	16.07
Chicken Caesar Salad, Small - PVR1073 (1 salad)	0	140.41	5.31	1.44	0.00	274.19	7.82	15.13
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Whole Wheat Breadstick, 2 WG, - PVR1150 (1 breadstick)	0	139.07	0.00	0.00	0.00	278.15	25.68	5.35
Whole Wheat Dinner Roll - PVR1155 (1 roll.)	0	88.59	0.98	0.00	0.00	167.34	15.75	3.94
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Mixed Fruit Cocktail - SR1037 (1/2 c.)	0	49.99	0.01	0.00	0.00	4.35	12.89	0.50
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29

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Providence Elem Lunch March 2020 Week 5 Day 1 Beef & cheese macaroni - ServingDate: 03/30/2020								
Fresh Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Cherry Tomatoes - PVR1077 (1/2 c.)	0	13.41	0.15	0.02	0.00	3.73	2.90	0.66
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Baby Spinach - SR1980 (1 c.)	0	16.30	0.28	0.04	0.00	55.99	2.57	2.03
Tex Mex Garbanzo Beans - PVR1250 (1/2 c.)	0	367.96	31.16	2.10	0.00	148.88	18.89	6.17
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Ketchup - SR1004 (1 pump)	0	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	0	50.00	4.50	0.50	0.00	85.00	3.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	0	25.00	1.75	0.25	0.00	190.00	2.50	0.00
Providence Elem Lunch March 2020 Week 5 Day 2 omelet buger - ServingDate: 03/31/2020								
American Sub - PVR1004 (1 sandwich)	0	345.02	13.10	4.57	0.00	912.06	28.54	28.25
Cheese Sandwich - PVR1275 (1 sandwich)	0	361.75	20.02	10.00	0.00	864.00	30.32	16.07
Chicken Caesar Salad, Small - PVR1073 (1 salad)	0	140.41	5.31	1.44	0.00	274.19	7.82	15.13

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Providence Elem Lunch March 2020 Week 5 Day 2 omelet buger - ServingDate: 03/31/2020								
Omelet Breakfast Buger - SR1834 (1 sandwich)	0	285.00	13.75	4.00	0.00	720.00	26.00	17.50
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Whole Wheat Breadstick, 2 WG, - PVR1150 (1 breadstick)	0	139.07	0.00	0.00	0.00	278.15	25.68	5.35
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Mixed Fruit Cocktail - SR1037 (1/2 c.)	0	49.99	0.01	0.00	0.00	4.35	12.89	0.50
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Cherry Tomatoes - PVR1077 (1/2 c.)	0	13.41	0.15	0.02	0.00	3.73	2.90	0.66
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Salad Bar Mix, Spinach - PVR1243 (1 c.)	0	6.75	0.10	0.01	0.00	6.59	0.90	0.48
Tex Mex Garbanzo Beans - PVR1250 (1/2 c.)	0	367.96	31.16	2.10	0.00	148.88	18.89	6.17
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	0	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	0	50.00	4.50	0.50	0.00	85.00	3.00	0.00

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Providence Elem Lunch March 2020 Week 5 Day 2 omelet buger - ServingDate: 03/31/2020								
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	0	25.00	1.75	0.25	0.00	190.00	2.50	0.00

Legend
(M) - Missing Nutrient Values

Report Selections
Meal Type: Lunch
Site Group: The Clubhouse
Menu Line: CH-Main Event (II-Play)
Serving Group: K-8
Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.