

Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL
 Date: 03/01/2020 - 03/31/2020

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Sodium (mg) | Carb (g) | Protein (g) |
|---|-------------|-----------------|---------------|-------------|---------------|-------------|----------|-------------|
| Providence Elem Breakfast March 2020 5 week cycle Week 1 Day 1 Choice of cereal - ServingDate: 03/02/2020 | | | | | | | | |
| Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar) | 0 | 150.00 | 3.50 | 0.00 | 0.00 | 115.00 | 30.00 | 2.00 |
| Cocoa Puffs Cereal Bar - SR1308 (1 Bar) | 0 | 150.00 | 3.00 | 0.00 | 0.00 | 100.00 | 30.00 | 3.00 |
| Trix Cereal Bar - SR1307 (1 Bar) | 0 | 150.00 | 3.50 | 0.50 | 0.00 | 100.00 | 30.00 | 2.00 |
| Honey Graham Crackers - SR2366 (1 pkg.) | 0 | 90.00 | 2.50 | 0.00 | 0.00 | 95.00 | 17.00 | 2.00 |
| Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 15.00 | 15.00 | 0.00 |
| Unsweetened Applesauce - SR1195 (1/2 c.) | 0 | 53.58 | 0.13 | 0.01 | 0.00 | 2.55 | 14.38 | 0.22 |
| Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 5.00 | 14.00 | 0.00 |
| Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton) | 0 | 110.00 | 2.50 | 1.50 | 0.00 | 130.00 | 13.00 | 9.00 |
| Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton) | 0 | 140.00 | 0.00 | 0.00 | 0.00 | 220.00 | 24.00 | 9.00 |
| Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 12.00 | 9.00 |
| Lactaid Milk - PVR1228 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 13.00 | 8.00 |
| Providence Elem Breakfast March 2020 5 week cycle Week 1 Day 2 Strawberry Nutrigrain - ServingDate: 03/03/2020 | | | | | | | | |
| String Cheese - SR1146 (1 stick.) | 0 | 80.00 | 6.00 | 3.50 | 0.00 | 190.00 | 0.00 | 7.00 |

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| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Sodium (mg) | Carb (g) | Protein (g) |
|---|-------------|--------------------|---------------|-------------|---------------|-------------|----------|-------------|
| Providence Elem Breakfast March 2020 5 week cycle Week 1 Day 2 Strawberry Nutrigrain - ServingDate: 03/03/2020 | | | | | | | | |
| Strawberry Nutrigrain Breakfast Bar - SR1353 (1 Bar) | 0 | 160.00 | 4.00 | 0.50 | 0.00 | 150.00 | 30.00 | 2.00 |
| USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.) | 0 | 55.00 | 0.00 | 0.00 | 0.00 | 0.00 | 14.00 | 0.00 |
| Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 5.00 | 14.00 | 0.00 |
| Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 15.00 | 15.00 | 0.00 |
| Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton) | 0 | 110.00 | 2.50 | 1.50 | 0.00 | 130.00 | 13.00 | 9.00 |
| Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton) | 0 | 140.00 | 0.00 | 0.00 | 0.00 | 220.00 | 24.00 | 9.00 |
| Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 12.00 | 9.00 |
| Lactaid Milk - PVR1228 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 13.00 | 8.00 |
| Providence Elem Breakfast March 2020 5 week cycle Week 1 Day 3 turkey egg sliders - ServingDate: 03/04/2020 | | | | | | | | |
| WG Turkey Sausage Egg & Cheese Breakfast Sliders - SR2423 (1 pkg.) | 0 | 160.00 | 5.00 | 1.50 | 0.00 | 290.00 | 20.00 | 8.00 |
| Honey Graham Crackers - SR2366 (1 pkg.) | 0 | 90.00 | 2.50 | 0.00 | 0.00 | 95.00 | 17.00 | 2.00 |

