

URCEO BREAKFAST

FEBRUARY 2020

MONDAY

TUESDAY

WEDNESDAY

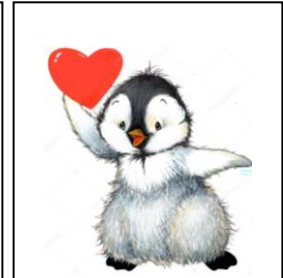
THURSDAY

FRIDAY

Menus are designed to meet USDA nutritional standards. Menus are subject to change. Notice will be given when possible
Nutrition Analysis Weekly Target:
Calories 600-650
Sat. Fat <10%
Trans Fat 0%

URCEO is a CEP
(Community Eligibility School)

Breakfast Price
Students: \$FREE
Adult: \$2.65



3
Breakfast
Assorted Cereal
Canned Pineapple
Fresh Banana
String Cheese
Milk

4
Breakfast
Assorted Cereal
Canned Peaches
Apple Wedges
String Cheese
Milk

5

6
Breakfast
Assorted Cereal
Canned Pears
Orange Smiles
String Cheese
Milk

7
Breakfast
Mini Cinnamon Rolls
Applesauce
Dried Cranberries
String Cheese
Milk

10
Breakfast
Assorted Cereal
Apple Wedges
Fruit Cocktail
String Cheese
Milk

11
Breakfast
Assorted Cereal
Canned Peaches
Apple Wedges
String Cheese
Milk

12

13
Breakfast
Assorted Cereal
Canned Pears
Orange Smiles
String Cheese
Milk

14
Breakfast
Mini Cinnamon Rolls
Applesauce
Dried Cranberries
String Cheese
Milk



18
Breakfast
Assorted Cereal
Canned Peaches
Apple Wedges
String Cheese
Milk

19

20
Breakfast
Assorted Cereal
Canned Pears
Orange Smiles
String Cheese
Milk

21
Breakfast
Mini Cinnamon Rolls
Applesauce
Dried Cranberries
String Cheese
Milk

24
Breakfast
Assorted Cereal
Apple Wedges
Fruit Cocktail
String Cheese
Milk

25
Breakfast
Assorted Cereal
Canned Peaches
Apple Wedges
String Cheese
Milk

26

27
Breakfast
Assorted Cereal
Canned Pears
Orange Smiles
String Cheese
Milk

28
Breakfast
Mini Cinnamon Rolls
Applesauce
Dried Cranberries
String Cheese
Milk

USDA and the State of Oregon are equal opportunity providers and employers.

To file a complaint of discrimination, write U.S. Department of Agriculture, Director, Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (800) 795-3272 (voice) or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.