

Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence March 2020 5 week cycle Week 1 Day 1 Choice of cereal Bar :29149 - ServingDate: 03/02/2020								
Fruity Cheerios Cereal Bar - SR1181 (1 Bar)	0	150.00	3.50	0.50	0.00	95.00	29.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	0	150.00	3.50	0.00	0.00	115.00	30.00	2.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	0	150.00	3.00	0.00	0.00	100.00	30.00	3.00
Trix Cereal Bar - SR1307 (1 Bar)	0	150.00	3.50	0.50	0.00	100.00	30.00	2.00
Original Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	17.00	2.00
Unsweetened Applesauce - SR1195 (1/2 c.)	0	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Providence March 2020 5 week cycle Week 1 Day 2 Nutrigrain :29149 - ServingDate: 03/03/2020								
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Strawberry Nutrigrain Breakfast Bar - SR1353 (1 Bar)	0	160.00	4.00	0.50	0.00	150.00	30.00	2.00

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Providence March 2020 5 week cycle Week 1 Day 2 Nutrigrain :29149 - ServingDate: 03/03/2020								
USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.)	0	55.00	0.00	0.00	0.00	0.00	14.00	0.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Pancake & Waffle Syrup - SR1158 (2 tbsp.)	0	105.00	0.00	0.00	0.00	47.50	26.00	0.00
Providence March 2020 5 week cycle Week 1 Day 3 Egg & Cheese :29149 - ServingDate: 03/04/2020								
WG Turkey Sausage Egg & Cheese Breakfast Sliders - SR2423 (1 pkg.)	0	160.00	5.00	1.50	0.00	290.00	20.00	8.00
Honey Graham Crackers - SR2366 (1 pkg.)	0	90.00	2.50	0.00	0.00	95.00	17.00	2.00
USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.)	0	55.00	0.00	0.00	0.00	0.00	14.00	0.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence March 2020 5 week cycle Week 1 Day 3 Egg & Cheese :29149 - ServingDate: 03/04/2020								
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Providence January 2020 5 week cycle Week 1 Day 4 Choice of cereal :29149 - ServingDate: 03/05/2020								
Cinnamon Toast Crunch Cereal reduced sugar - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Trix Cereal reduced sugar - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00
Unsweetened Applesauce - SR1195 (1/2 c.)	0	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence January 2020 5 week cycle Week 1 Day 4 Choice of cereal :29149 - ServingDate: 03/05/2020								
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Providence March 2020 5 week cycle Week 1 Day 5 Blueberry Muffin :29149 - ServingDate: 03/06/2020								
Ice Cream Machine 3.1 oz 2WG Blueberry Muffin - PVR1172 (1 muffin)	0	270.00	9.00	2.00	0.00	210.00	38.00	5.00
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Banana - SR1166 (1/2 medium (7"))	0	52.51	0.19	0.07	0.00	0.59	13.48	0.64
USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.)	0	55.00	0.00	0.00	0.00	0.00	14.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Providence January 2020 5 week cycle Week 2 Day 1 Choice of Cereal :29149 - ServingDate: 03/09/2020								
Cinnamon Toast Crunch Cereal reduced sugar - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Trix Cereal reduced sugar - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00

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Providence January 2020 5 week cycle Week 2 Day 1 Choice of Cereal :29149 - ServingDate: 03/09/2020								
USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.)	0	55.00	0.00	0.00	0.00	0.00	14.00	0.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Providence March 2020 5 week cycle Week 2 Day 2 Cherry Strudel :29149 - ServingDate: 03/10/2020								
Cherry Frudel Stick - SR1491 (1 pkg.)	0	210.00	6.00	1.00	0.00	260.00	37.00	5.00
Original Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	17.00	2.00
Unsweetened Applesauce - SR1195 (1/2 c.)	0	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00