Menu Calendar Nutrient Analysis Report - March, 2020

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| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Sodium (mg) | Carb (g) | Protein (g) |
|--|-------------|-----------------|---------------|-------------|---------------|-------------|----------|-------------|
| Providence Elem Breakfast March 2020 5 week cycle Week 1 Day 3 turkey egg sliders - ServingDate: 03/04/2020 | | | | | | | | |
| USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.) | 0 | 55.00 | 0.00 | 0.00 | 0.00 | 0.00 | 14.00 | 0.00 |
| Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 5.00 | 14.00 | 0.00 |
| Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 15.00 | 15.00 | 0.00 |
| Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton) | 0 | 110.00 | 2.50 | 1.50 | 0.00 | 130.00 | 13.00 | 9.00 |
| Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton) | 0 | 140.00 | 0.00 | 0.00 | 0.00 | 220.00 | 24.00 | 9.00 |
| Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 12.00 | 9.00 |
| Lactaid Milk - PVR1228 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 13.00 | 8.00 |
| Providence Elem Breakfast March 2020 5 week cycle Week 1 Day 4 Choice of Cereal - ServingDate: 03/05/2020 | | | | | | | | |
| Cinnamon Toast Crunch Cereal reduced sugar - SR1164 (1 bowl) | 0 | 110.00 | 3.00 | 0.50 | 0.00 | 160.00 | 22.00 | 1.00 |
| Cocoa Puffs Cereal - SR1170 (1 bowl) | 0 | 110.00 | 1.50 | 0.00 | 0.00 | 120.00 | 25.00 | 2.00 |
| Trix Cereal reduced sugar - SR1184 (1 bowl) | 0 | 110.00 | 1.00 | 0.00 | 0.00 | 140.00 | 24.00 | 1.00 |
| Unsweetened Applesauce - SR1195 (1/2 c.) | 0 | 53.58 | 0.13 | 0.01 | 0.00 | 2.55 | 14.38 | 0.22 |

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| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Sodium (mg) | Carb (g) | Protein (g) |
|--|-------------|-----------------|---------------|-------------|---------------|-------------|----------|-------------|
| Providence Elem Breakfast March 2020 5 week cycle Week 1 Day 4 Choice of Cereal - ServingDate: 03/05/2020 | | | | | | | | |
| Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 5.00 | 14.00 | 0.00 |
| Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 15.00 | 15.00 | 0.00 |
| Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton) | 0 | 110.00 | 2.50 | 1.50 | 0.00 | 130.00 | 13.00 | 9.00 |
| Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton) | 0 | 140.00 | 0.00 | 0.00 | 0.00 | 220.00 | 24.00 | 9.00 |
| Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 12.00 | 9.00 |
| Lactaid Milk - PVR1228 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 13.00 | 8.00 |
| Providence Elem Breakfast March 2020 5 week cycle Week 1 Day 5 muffin - ServingDate: 03/06/2020 | | | | | | | | |
| Ice Cream Machine 3.1 oz 2WG Blueberry Muffin - PVR1172 (1 muffin) | 0 | 270.00 | 9.00 | 2.00 | 0.00 | 210.00 | 38.00 | 5.00 |
| Red Delicious Apples - PVR1163 (1 ea.) | 0 | 100.00 | 0.00 | 0.00 | 0.00 | 0.00 | 25.01 | 0.00 |
| Banana - SR1166 (1 medium (7")) | 0 | 105.02 | 0.39 | 0.13 | 0.00 | 1.18 | 26.95 | 1.29 |
| Fresh Oranges - SR1171 (1 small (2-3)) | 0 | 45.12 | 0.12 | 0.01 | 0.00 | 0.00 | 11.28 | 0.90 |
| USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.) | 0 | 55.00 | 0.00 | 0.00 | 0.00 | 0.00 | 14.00 | 0.00 |
| Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton) | 0 | 110.00 | 2.50 | 1.50 | 0.00 | 130.00 | 13.00 | 9.00 |

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|---|-------------|-----------------|---------------|-------------|---------------|-------------|----------|-------------|
| Providence Elem Breakfast March 2020 5 week cycle Week 1 Day 5 muffin - ServingDate: 03/06/2020 | | | | | | | | |
| Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton) | 0 | 140.00 | 0.00 | 0.00 | 0.00 | 220.00 | 24.00 | 9.00 |
| Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 12.00 | 9.00 |
| Lactaid Milk - PVR1228 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 13.00 | 8.00 |
| Providence Elem Breakfast March 2020 5 week cycle Week 2 Day 1 apple benefit bar - ServingDate: 03/09/2020 | | | | | | | | |
| Apple Cinnamon BeneFIT Bar - SR1751 (1 Bar) | 0 | 290.00 | 9.00 | 3.00 | 0.00 | 240.00 | 48.00 | 5.00 |
| USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.) | 0 | 55.00 | 0.00 | 0.00 | 0.00 | 0.00 | 14.00 | 0.00 |
| Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 5.00 | 14.00 | 0.00 |
| Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 15.00 | 15.00 | 0.00 |
| Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton) | 0 | 110.00 | 2.50 | 1.50 | 0.00 | 130.00 | 13.00 | 9.00 |
| Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton) | 0 | 140.00 | 0.00 | 0.00 | 0.00 | 220.00 | 24.00 | 9.00 |
| Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 12.00 | 9.00 |
| Lactaid Milk - PVR1228 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 13.00 | 8.00 |

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|---|-------------|-----------------|---------------|-------------|---------------|-------------|----------|-------------|
| Providence Elem Breakfast March 2020 5 week cycle Week 2 Day 2 Cherry Frudel - ServingDate: 03/10/2020 | | | | | | | | |
| Cherry Frudel Stick - SR1491 (1 pkg.) | 0 | 210.00 | 6.00 | 1.00 | 0.00 | 260.00 | 37.00 | 5.00 |
| Honey Graham Crackers - SR2366 (1 pkg.) | 0 | 90.00 | 2.50 | 0.00 | 0.00 | 95.00 | 17.00 | 2.00 |
| Unsweetened Applesauce - SR1195 (1/2 c.) | 0 | 53.58 | 0.13 | 0.01 | 0.00 | 2.55 | 14.38 | 0.22 |
| Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 5.00 | 14.00 | 0.00 |
| Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 15.00 | 15.00 | 0.00 |
| Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton) | 0 | 110.00 | 2.50 | 1.50 | 0.00 | 130.00 | 13.00 | 9.00 |
| Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton) | 0 | 140.00 | 0.00 | 0.00 | 0.00 | 220.00 | 24.00 | 9.00 |
| Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 12.00 | 9.00 |
| Lactaid Milk - PVR1228 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 13.00 | 8.00 |
| Providence Elem Breakfast March 2020 5 week cycle Week 2 Day 4 French toast - ServingDate: 03/12/2020 | | | | | | | | |
| Honey Graham Crackers - SR2366 (1 pkg.) | 0 | 90.00 | 2.50 | 0.00 | 0.00 | 95.00 | 17.00 | 2.00 |
| Chocolate Chip French Toast Eggo Bites - SR1593 (1 pkg.) | 0 | 210.00 | 6.00 | 1.50 | 0.00 | 260.00 | 35.00 | 5.00 |
| USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.) | 0 | 55.00 | 0.00 | 0.00 | 0.00 | 0.00 | 14.00 | 0.00 |