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Providence March 2020 5 week cycle Week 2 Day 2 Cherry Strudel :29149 - ServingDate: 03/10/2020								
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Providence March 2020 5 week cycle Week 2 Day 4 French Toast :29149 - ServingDate: 03/12/2020								
Original Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	17.00	2.00
French Toast Eggo Bites - SR1205 (1 pkg.)	0	200.00	5.00	1.50	0.00	240.00	37.00	4.00
USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.)	0	55.00	0.00	0.00	0.00	0.00	14.00	0.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00

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Providence January 2020 5 week cycle Week 2 Day 5 Strawberry bagel :29149 - ServingDate: 03/13/2020								
Strawberry Creamy Cheese Mini Bagels - SR1188 (1 pkg.)	0	240.00	6.00	2.50	0.00	180.00	41.00	6.00
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Unsweetened Applesauce - SR1195 (1/2 c.)	0	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Banana - SR1166 (1/2 medium (7"))	0	52.51	0.19	0.07	0.00	0.59	13.48	0.64
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Providence March 2020 5 week cycle Week 3 Day 1 Fruit Muffin (:29149 - ServingDate: 03/16/2020								
Ice Cream Machine 3.1 oz 2WG Apple Muffin - PVR1171 (1 muffin)	0	230.00	8.00	2.00	0.00	240.00	31.00	4.00
Ice Cream Machine 3.1 oz 2WG Banana Muffin - PVR1226 (1 muffin)	0	220.00	7.00	2.00	0.00	240.00	33.00	4.00
Ice Cream Machine 3.1 oz 2WG Blueberry Muffin - PVR1172 (1 muffin)	0	270.00	9.00	2.00	0.00	210.00	38.00	5.00
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Unsweetened Applesauce - SR1195 (1/2 c.)	0	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Banana - SR1166 (1/2 medium (7"))	0	52.51	0.19	0.07	0.00	0.59	13.48	0.64

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Providence March 2020 5 week cycle Week 3 Day 1 Fruit Muffin (:29149 - ServingDate: 03/16/2020								
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Providence March 2020 5 week cycle Week 3 Day 2 choice of cereal :29149 - ServingDate: 03/17/2020								
Cinnamon Toast Crunch Cereal reduced sugar - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Trix Cereal reduced sugar - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00
USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.)	0	55.00	0.00	0.00	0.00	0.00	14.00	0.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00

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Providence March 2020 5 week cycle Week 3 Day 2 choice of cereal :29149 - ServingDate: 03/17/2020								
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Providence January 2020 5 week cycle Week 3 Day 3 Yogurt & Jeff's Granola :29149 - ServingDate: 03/18/2020								
Danimals vanilla yogurt - PVR1156 (1 Container)	0	70.00	0.00	0.00	0.00	60.00	14.00	4.00
USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.)	0	55.00	0.00	0.00	0.00	0.00	14.00	0.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00

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Providence January 2020 5 week cycle Week 3 Day 4 Nutrigrain Bar :29149 - ServingDate: 03/19/2020								
Apple Cinnamon Nutrigrain Breakfast Bar - SR1352 (1 Bar)	0	150.00	3.50	0.50	0.00	135.00	30.00	2.00
Unsweetened Applesauce - SR1195 (1/2 c.)	0	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Guida's Whole Milk - 8 fl. oz - PVR1206 (1 Carton)	0	160.00	8.00	5.00	0.00	125.00	13.00	8.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Providence January 2020 5 week cycle Week 3 Day 5 Shri Cinnamon Chip Muffin :29149 - ServingDate: 03/20/2020								
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Banana - SR1166 (1/2 medium (7"))	0	52.51	0.19	0.07	0.00	0.59	13.48	0.64
USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.)	0	55.00	0.00	0.00	0.00	0.00	14.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00

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Providence January 2020 5 week cycle Week 3 Day 5 Shri Cinnamon Chip Muffin :29149 - ServingDate: 03/20/2020								
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Providence March 2020 5 week cycle Week 4 Day 1 Strawberry guava flip :29149 - ServingDate: 03/23/2020								
USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.)	0	55.00	0.00	0.00	0.00	0.00	14.00	0.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Providence January 2020 5 week cycle Week 4 Day 2 Choice of Cereal :29149 - ServingDate: 03/24/2020								
Cinnamon Toast Crunch Cereal reduced sugar - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Trix Cereal reduced sugar - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00