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|---|-------------|-----------------|---------------|-------------|---------------|-------------|----------|-------------|
| Providence Elem Breakfast March 2020 5 week cycle Week 2 Day 4 French toast - ServingDate: 03/12/2020 | | | | | | | | |
| Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 5.00 | 14.00 | 0.00 |
| Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 15.00 | 15.00 | 0.00 |
| Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton) | 0 | 110.00 | 2.50 | 1.50 | 0.00 | 130.00 | 13.00 | 9.00 |
| Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton) | 0 | 140.00 | 0.00 | 0.00 | 0.00 | 220.00 | 24.00 | 9.00 |
| Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 12.00 | 9.00 |
| Lactaid Milk - PVR1228 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 13.00 | 8.00 |
| Pancake & Waffle Syrup - SR1158 (2 tbsp.) | 0 | 105.00 | 0.00 | 0.00 | 0.00 | 47.50 | 26.00 | 0.00 |
| Providence Elem Breakfast March 2020 5 week cycle Week 2 Day 5 Strawberry filled Bagel - ServingDate: 03/13/2020 | | | | | | | | |
| Strawberry Creamy Cheese Mini Bagels - SR1188 (1 pkg.) | 0 | 240.00 | 6.00 | 2.50 | 0.00 | 180.00 | 41.00 | 6.00 |
| Red Delicious Apples - PVR1163 (1 ea.) | 0 | 100.00 | 0.00 | 0.00 | 0.00 | 0.00 | 25.01 | 0.00 |
| Unsweetened Applesauce - SR1195 (1/2 c.) | 0 | 53.58 | 0.13 | 0.01 | 0.00 | 2.55 | 14.38 | 0.22 |
| Banana - SR1166 (1 medium (7")) | 0 | 105.02 | 0.39 | 0.13 | 0.00 | 1.18 | 26.95 | 1.29 |
| Fresh Oranges - SR1171 (1 small (2-3)) | 0 | 45.12 | 0.12 | 0.01 | 0.00 | 0.00 | 11.28 | 0.90 |
| Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton) | 0 | 110.00 | 2.50 | 1.50 | 0.00 | 130.00 | 13.00 | 9.00 |

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|---|-------------|-----------------|---------------|-------------|---------------|-------------|----------|-------------|
| Providence Elem Breakfast March 2020 5 week cycle Week 2 Day 5 Strawberry filled Bagel - ServingDate: 03/13/2020 | | | | | | | | |
| Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton) | 0 | 140.00 | 0.00 | 0.00 | 0.00 | 220.00 | 24.00 | 9.00 |
| Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 12.00 | 9.00 |
| Lactaid Milk - PVR1228 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 13.00 | 8.00 |
| Providence Elem Breakfast March 2020 5 week cycle Week 3 Day 1 fruit muffin - ServingDate: 03/16/2020 | | | | | | | | |
| Ice Cream Machine 3.1 oz 2WG Apple Muffin - PVR1171 (1 muffin) | 0 | 230.00 | 8.00 | 2.00 | 0.00 | 240.00 | 31.00 | 4.00 |
| Ice Cream Machine 3.1 oz 2WG Banana Muffin - PVR1226 (1 muffin) | 0 | 220.00 | 7.00 | 2.00 | 0.00 | 240.00 | 33.00 | 4.00 |
| Ice Cream Machine 3.1 oz 2WG Blueberry Muffin - PVR1172 (1 muffin) | 0 | 270.00 | 9.00 | 2.00 | 0.00 | 210.00 | 38.00 | 5.00 |
| Red Delicious Apples - PVR1163 (1 ea.) | 0 | 100.00 | 0.00 | 0.00 | 0.00 | 0.00 | 25.01 | 0.00 |
| Unsweetened Applesauce - SR1195 (1/2 c.) | 0 | 53.58 | 0.13 | 0.01 | 0.00 | 2.55 | 14.38 | 0.22 |
| Banana - SR1166 (1 medium (7")) | 0 | 105.02 | 0.39 | 0.13 | 0.00 | 1.18 | 26.95 | 1.29 |
| Fresh Oranges - SR1171 (1 small (2-3)) | 0 | 45.12 | 0.12 | 0.01 | 0.00 | 0.00 | 11.28 | 0.90 |
| Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton) | 0 | 110.00 | 2.50 | 1.50 | 0.00 | 130.00 | 13.00 | 9.00 |
| Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton) | 0 | 140.00 | 0.00 | 0.00 | 0.00 | 220.00 | 24.00 | 9.00 |

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|--|-------------|--------------------|---------------|-------------|---------------|-------------|----------|-------------|
| Providence Elem Breakfast March 2020 5 week cycle Week 3 Day 1 fruit muffin - ServingDate: 03/16/2020 | | | | | | | | |
| Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 12.00 | 9.00 |
| Lactaid Milk - PVR1228 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 13.00 | 8.00 |
| Providence Elem Breakfast March 2020 5 week cycle Week 3 Day 2 choice of cereal - ServingDate: 03/17/2020 | | | | | | | | |
| Cinnamon Toast Crunch Cereal reduced sugar - SR1164 (1 bowl) | 0 | 110.00 | 3.00 | 0.50 | 0.00 | 160.00 | 22.00 | 1.00 |
| Cocoa Puffs Cereal - SR1170 (1 bowl) | 0 | 110.00 | 1.50 | 0.00 | 0.00 | 120.00 | 25.00 | 2.00 |
| Trix Cereal reduced sugar - SR1184 (1 bowl) | 0 | 110.00 | 1.00 | 0.00 | 0.00 | 140.00 | 24.00 | 1.00 |
| USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.) | 0 | 55.00 | 0.00 | 0.00 | 0.00 | 0.00 | 14.00 | 0.00 |
| Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 5.00 | 14.00 | 0.00 |
| Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 15.00 | 15.00 | 0.00 |
| Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton) | 0 | 110.00 | 2.50 | 1.50 | 0.00 | 130.00 | 13.00 | 9.00 |
| Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton) | 0 | 140.00 | 0.00 | 0.00 | 0.00 | 220.00 | 24.00 | 9.00 |
| Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 12.00 | 9.00 |
| Lactaid Milk - PVR1228 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 13.00 | 8.00 |

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|--|-------------|--------------------|---------------|-------------|---------------|-------------|----------|-------------|
| Providence Elem Breakfast March 2020 5 week cycle Week 3 Day 3 strawberry yogurt - ServingDate: 03/18/2020 | | | | | | | | |
| Strawberry Banana Bash Yogurt - SR1145 (1 4 oz conta) | 0 | 80.00 | 0.50 | 0.00 | 0.00 | 60.00 | 15.00 | 4.00 |
| USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.) | 0 | 55.00 | 0.00 | 0.00 | 0.00 | 0.00 | 14.00 | 0.00 |
| Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 5.00 | 14.00 | 0.00 |
| Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 15.00 | 15.00 | 0.00 |
| Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton) | 0 | 110.00 | 2.50 | 1.50 | 0.00 | 130.00 | 13.00 | 9.00 |
| Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton) | 0 | 140.00 | 0.00 | 0.00 | 0.00 | 220.00 | 24.00 | 9.00 |
| Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 12.00 | 9.00 |
| Lactaid Milk - PVR1228 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 13.00 | 8.00 |
| Providence Elem Breakfast March 2020 5 week cycle Week 3 Day 4 blueberry nutrigrain - ServingDate: 03/19/2020 | | | | | | | | |
| String Cheese - SR1146 (1 stick.) | 0 | 80.00 | 6.00 | 3.50 | 0.00 | 190.00 | 0.00 | 7.00 |
| Apple Cinnamon Nutrigrain Breakfast Bar - SR1352 (1 Bar) | 0 | 150.00 | 3.50 | 0.50 | 0.00 | 135.00 | 30.00 | 2.00 |
| Unsweetened Applesauce - SR1195 (1/2 c.) | 0 | 53.58 | 0.13 | 0.01 | 0.00 | 2.55 | 14.38 | 0.22 |

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Site: ALL
 Date: 03/01/2020 - 03/31/2020