Menu Calendar Nutrient Analysis Report - March, 2020

Generated on: 2/26/2020 12:58:10 PM by Stephanie Gamboa

Site: ALL

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence January 2020 5 week cycle Week 4 Day 2 Choice of Cereal :29149 - ServingDate: 03/24/2020								
Unsweetened Applesauce - SR1195 (1/2 c.)	0	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Providence March 2020 5 week cycle Week 4 Day 3 Blueberry waffle :29149 - ServingDate: 03/25/2020								
Goldfish Pretzels - PVR1233 (1 pkg.)	0	91.13	1.52	0.00	0.00	202.50	16.20	2.02
Waffles, mini, blueberry bash, Pillsbury - SR2443 (1 pkg.)	0	200.00	6.00	1.00	0.00	170.00	36.00	4.00
USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.)	0	55.00	0.00	0.00	0.00	0.00	14.00	0.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00

Menu Calendar Nutrient Analysis Report - March, 2020

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Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence March 2020 5 week cycle Week 4 Day 3 Blueberry waffle :29149 - ServingDate: 03/25/2020								
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Providence January 2020 5 week cycle Week 4 Day 4 Shri muffin :29149 - ServingDate: 03/26/2020								
Shri Bark Muffins- Whole Grain Cranberry Orange - PVR1158 (1 muffin)	0	270.00	9.00	2.00	0.00	210.00	38.00	5.00
Unsweetened Applesauce - SR1195 (1/2 c.)	0	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00

Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence January 2020 5 week cycle Week 4 Day 5 Nutrigrain :29149 - ServingDate: 03/27/2020								
Strawberry Nutrigrain Breakfast Bar - SR1353 (1 Bar)	0	160.00	4.00	0.50	0.00	150.00	30.00	2.00
USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.)	0	55.00	0.00	0.00	0.00	0.00	14.00	0.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Revised Providence March Pre-K Breakfast 2020 5 week cycle Week 5 Day 1 Golden oat Belvita - ServingDate: 03/30/2020								
Strawberry Oatmeal Bar Breakfast Breaks - PVR1175 (1 pkg.)	0	330.00	9.00	2.50	0.00	170.00	62.00	4.00
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Fresh Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Revised Providence March Pre-K Breakfast 2020 5 week cycle Week 5 Day 1 Golden oat Belvita - ServingDate: 03/30/2020								
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Revised Providence March Pre-K Breakfast 2020 5 week cycle Week 5 Day 2 Bagel & Cream Cheese - ServingDate: 03/31/2020								
Soft Wheat Bagel - SR1168 (1 bagel)	0	180.00	1.00	0.00	0.00	200.00	35.00	7.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Red Delicious Apples - PVR1163 (1 ea.)	0	100.00	0.00	0.00	0.00	0.00	25.01	0.00
Banana - SR1166 (1/2 medium (7"))	0	52.51	0.19	0.07	0.00	0.59	13.48	0.64
Fresh Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00

Menu Calendar Nutrient Analysis Report - March, 2020

Site: ALL

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Revised Providence March Pre-K Breakfast 2020 5 week cycle Week 5 Day 2 Bagel & Cream Cheese - ServingDate: 03/31/2020								
Guida's Skim Milk - 8 fl. oz. - PVR1231 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	12.00	9.00
Lactaid Milk - PVR1228 (1 Carton)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Cream Cheese Cup - SR1169 (3/4 oz.)	0	44.54	3.55	2.25	0.13	80.37	1.71	1.57

Legend

(M) - Missing Nutrient Values

Report Selections

Meal Type: Breakfast

Site Group: The Clubhouse

Menu Line: Pre-K Breakfast

Serving Group: PK

Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.