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Sodium (mg) | Carb (g) | Protein (g) |
|--|-------------|-----------------|---------------|-------------|---------------|-------------|----------|-------------|
| Providence Elem Breakfast March 2020 5 week cycle Week 3 Day 4 blueberry nutrigrain - ServingDate: 03/19/2020 | | | | | | | | |
| Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 5.00 | 14.00 | 0.00 |
| Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 15.00 | 15.00 | 0.00 |
| Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton) | 0 | 110.00 | 2.50 | 1.50 | 0.00 | 130.00 | 13.00 | 9.00 |
| Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton) | 0 | 140.00 | 0.00 | 0.00 | 0.00 | 220.00 | 24.00 | 9.00 |
| Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 12.00 | 9.00 |
| Lactaid Milk - PVR1228 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 13.00 | 8.00 |
| Providence Elem Breakfast March 2020 5 week cycle Week 3 Day 5 Shri muffin - ServingDate: 03/20/2020 | | | | | | | | |
| String Cheese - SR1146 (1 stick.) | 0 | 80.00 | 6.00 | 3.50 | 0.00 | 190.00 | 0.00 | 7.00 |
| Shri Bark Muffins- Whole Grain Cranberry Orange - PVR1158 (1 muffin) | 0 | 270.00 | 9.00 | 2.00 | 0.00 | 210.00 | 38.00 | 5.00 |
| Red Delicious Apples - PVR1163 (1 ea.) | 0 | 100.00 | 0.00 | 0.00 | 0.00 | 0.00 | 25.01 | 0.00 |
| Banana - SR1166 (1 medium (7")) | 0 | 105.02 | 0.39 | 0.13 | 0.00 | 1.18 | 26.95 | 1.29 |
| Fresh Oranges - SR1171 (1 small (2-3)) | 0 | 45.12 | 0.12 | 0.01 | 0.00 | 0.00 | 11.28 | 0.90 |
| USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.) | 0 | 55.00 | 0.00 | 0.00 | 0.00 | 0.00 | 14.00 | 0.00 |

Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL
 Date: 03/01/2020 - 03/31/2020

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Sodium (mg) | Carb (g) | Protein (g) |
|---|-------------|-----------------|---------------|-------------|---------------|-------------|----------|-------------|
| Providence Elem Breakfast March 2020 5 week cycle Week 3 Day 5 Shri muffin - ServingDate: 03/20/2020 | | | | | | | | |
| Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton) | 0 | 140.00 | 0.00 | 0.00 | 0.00 | 220.00 | 24.00 | 9.00 |
| Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 12.00 | 9.00 |
| Guida's Whole Milk - 8 fl. oz - PVR1206 (1 Carton) | 0 | 160.00 | 8.00 | 5.00 | 0.00 | 125.00 | 13.00 | 8.00 |
| Lactaid Milk - PVR1228 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 13.00 | 8.00 |
| Providence Elem Breakfast March 2020 5 week cycle Week 4 Day 1 strawberry guava flip - ServingDate: 03/23/2020 | | | | | | | | |
| USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.) | 0 | 55.00 | 0.00 | 0.00 | 0.00 | 0.00 | 14.00 | 0.00 |
| Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 5.00 | 14.00 | 0.00 |
| Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 15.00 | 15.00 | 0.00 |
| Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton) | 0 | 110.00 | 2.50 | 1.50 | 0.00 | 130.00 | 13.00 | 9.00 |
| Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton) | 0 | 140.00 | 0.00 | 0.00 | 0.00 | 220.00 | 24.00 | 9.00 |
| Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 12.00 | 9.00 |
| Lactaid Milk - PVR1228 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 13.00 | 8.00 |

Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL
 Date: 03/01/2020 - 03/31/2020

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Sodium (mg) | Carb (g) | Protein (g) |
|--|-------------|--------------------|---------------|-------------|---------------|-------------|----------|-------------|
| Providence Elem Breakfast March 2020 5 week cycle Week 4 Day 2 cinnabar - ServingDate: 03/24/2020 | | | | | | | | |
| Red Delicious Apples - PVR1163 (1 ea.) | 0 | 100.00 | 0.00 | 0.00 | 0.00 | 0.00 | 25.01 | 0.00 |
| Unsweetened Applesauce - SR1195 (1/2 c.) | 0 | 53.58 | 0.13 | 0.01 | 0.00 | 2.55 | 14.38 | 0.22 |
| Banana - SR1166 (1 medium (7")) | 0 | 105.02 | 0.39 | 0.13 | 0.00 | 1.18 | 26.95 | 1.29 |
| Fresh Oranges - SR1171 (1 small (2-3)) | 0 | 45.12 | 0.12 | 0.01 | 0.00 | 0.00 | 11.28 | 0.90 |
| Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton) | 0 | 110.00 | 2.50 | 1.50 | 0.00 | 130.00 | 13.00 | 9.00 |
| Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton) | 0 | 140.00 | 0.00 | 0.00 | 0.00 | 220.00 | 24.00 | 9.00 |
| Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 12.00 | 9.00 |
| Lactaid Milk - PVR1228 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 13.00 | 8.00 |
| Providence Elem Breakfast March 2020 5 week cycle Week 4 Day 3 blueberry waffle - ServingDate: 03/25/2020 | | | | | | | | |
| Original Graham Crackers - SR1163 (1 pkg.) | 0 | 90.00 | 2.50 | 0.00 | 0.00 | 100.00 | 17.00 | 2.00 |
| Waffles, mini, blueberry bash, Pillsbury - SR2443 (1 pkg.) | 0 | 200.00 | 6.00 | 1.00 | 0.00 | 170.00 | 36.00 | 4.00 |
| USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.) | 0 | 55.00 | 0.00 | 0.00 | 0.00 | 0.00 | 14.00 | 0.00 |
| Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 5.00 | 14.00 | 0.00 |

Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL
 Date: 03/01/2020 - 03/31/2020

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Sodium (mg) | Carb (g) | Protein (g) |
|--|-------------|--------------------|---------------|-------------|---------------|-------------|----------|-------------|
| Providence Elem Breakfast March 2020 5 week cycle Week 4 Day 3 blueberry waffle - ServingDate: 03/25/2020 | | | | | | | | |
| Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 15.00 | 15.00 | 0.00 |
| Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton) | 0 | 110.00 | 2.50 | 1.50 | 0.00 | 130.00 | 13.00 | 9.00 |
| Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton) | 0 | 140.00 | 0.00 | 0.00 | 0.00 | 220.00 | 24.00 | 9.00 |
| Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 12.00 | 9.00 |
| Lactaid Milk - PVR1228 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 13.00 | 8.00 |
| Pancake & Waffle Syrup - SR1158 (2 tbsp.) | 0 | 105.00 | 0.00 | 0.00 | 0.00 | 47.50 | 26.00 | 0.00 |
| Providence Elem Breakfast March 2020 5 week cycle Week 4 Day 4 muffin - ServingDate: 03/26/2020 | | | | | | | | |
| Shri Bark Muffins- Whole Grain Cranberry Orange - PVR1158 (1 muffin) | 0 | 270.00 | 9.00 | 2.00 | 0.00 | 210.00 | 38.00 | 5.00 |
| Unsweetened Applesauce - SR1195 (1/2 c.) | 0 | 53.58 | 0.13 | 0.01 | 0.00 | 2.55 | 14.38 | 0.22 |
| Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 5.00 | 14.00 | 0.00 |
| Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 15.00 | 15.00 | 0.00 |
| Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton) | 0 | 110.00 | 2.50 | 1.50 | 0.00 | 130.00 | 13.00 | 9.00 |

Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL
 Date: 03/01/2020 - 03/31/2020

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Sodium (mg) | Carb (g) | Protein (g) |
|--|-------------|-----------------|---------------|-------------|---------------|-------------|----------|-------------|
| Providence Elem Breakfast March 2020 5 week cycle Week 4 Day 4 muffin - ServingDate: 03/26/2020 | | | | | | | | |
| Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton) | 0 | 140.00 | 0.00 | 0.00 | 0.00 | 220.00 | 24.00 | 9.00 |
| Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 12.00 | 9.00 |
| Lactaid Milk - PVR1228 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 13.00 | 8.00 |
| Providence Elem Breakfast March 2020 5 week cycle Week 4 Day 5 nutrigrain bar - ServingDate: 03/27/2020 | | | | | | | | |
| String Cheese - SR1146 (1 stick.) | 0 | 80.00 | 6.00 | 3.50 | 0.00 | 190.00 | 0.00 | 7.00 |
| Strawberry Nutrigrain Breakfast Bar - SR1353 (1 Bar) | 0 | 160.00 | 4.00 | 0.50 | 0.00 | 150.00 | 30.00 | 2.00 |
| USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.) | 0 | 55.00 | 0.00 | 0.00 | 0.00 | 0.00 | 14.00 | 0.00 |
| Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 5.00 | 14.00 | 0.00 |
| Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 15.00 | 15.00 | 0.00 |
| Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton) | 0 | 110.00 | 2.50 | 1.50 | 0.00 | 130.00 | 13.00 | 9.00 |
| Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton) | 0 | 140.00 | 0.00 | 0.00 | 0.00 | 220.00 | 24.00 | 9.00 |
| Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 12.00 | 9.00 |

Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL
 Date: 03/01/2020 - 03/31/2020

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Sodium (mg) | Carb (g) | Protein (g) |
|--|-------------|--------------------|---------------|-------------|---------------|-------------|----------|-------------|
| Providence Elem Breakfast March 2020 5 week cycle Week 4 Day 5 nutrigrain bar - ServingDate: 03/27/2020 | | | | | | | | |
| Lactaid Milk - PVR1228 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 13.00 | 8.00 |
| Providence Elem Breakfast March 2020 5 week cycle Week 5 Day 1 golden oat belvita - ServingDate: 03/30/2020 | | | | | | | | |
| Red Delicious Apples - PVR1163 (1 ea.) | 0 | 100.00 | 0.00 | 0.00 | 0.00 | 0.00 | 25.01 | 0.00 |
| Banana - SR1166 (1 medium (7")) | 0 | 105.02 | 0.39 | 0.13 | 0.00 | 1.18 | 26.95 | 1.29 |
| Fresh Oranges - SR1171 (1 small (2-3)) | 0 | 45.12 | 0.12 | 0.01 | 0.00 | 0.00 | 11.28 | 0.90 |
| Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 5.00 | 14.00 | 0.00 |
| Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 15.00 | 15.00 | 0.00 |
| Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton) | 0 | 110.00 | 2.50 | 1.50 | 0.00 | 130.00 | 13.00 | 9.00 |
| Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton) | 0 | 140.00 | 0.00 | 0.00 | 0.00 | 220.00 | 24.00 | 9.00 |
| Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 12.00 | 9.00 |
| Lactaid Milk - PVR1228 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 13.00 | 8.00 |
| Providence Elem Breakfast March 2020 5 week cycle Week 5 Day 2 bagel - ServingDate: 03/31/2020 | | | | | | | | |
| Soft Wheat Bagel - SR1168 (1 bagel) | 0 | 180.00 | 1.00 | 0.00 | 0.00 | 200.00 | 35.00 | 7.00 |

Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL
 Date: 03/01/2020 - 03/31/2020

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Sodium (mg) | Carb (g) | Protein (g) |
|---|-------------|-----------------|---------------|-------------|---------------|-------------|----------|-------------|
| Providence Elem Breakfast March 2020 5 week cycle Week 5 Day 2 bagel - ServingDate: 03/31/2020 | | | | | | | | |
| Red Delicious Apples - PVR1163 (1 ea.) | 0 | 100.00 | 0.00 | 0.00 | 0.00 | 0.00 | 25.01 | 0.00 |
| Banana - SR1166 (1 medium (7")) | 0 | 105.02 | 0.39 | 0.13 | 0.00 | 1.18 | 26.95 | 1.29 |
| Fresh Oranges - SR1171 (1 small (2-3)) | 0 | 45.12 | 0.12 | 0.01 | 0.00 | 0.00 | 11.28 | 0.90 |
| Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 5.00 | 14.00 | 0.00 |
| Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton) | 0 | 60.00 | 0.00 | 0.00 | 0.00 | 15.00 | 15.00 | 0.00 |
| Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton) | 0 | 110.00 | 2.50 | 1.50 | 0.00 | 130.00 | 13.00 | 9.00 |
| Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton) | 0 | 140.00 | 0.00 | 0.00 | 0.00 | 220.00 | 24.00 | 9.00 |
| Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 12.00 | 9.00 |
| Lactaid Milk - PVR1228 (1 Carton) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 130.00 | 13.00 | 8.00 |
| Cream Cheese Cup - SR1169 (3/4 oz.) | 0 | 44.54 | 3.55 | 2.25 | 0.13 | 80.37 | 1.71 | 1.57 |

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Breakfast
 Site Group: The Clubhouse
 Menu Line: B-Classroom Café
 Serving Group: K-8
 Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.